

# MEMORY LANE MHAL

**Merry Heart Assisted Living**

118 Main Street  
Succasunna, NJ 07876

# MAY 2025

| Sunday                                                                                                                                                                                                                                      | Monday                                                                                                                                                                                                                                             | Tuesday                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                     | Thursday                                                                                                                                                                                                                                               | Friday                                                                                                                       | Saturday                                                                                                  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| <b>Video Calls can be scheduled through the MH Website Activity Calendar is Subject to Change</b>                                                                                                                                           |                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                               | <b>1</b><br>9:30 Chair Exercises<br>10:30 Let's Play Cards!<br>1:00 Relaxation Time<br>2:00 Instrument Fun<br>3:00 Spring Songs                                                                                                                        | <b>2</b><br>9:30 Friday Fitness<br>10:30 Spring Trivia<br><b>TGIF - Ed Clark</b><br>1:00<br>2:00 Bingo!<br>3:15 Snack Shack  | <b>3</b><br>9:30 Weekend Workout<br>10:30 Trivia<br>1:00 Sing along<br>2:00 Bingo!<br>3:15 Snack & Chat   |
| <b>4</b><br>9:00 Sunday Café<br><b>10:30 Catholic Mass</b><br>1:00 Game Toss<br>2:00 Bingo<br>3:15 Snack & Chat<br>3:45 Storytime                                                                                                           | <b>5</b><br><b>Cinco De Mayo</b><br>9:30 Morning Stretch<br>10:30 Word Games<br>1:00 Meditation<br>Monday<br>2:00 Bingo<br>3:00 Snacks<br>3:45 Nail Flair         | <b>6</b><br>9:30 Sit & Be Fit<br>10:30 Worship on TV<br>1:00 Spring Trivia<br>2:00 Basketball Fun!<br>3:00 Snacks<br><b>3:30 Music w/ Kevin Curry</b>  | <b>Hairdresser Sam</b><br>9:30 Balloon Toss<br>10:30 Board Games<br>1:00 Relaxation Time<br>2:00 Bingo Fun!<br><b>3:45 Catholic Mass</b>                      | <b>8</b><br>9:30 Chair Exercises<br>10:30 Let's Play Cards!<br>1:00 Relaxation Time<br>2:00 Instrumental Fun<br>3:00 Musical Social                                                                                                                    | <b>9</b><br>9:30 Friday Fitness<br>10:30 Brain Games<br><b>TGIF - Ed Clark</b><br>1:00<br>2:00 Bingo!<br>3:15 Snack Shack    | <b>10</b><br>9:30 Weekend Workout<br>10:30 Trivia<br>1:00 Word Games<br>2:00 Bingo!<br>3:15 Snack & Chat  |
| <b>11</b><br><b>Mother's Day</b><br>9:00 Sunday Café<br><b>10:30 Catholic Mass</b><br>1:00 Game Toss<br>2:00 Bingo<br>3:15 Snack & Chat<br>3:45 Storytime  | <b>12</b><br>9:30 Morning Stretch<br>10:30 Word Games<br>1:00 Meditation<br>Monday<br>2:00 Nail Flair<br>3:00 Snacks<br>3:45 Meditation                                                                                                            | <b>13</b><br>9:30 Game Room!<br>10:30 Sit & Be Fit<br>1:00 Coloring<br>2:00 Balloon Toss<br>3:00 Snacks<br>3:30 Sing Along                                                                                                              | <b>14</b><br><b>Hairdresser Sam</b><br>9:30 Balloon Toss<br>10:30 Board Games<br>1:00 Relaxation Time<br>2:00 Bingo Fun!<br><b>3:45 Catholic Mass</b>         | <b>15</b><br>9:30 Chair Exercises<br>10:30 Let's Play Cards!<br>1:00 Relaxation Time<br>2:00 Bird Coloring<br>3:00 Spring Songs<br><b>3:30 Music w/ DJ Bernie</b>  | <b>16</b><br>9:30 Friday Fitness<br>10:30 Bird Trivia<br><b>TGIF - Ed Clark</b><br>1:00<br>2:00 Bingo!<br>3:15 Snack Shack   | <b>17</b><br>9:30 Weekend Workout<br>10:30 Trivia<br>1:00 Sing along<br>2:00 Bingo!<br>3:15 Snack & Shack |
| <b>18</b><br>9:00 Sunday Café<br><b>10:30 Catholic Mass</b><br>1:00 Game Toss<br>2:00 Bingo<br>3:15 Snack & Chat<br><b>3:30 Music w/ Albert Mulad</b>    | <b>19</b><br>9:30 Morning Stretch<br>10:30 Word Games<br>1:00 Meditation<br>Monday<br>2:00 Nail Flair<br>3:00 Snacks<br>3:45 Meditation                                                                                                            | <b>20</b><br>9:30 Sit & Be Fit<br>10:30 Worship on TV<br>2:00 Balloon Toss<br>1:00 Resident Council<br>2:00 Balloon Toss<br>3:00 Snacks<br>3:30 Sing Along                                                                              | <b>21</b><br><b>Hairdresser Sam</b><br>9:30 Balloon Toss<br>10:30 Word Game<br>1:00 Relaxation Time<br><b>2:00 Movie Matinee</b><br><b>3:45 Catholic Mass</b> | <b>22</b><br>9:30 Chair Exercises<br>10:30 Let's Play Cards!<br>1:00 Relaxation Time<br>2:00 Flower Coloring<br>3:00 Spring Songs                                                                                                                      | <b>23</b><br>9:30 Friday Fitness<br>10:30 Flower Trivia<br><b>TGIF - Ed Clark</b><br>1:00<br>2:00 Bingo!<br>3:15 Snack Shack | <b>24</b><br>9:30 Weekend Workout<br>10:30 Trivia<br>1:00 Word Games<br>2:00 Bingo!<br>3:15 Snack & Chat  |
| <b>25</b><br>9:00 Sunday Café<br><b>10:30 Catholic Mass</b><br>1:00 Game Toss<br><b>2:00 Movie Matinee and Snacks in Theatre!</b><br>3:45 Storytime                                                                                         | <b>26</b><br><b>Memorial Day</b><br>9:30 Morning Stretch<br>10:30 Word Games<br>1:00 Meditation<br>Monday<br>2:00 Nail Flair<br>3:00 Snacks<br>3:45 Meditation  | <b>27</b><br>9:30 Game Room!<br>10:30 Sit & Be Fit<br>1:00 Coloring<br>2:00 Balloon Toss<br>3:00 Snacks<br><b>3:30 Music w/ Cristine Deleon</b>      | <b>28</b><br><b>Hairdresser Sam</b><br>9:30 Balloon Toss<br>10:30 Board Games<br>1:00 Relaxation Time<br>2:00 Bingo Fun!<br><b>3:45 Catholic Mass</b>         | <b>29</b><br>9:30 Chair Exercises<br>10:30 Let's Play Cards!<br>1:00 Relaxation Time<br>2:00 Butterfly Coloring<br>3:00 Spring Songs                                                                                                                   | <b>30</b><br>9:30 Friday Fitness<br>10:30 Bird Trivia<br><b>TGIF - Ed Clark</b><br>1:00<br>2:00 Bingo!<br>3:15 Snack Shack   | <b>31</b><br>9:30 Weekend Workout<br>10:30 Trivia<br>1:00 Sing along<br>2:00 Bingo!<br>3:15 Snack & Shack |