

REHAB/Sub Acute

Merry Heart Nursing Home
200 Main Street
Succasunna, NJ 07876
Second Flr. CALENDAR

SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Barber 9:00am 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:30 B & B Dogs 2:00 Hangman 3:30 Relaxing Music 7:00 Evening Snacks 	2 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	3 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Music w/ Alexander & Reema 3:00 Snacks 7:00 Evening Snacks 	4 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	5 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Bingo 7:00 Evening Snacks
6 Catholic Mass on the TV 11:15	7 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	8 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	9 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	10 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Bingo 3 rd Floor 3:00 Snacks 7:00 Evening Snack	11 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	12 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Bingo 7:00 Evening Snacks
13 NATIONAL GRANDPARENTS' DAY  Catholic Mass on the TV 11:15	14 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	15 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:30 B & B Dogs 2:00 Hangman 3:30 Relaxing Music 7:00 Evening Snacks 	16 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	17 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Bingo 3 rd Floor 3:00 Snacks 7:00 Evening Snacks	18 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	19 SUCKASUNNY DAY 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Bingo 7:00 Evening Snacks
20 Catholic Mass on the TV 11:15	21 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	22 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	23 10:30 Meet & Greet/ Travel Cart 11:00 Morning Stretch 12:00 Lunch 2:00 Spring Trivia 4:00 1:1 Visits 7:00 Evening Snacks	24 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 3:00 Music w/ DJ Bernie 3:00 Snacks 7:00 Evening Snacks 	25 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 2:00 Men's Club 3rd Floor 3:00 Snacks 7:00 Evening Snacks	26 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Bingo 7:00 Evening Snacks
27 Catholic Mass on the TV 11:15	28 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	29 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	30 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	Activity Calendar is Subject to Change & Subject to Covid 19 Precautions		 'TIS THE SEASON