

# REHAB/Sub Acute

## Merry Heart Nursing Home

200 Main Street  
Succasunna, NJ 07876

### Second Flr. CALENDAR

# FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Catholic Mass on the TV 11:15</b>	<b>2</b> <b>12:00 Lunch</b> <b>2:00 Catholic Mass /Communion Service</b> 2:30 Bingo 1 <sup>st</sup> Floor 7:00 Evening Snacks	<b>3</b> <b>Barber 9am</b> 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise <b>1:30 B &amp; B Dogs</b> 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	<b>4</b> 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	<b>5</b> <b>Hairdresser 9am</b> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch <b>2:00 Music w/ Rich Stillman</b> 3:00 Snacks 7:00 Evening Snacks	<b>6</b> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch <b>2:00 Bingo</b> 3:00 Snacks 7:00 Evening Snacks	<b>7</b> 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Tabletop Games 7:00 Evening Snacks
<b>8</b> <b>Superbowl Sunday</b>	<b>9</b> <b>12:00 Lunch</b> <b>2:00 Catholic Mass /Communion Service</b> 2:30 Bingo 1 <sup>st</sup> Floor 7:00 Evening Snacks	<b>10</b> 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	<b>11</b> 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	<b>12</b> <b>Hairdresser 9am</b> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks 7:00 Evening Snack	<b>13</b> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 3:00 Snacks 7:00 Evening Snacks	<b>14</b> <b>Valentine's Day</b> 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art <b>2:00 Valentine Social</b> 7:00 Evening Snacks
<b>15</b> <b>Catholic Mass on the TV 11:15</b>	<b>16</b> <b>Presidents Day</b> 12:00 Lunch <b>2:00 Catholic Mass /Communion Service</b> 2:30 Bingo 1 <sup>st</sup> Floor 7:00 Evening Snacks	<b>17</b> 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise <b>1:30 B &amp; B Dogs</b> 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	<b>18</b> <b>Ash Wednesday</b> 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	<b>19</b> <b>Hairdresser 9am</b> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks <b>3:00 Music w/ DJ Bernie</b> 7:00 Evening Snacks	<b>20</b> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch <b>2:00 Bingo</b> 3:00 Snacks 7:00 Evening Snacks	<b>21</b> 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Tabletop Games 7:00 Evening Snacks
<b>22</b> <b>Catholic Mass on the TV 11:15</b>	<b>23</b> 12:00 Lunch <b>2:00 Catholic Mass /Communion Service</b> 2:30 Bingo 1 <sup>st</sup> Floor 7:00 Evening Snacks	<b>24</b> 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair <b>2:00 Music w/ Alexander &amp; Reema</b> 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	<b>25</b> 10:30 Meet & Greet/ Travel Cart 11:00 Morning Stretch 12:00 Lunch 2:00 Winter Trivia 4:00 1:1 Visits 7:00 Evening Snacks	<b>26</b> <b>Hairdresser 9am</b> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks 7:00 Evening Snacks	<b>27</b> 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch <b>2:00 Bingo</b> <b>2:00 Men's Club 3<sup>rd</sup> Floor</b> 3:00 Snacks 7:00 Evening Snacks	<b>28</b> 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Tabletop Games 7:00 Evening Snacks
<b>Activity Calendar is Subject to Change &amp; Subject to Covid 19 Precautions</b>						