










REHAB/Sub Acute

Merry Heart Nursing Home

200 Main Street
Succasunna, NJ 07876

Second Flr. CALENDAR

FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Catholic Mass on the TV 11:15	2 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	3 Barber 9am 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:30 B & B Dogs 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks 	4 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	5 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Music w/ Rich Stillman 3:00 Snacks 7:00 Evening Snacks 	6 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	7 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Tabletop Games 7:00 Evening Snacks
8 Superbowl Sunday Catholic Mass on the TV 11:15	9 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks 	10 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks	11 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks	12 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks 7:00 Evening Snack	13 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 3:00 Snacks 7:00 Evening Snacks	14 Valentine's Day 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Valentine Social 7:00 Evening Snacks 
15 Catholic Mass on the TV 11:15	16 Presidents Day 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks 	17 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:30 B & B Dogs 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks 	18 Ash Wednesday 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 12:00 Lunch 2:00 Trivia 3:00 Snacks 4:00 1:1 Visits 7:00 Evening Snacks 	19 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks 3:00 Music w/ DJ Bernie 7:00 Evening Snacks 	20 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 3:00 Snacks 7:00 Evening Snacks	21 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Tabletop Games 7:00 Evening Snacks
22 Catholic Mass on the TV 11:15	23 12:00 Lunch 2:00 Catholic Mass /Communion Service 2:30 Bingo 1 st Floor 7:00 Evening Snacks	24 10:30 Meet & Greet/ Travel Cart 11:00 Morning Exercise 1:00 Nail Flair 2:00 Music w/ Alexander & Reema 3:00 Snacks 3:30 Relaxing Music 7:00 Evening Snacks 	25 10:30 Meet & Greet/ Travel Cart 11:00 Morning Stretch 12:00 Lunch 2:00 Winter Trivia 4:00 1:1 Visits 7:00 Evening Snacks	26 Hairdresser 9am 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:30 Lunch 2:00 Soft Music 3:00 Snacks 7:00 Evening Snacks	27 10:30 Meet & Greet/Travel Cart/Newspapers 11:00 Morning Exercise 12:00 Lunch 2:00 Bingo 2:00 Men's Club 3rd Floor 3:00 Snacks 7:00 Evening Snacks	28 8:30 Meet & Greet/Travel Cart/Newspapers 10:00 Morning Exercise 11:00 Coloring Art 2:00 Tabletop Games 7:00 Evening Snacks
Activity Calendar is Subject to Change & Subject to Covid 19 Precautions	