

# LONG TERM CARE

Merry Heart Nursing Home  
200 Main Street  
Succasunna, NJ 07876  
Third Flr. CALENDAR

# AUGUST 2026

| Sunday                                                                                                                                                                   | Monday                                                                                                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                                                                                  | Wednesday                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                          | Saturday                                                                                                                                                                   |
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| <b>Activity Calendar is Subject to Change &amp; Subject to Covid 19 Precautions!</b>                                                                                     |                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                 | <b>1</b><br>9:30 Meet & Greet<br>10:30 Morning Exercises<br>11:00 Finishing Lines<br>1:30 Restorative Fun<br>2:00 Bingo<br>3:15 Nail Flair & Music<br>7:00 Evening Snacks  |
| <b>2</b><br>9:30 Meet & Greet<br>10:30 Table Games/Exercises<br><b>11:15 Catholic Mass on the TV</b><br>1:30 Restorative Fun<br>2:00 Build A Word<br>3:00 Balloon Games  | <b>3</b><br><b>National Watermelon Day</b><br>9:30 Meet & Greet<br>10:15 Pilates Exercises<br>11:00 Meditation Time<br>1:15 Tabletop Games<br><b>2:00 Catholic Mass/Communion</b><br>2:30 Bingo<br>4:00 Worship w/ Pastor  | <b>4</b><br><b>Barber 9:00am</b><br>9:30 Meet & Greet<br>10:15 Tune up Tuesday<br>11:00 Meditation Time<br><b>1:30 B &amp; B Dogs</b><br>2:00 Hangman<br>3:00 Seasonal Coloring<br>7:00 Evening Snacks  | <b>5</b><br>9:30 Meet & Greet<br>10:15 Rosary Wednesday<br>11:00 Morning Stretch<br>1:00 Red Trivia<br>2:00 Guess the Animal<br>3:00 Concentration Games<br>7:00 Activities w/ Kim                 | <b>6</b><br><b>Hairdresser 9am</b><br>9:30 Meet & Greet<br>10:15 Zumba<br>11:00 Meditation Time<br>1:00 Restorative Fun<br>2:00 Bingo<br>3:00 Snack Time<br>3:30 Trivia<br>7:00 Activities w/ Kim                                                                               | <b>7</b><br><b>10:00 Worship w/ Chaplain Sue</b><br>11:00 Friday Fitness<br>1:00 Relaxation Time<br>2:00 Word Games<br>3:00 Trivia<br>4:00 Snack Time<br>6:00 Activities with Kim                                                                               | <b>8</b><br>9:30 Meet & Greet<br>10:30 Morning Exercises<br>11:00 Finishing Lines<br>1:30 Restorative Fun<br>2:00 Bingo<br>3:15 Spring Social<br>7:00 Evening Snacks       |
| <b>9</b><br>9:30 Meet & Greet<br>10:30 Table Games/Exercises<br><b>11:15 Catholic Mass on the TV</b><br>1:30 Restorative Fun<br>2:00 Hangman<br>3:00 Balloon Games       | <b>10</b><br>9:30 Meet & Greet<br>10:15 Morning Exercises<br>11:00 Meditation Time<br>1:15 Tabletop Games<br><b>2:00 Catholic Mass/Communion</b><br>2:30 Bingo<br>4:00 Worship w/ Pastor Leo                                                                                                                | <b>11</b><br>9:30 Meet & Greet<br>10:15 Tune up Tuesday<br>11:00 Meditation Time<br>1:30 Sing Along<br>2:00 Hangman<br>3:00 Guess the Word<br>7:00 Evening Snacks                                                                                                                        | <b>12</b><br>9:30 Meet & Greet<br>10:15 Rosary Wednesday<br>11:00 Morning Stretch<br>1:00 Trivia<br>2:00 Guess the Animal<br>3:00 Concentration Games<br>7:00 Activities w/ Kim                    | <b>13</b><br><b>Hairdresser 9am</b><br>9:30 Meet & Greet<br>10:15 Zumba Dance<br>11:00 Meditation Time<br>1:00 Restorative Fun<br>2:00 Bingo<br>3:00 Snack Time<br>3:30 Trivia<br>7:00 Activities w/ Kim                                                                        | <b>14</b><br>9:30 Meet and Greet<br>10:00 Sing Along<br>11:00 Friday Fitness<br>1:00 Relaxation Time<br><b>2:00 Women's Club</b><br>3:00 Trivia<br>4:00 Hangman<br>6:00 Activities with Kim                                                                     | <b>15</b><br>9:30 Meet & Greet<br>10:30 Morning Exercises<br>11:00 Finishing Lines<br>1:30 Restorative Fun<br>2:00 Bingo<br>3:15 Nail Flair & Music<br>7:00 Evening Snacks |
| <b>16</b><br>9:30 Meet & Greet<br>10:30 Table Games/Exercises<br><b>11:15 Catholic Mass on the TV</b><br>1:30 Restorative Fun<br>2:00 Build A Word<br>3:00 Balloon Games | <b>17</b><br>9:30 Meet & Greet<br>10:15 Pilates Exercises<br>11:00 Meditation Time<br>1:15 Sing Along<br><b>2:00 Catholic Mass/Communion</b><br>2:30 Bingo<br>4:00 Worship w/ Pastor Leo                                                                                                                    | <b>18</b><br>9:30 Meet & Greet<br>10:15 Tune up Tuesday<br>11:00 Meditation Time<br><b>1:30 B &amp; B Dogs</b><br>2:00 Hangman<br>3:00 Seasonal Coloring<br>7:00 Evening Snacks                       | <b>19</b><br>9:30 Meet & Greet<br>10:15 Rosary Wednesday<br>11:00 Morning Stretch<br>11:45 Sing Along<br>1:00 Trivia<br>2:00 Guess the Animal<br>3:00 Concentration Game<br>7:00 Activities w/ Kim | <b>20</b><br><b>Hairdresser 9am</b><br>9:30 Meet & Greet<br>10:15 Zumba Dance<br>11:00 Meditation Time<br>1:00 Bingo<br><b>2:00 Birthday Party w/ DJ Bernie</b><br>7:00 Activities w/ Kim  | <b>21</b><br><b>10:00 Worship w/ Chaplain Sue</b><br>11:00 Friday Fitness<br>1:00 Relaxation Time<br><b>2:00 Resident Council</b><br><b>2:30 Men's Club</b><br>3:00 Trivia<br>4:00 Snack Time<br>6:00 Activities with Kim                                       | <b>22</b><br>9:30 Meet & Greet<br>10:30 Exercises<br>11:00 Nail Flair W/ Music<br>1:30 Restorative Fun<br>2:00 Bingo<br>3:15 Coloring Fun!<br>7:00 Evening Snacks-         |
| <b>23/30</b><br>9:30 Meet & Greet<br>10:30 Table Games/Exercises<br><b>11:15 Catholic Mass on the TV</b><br>1:30 Restorative Fun<br>2:00 Hangman<br>3:00 Balloon Games   | <b>24/31</b><br>9:30 Meet & Greet<br>10:15 Morning Exercises<br>11:00 Meditation Time<br>1:15 Tabletop Games<br><b>2:00 Catholic Mass/Communion</b><br>2:30 Bingo<br>4:00 Worship w/ Pastor Leo                                                                                                             | <b>25</b><br>9:30 Meet & Greet<br>10:15 Tune up Tuesday<br>11:00 Meditation Time<br>1:30 Sing Along<br><b>2:00 Music w/ Alexander &amp; Reema</b><br>3:00 Guess the Word<br>7:00 Evening Snacks       | <b>26</b><br>9:30 Meet & Greet<br>10:15 Rosary Wednesday<br>11:00 Morning Stretch<br>1:00 Trivia<br>2:00 Guess the Animal<br>3:00 Concentration Games<br>7:00 Activities w/ Kim                    | <b>27</b><br><b>Hairdresser 9am</b><br>9:30 Meet & Greet<br>10:15 Zumba Dance<br>11:00 Meditation Time<br>1:00 Restorative Fun<br>2:00 Bingo<br>3:00 Snack Time<br>3:30 Trivia<br>7:00 Activities w/ Kim                                                                        | <b>28</b><br>9:30 Meet and Greet<br>11:00 Friday Fitness<br>1:00 Relaxation Time<br><b>2:00 LUAU PARTY!</b><br>3:00 Trivia<br>4:00 Snack Time<br>6:00 Activities with Kim  | <b>29</b><br>9:30 Meet & Greet<br>10:30 Morning Exercises<br>11:00 Finishing Lines<br>1:30 Restorative Fun<br>2:00 Bingo<br>3:15 Nail Flair & Music<br>7:00 Evening Snacks |