November 2021

Development	Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Tofus Scramble Applie Climanan Covernight Oats Custor Lunch Statistat Sowet Potatoses Statistat Sweet Birneafistat Birneafistat Birneafistat Lunch Statistat Sweet Sta		' '						
Dinner Wegge Quinos Pollaner Stuffed Sweet Portabella Mushroom Rev Mex Bowl Prizza Plus Grian, Bean, and Polatobes P	Tofu Scramble		Apple Cinnamon	Chocolate Peanut Butter Overnight	Apple Cinnamon	Chocolate Peanut Butter Overnight	Apple Cinnamon	
Protabels Mushroom Face Max Bown Pizza Plus Grain Bean, and Protabels Mushroom Face Max Bown Pizza Plus Grain Bean, and Freedricks Snacks Sn	Lunch		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Potatones Burger Nord Snacks Nord Nov Reakfast Snacks Snacks Snacks Snacks Snacks Snacks Snacks Nord Nov Reakfast Snacks Snac	Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
New	Veggie Quinoa				Tex Mex Bowl	Pizza Plus	Grain, Bean, and Green	Vegetable Dal
Breakfast Breakf	Snacks		Snacks	Snacks	Snacks	Snacks	Snacks	Snacks
Breakfast Woocado Toast Oatmeal with Berries Breakfast Streakfast Oatmeal with Berries Breakfast Cookies Oatmeal with Berries Chocolates Peanut Oatmeal White Bean Stew Chocolates Peanut Oatmeal Chickpeas and Sweet Potatoos Snacks Sn								NO ¹
Lunch Lunch Lunch Lunch Lunch Lunch Lunch Lunch Dinner Dinner Dinner Three Bean Chili Sauce Snacks S	Breakfast							
Dinner Three Bean Chill Fatucine with Red Lentill Sauce Snacks Snack	Avocado Toast		Oatmeal with Berries	Breakfast Cookies	Oatmeal with Berries	Butter Overnight	Oatmeal with Berries	Avocado Toast
Three Bean Chili Futurine with Red Lentil Sauce Grain, Bean, and Green Three Bean Chili Toostar Oven Coconut Curried Chickpeas and Sweet Potatoes Snacks	Lunch		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Snacks Sn	Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Nov 14 15 16 18 Breakfast Breakfast Breakfast Banana Peanut Butter Oatmeal Lunch Lunch Lunch Lunch Lunch Lunch Lunch Corens Snacks Snac	Three Bean Chili		Fettucine with Red Lentil Sauce		Three Bean Chili		Chickpeas and	White Bean Stew
Breakfast Cookies Curuch Lunch Crain Plizar Plus Tex Mex Bowl Greens Snacks	Snacks		Snacks	Snacks	Snacks	Snacks	Snacks	Snacks
Breakfast Breakf								NO ¹
Lunch	Breakfast				Breakfast			
Dinner Dinner Pizza Plus Tex Mex Bowl Creens Snacks	Tofu Scramble			Apple Cinnamon Overnight Oats				Breakfast Cookies
Grain, Bean, and Green Snacks	Lunch		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Green Snacks Sna	Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	
NOV 21 22 23 24 25 26 22 Breakfast Avocado Toast Breakfast Oatmeal with Berries Chocolate Peanut Butter Overnight Oatmeal with Berries Breakfast Cookies Dinner Basic Taco Salad Snacks S	Grain, Bean, and Green		Pizza Plus	Tex Mex Bowl		Potato Soup		Layered Bean Dip
Breakfast Avocado Toast Breakfast Avocado Toast Breakfast Avocado Toast Datmeal with Berries Breakfast Avocado Toast Datmeal with Berries Datmeal wi	Snacks		Snacks	Snacks	Snacks	Snacks	Snacks	Snacks
Avocado Toast Oatmeal with Berries Chocolate Peanut Butter Overnight Oats Lunch Lunch Lunch Lunch Lunch Dinner Basic Taco Salad Potato Soup Portabella Mushroom Burger Potatoes Snacks DEC 28 Breakfast Breakfast Breakfast Breakfast Breakfast Breakfast Breakfast Breakfast Dinner Dinner Dinner Dinner Dinner Dinner Dinner Dinner Dinner								NO ³
Butter Overnight Oats Lunch Dinner	Breakfast		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Dinner Basic Taco Salad Potato Soup Dinner Portabella Mushroom Burger Snacks Snacks Dinner Potato Soup Dinner Potatoella Mushroom Burger Snacks Snacks Snacks Dinner Red Lentil Pasta and Veggies Snacks Snacks Snacks Snacks Snacks Snacks Snacks Snacks Snacks Dinner Red Lentil Pasta and Veggies Snacks Dinner White Bean Stew Grain, Bean, and Green DEC TOTAL TO	Avocado Toast		Oatmeal with Berries	Butter Overnight	Oatmeal with Berries	Breakfast Cookies	Oatmeal with Berries	Avocado Toast
Basic Taco Salad Potato Soup Burger Coconut Curried Chickpeas and Sweet Potatoes Snacks Snack	Lunch		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Snacks DEC	Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
NOV 28 29 30 1 2 3 Breakfast Breakfast Breakf	Basic Taco Salad		Potato Soup		Chickpeas and Sweet		White Bean Stew	Grain, Bean, and Green
28 29 30 1 2 3 Breakfast Dinner Dinner Dinner Dinner Dinner	Snacks		Snacks	Snacks	Snacks	Snacks	Snacks	Snacks
Breakfast Breakf								DEC
Dinner Dinner Dinner Dinner Dinner Dinner	Breakfast	J			'			
	Lunch		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Snacks Snacks Snacks Snacks Snacks Snacks Snacks	Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	Snacks		Snacks	Snacks	Snacks	Snacks	Snacks	Snacks