



Examination  
9th. – 1st. Kyu

International Ryukyukai  
Martial Arts Association

# Preface



These examination regulations are equally a guide for examiners and candidates .  
It is not intended for memorization, but is intended to reflect guiding points.  
An exam is not the primary rendition of a students performance, but another aspect  
Of the training, under somewhat different conditions.

Training is indispensable in the advancement of every karateka.  
All are required to address questions to the examination board and / or coaches.

Osu

Frank Weber, 8.Dan Hanshi  
Jan Oertel, 2.Dan Chúden

International Ryukyukai Martial Arts Association (Germany)

Karategramm:

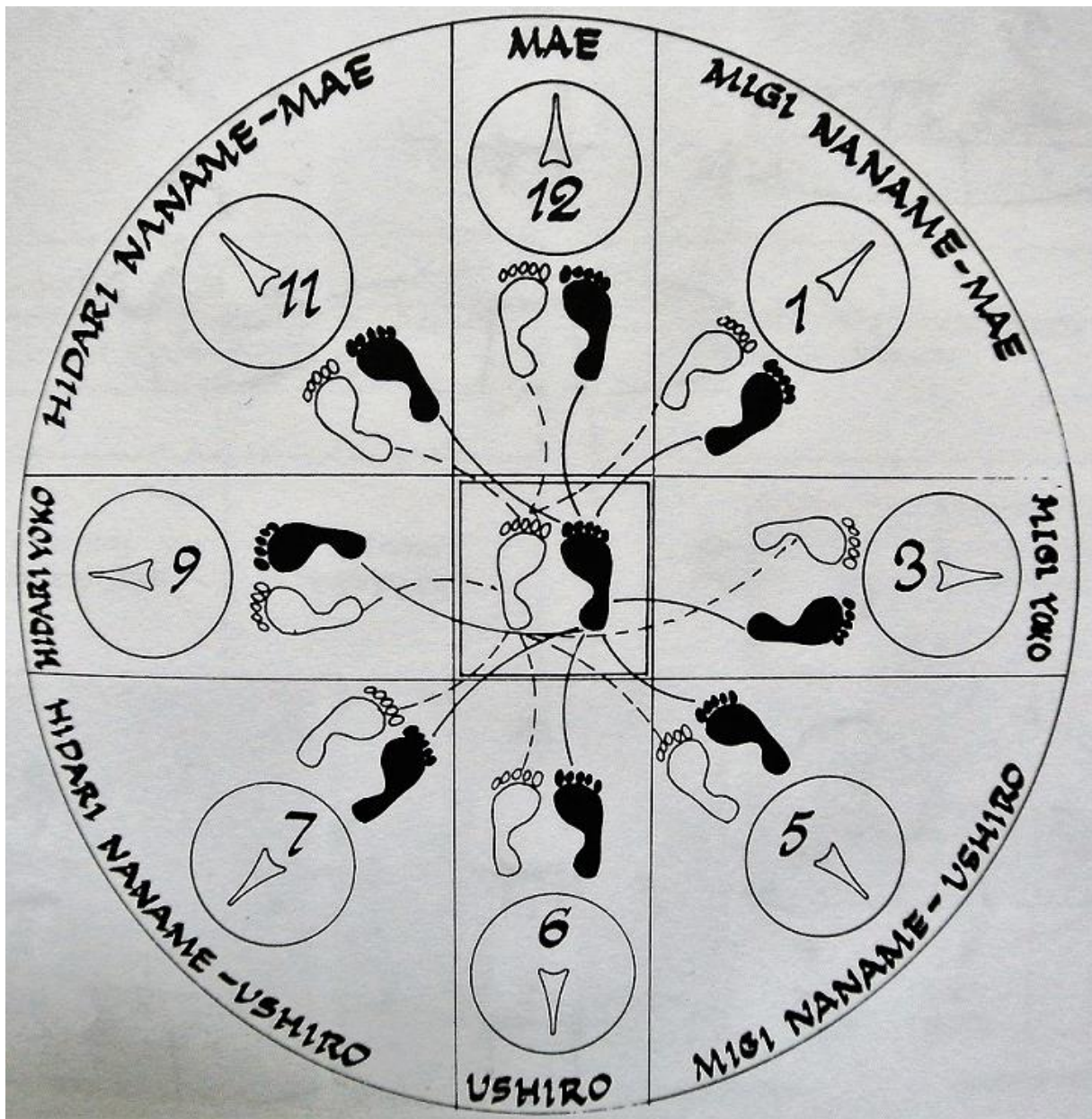
Yohon-me 1 = mae, migi yoko, ushiro, hidari yoko

90° shifting

Yohon-me 2 = All naname directions

90° shifting

Happon-me = All directions



# Basic stances

Mb – Musubi dachi

Hd – Heisoku dachi

Hi – Heijii dachi

Zk – Zenkutsu dachi

Kb – Kiba dachi

Kk – Kokutsu dachi

Ha – Hangetsu dachi

Sd – Sanchin dachi

Fd – Fudo dachi

Sg – Sagi ashi dachi

Si – Shiko dachi

Td – Taiji dachi

Rd – Reinoji dachi

Ko – Kosa dachi

Nd – Neko ashi dachi

## Rank requirements for 9th. Kyu, white belt

### Kihon

4x mae hanmi, gedan barai Zk , mawate  
4x mae hanmi, chudan oi tsuki Zk , mawate  
4x mae hanmi, jodan oi tsuki Zk  
4x ushiro, soto ude uke Zk  
4x mae hanmi, gyaku tsuki Zk  
4x ushiro, age uke Zk  
4x mae hanmi, mae geri chudan Zk

### Kumite

Gohon kumite, jodan / chudan ( ai – hanmi )  
Same leg front both students

### Kata

Taikyoko shodan

### Ashi dachi

Musubi dachi, Heisoko dachi, Kokutsu dachi

### Sabaki kihon

Yohon me 1, on request of examiner

## Rank requirements for 8th. Kyu, yellow belt

### Kihon

4x mae hanmi, oi tsuki jodan Zk  
4x mae hanmi, gedan barai Zk  
4x ushiro, uchi ude uke Zk  
4x mae hanmi, soto ude uke Zk  
4x ushiro, age uke Zk  
4x mae hanmi, shuto uke Kk, mawate  
4x mae hanmi, mae geri jodan  
4x yoko geri keage Kb, hidari / migi (2\*migi 2\*hidari, yoko ashi ashi )

### Kumite

Gohon kumite, jodan / chudan ( gyaku hanmi ) ( mirror stance )

### Kata

Heian Shodan Bunkai 1- technique, choice of student

### Ashi dachi

Heisoku dachi, Kiba dachi, Kokutsu dachi

### Sabaki kihon

Yohon me 1, on request of examiner

## Rank requirements for 7th. Kyu, orange belt

### Kihon

4x mae hanmi, oi tsuki jodan Zk  
4x mae hanmi, age uke gyaku tsuki Zk  
4x ushiro, uchi ude uke gyaku tsuki Zk  
4x mae hanmi, soto ude uke gyaku tsuki Zk  
4x mae hanmi, shuto uke Kk ( evtl. 4x )  
4x mae hanmi, yoko geri kekomi Kb (2\*migi, 2\*hidari, yoko sashi ashi )  
4x mae hanmi, yoko geri keage Kb ( 2\*migi, 2\*hidari, yoko sashi ashi )  
4x mae geri jodan  
4x mae hanmi, mawashi geri chudan

### Kumite

Sanbon kumite, chudan / jodan oi tsuki / Gohon Kumite

### Kata

Heian Nidan, also test of Teikyoku / Heian Shodan  
bunkai – 2 techniques, choice of student

### Ashi dachi

Heisoku dachi, Teiji dachi, Renoji dachi

### Sabaki kihon

Yohon me 1, on request of examiner

### Goshin

Uke on tsuki jodan hidari / migi

### Theoretical questions

Meaning of 'Rei'  
Meaning of 'Sensei'  
Meaning of 'Dojo'

## Rank requirements for 6th. Kyu, green belt

### Kihon

4x mae hanmi, sanbon tsuki Zk  
4x mae hanmi, uchi ude uke, kizami tsuki gyaku tsuki Zk  
4x ushiro, shuto uke Kk, gyaku nukite Zk, mawate  
4x ushiro, age uke gyaku tsuki Zk  
4x ushiro, soto ude uke kizami tsuki  
4x mae hanmi, mae geri oi tsuki Zk, mawate  
4x mae hanmi, mawashi geri jodan, mawate  
4x mae hanmi, yoko geri keage/kekomi Kb ( 1\*yoko sashi ashi, 1\*kai ashi )

### Kumite

Sanbon kumite, chudan / jodan oi tsuki, mae geri chudan  
more possible

### Kata

Heian Sandan, Teikyoku / Heian Shodan / Heian Nidan  
bunkai - 2 techniques, choice of student

### Ashi dachi

Renoji dachi, Kiba dachi, Shiko dachi, Kokutsu dachi

### Sabaki kihon

Yohon me 2, on request of examiner

### Goshin

Uke on tsuki jodan / chudan mit sabaki

### Theoretical questions

Meaning of 'saiza'  
Who was the founder of 'Shotokan'  
Name of our 'style'  
Meaning of 'kyu'

Change from low student level to mid student level.  
More questions possible, if required.



## Rank requirements for 5th. Kyu, purple belt

### Kihon

4x mae hanmi, ren tsuki Zk  
4x ushiro, age uke gyaku tsuki Zk  
4x mae hanmi, shuto uke nukite Kk  
4x ushiro, nagashi uke gyaku tski Zk, mawate  
4x ushiro, soto uke Kb  
4x mae hanmi, mae geri ren geri chudan Zk, mawate  
4x mae hanmi, yoko geri keage / kekomi Kb, mawate Zk  
4x mae hanmi, mawashi geri jodan / chudan Zk  
4x mae hanmi, ushiro geri Zk

### Kumite

Sanbon kumite  
Oi tsuki jodan / chudan / mae geri  
Oi tsuki jodan / chudan / mawashi geri  
more possible

### Kata

Heian Yondan, more if required  
bunkai on request of examiner

### Ashi dachi

Kiba dachi, Kosa dachi, Teiji dachi, Shiko dachi

### Sabaki kihon

Happon me, on request of examiner

### Goshin

Uke, techniques on request of examiner, from previous program

### Theoretical questions

Meaning of 'shiai'  
Meaning of 'shomen'  
Meaning of 'gohon kumite'  
Meaning of 'ushiro'  
Picture of 'Shotokan'

More question possible !

## Rank requirements for 4th. Kyu, purple belt

### Kihon

4x mae hanmi, sanbon tsuki Zk

4x ushiro, age uke, ushiro mae ashi geri, gyaku tsuki Zk

4x mae hanmi, uchi ude uke ren tsuki Zk, shuto uke Kk, mawate Zk

4x mae hanmi, nagashi uke gyaku shuto uchi Zk

4x ushiro, soto uke Zk, yoko empi Kb, mawate

4x mae hanmi, yoko geri keage aus Zk / kekomi Kb, mawate ( 1\*yoko sashi ashi, 1\* kai ashi )

4x mae hanmi, ushiro geri Zk

4x mae hanmi, mae geri mawashi geri Zk, mawate

### Kumite

Kihon ippon kumite, kaeshi ippon kumite nach Ansage

Oi tsuki jodan / chudan, mae geri, mawashi geri,

Yokogeri

If required, request from previous program !!

### Kata

Heian Godan, check of previous kata

Bunkai on request of examiner

### Ashi dachi

Kokutsu dachi, Kosa dachi, Shiko dachi, Sagi ashi dachi

### Sabaki kihon

Happon me, on request of examiner

### Goshin

On request of examiner from existing program.

Free movement

### Theoretical questions

Meaning of 'happo kumite'

Meaning of 'Nidan'

Meaning of 'kosa uke'

Meaning of 'Goshin'

Meaning of 'moksu'

## Rank requirements for 3rd. Kyu, brown belt

### Kihon

4x mae hanmi, ushiro mae ashi geri kizami tsuki gyaku tsuki Zk  
4x ushiro, age uke gyaku haito uchi Zk  
4x mae hanmi, uchi ude uke Kk, gyaku mawashi tsuki Zk otoshi empi Kb  
4x ushiro, nagashi uke mae uraken uchi gyaku tsuki Zk  
4x mae hanmi, kizami mae mawashi geri, ryote ushiro geri Zk

More techniques if required !

### Kumite

Sanbon kumite, oi tsuki jodan / chudan / mae geri / mawashi geri / yoko geri / ushiro geri  
Kaeshi ippon kumite, oi tsuki jodan / chudan / mae geri / yoko geri  
1x Jiyu Kumite

### Kata

Tekki shodan, test of previous kata  
bunkai on request of examiner

### Ashi dachi

Sagi ashi dachi, Kosa dachi, Neko ashi dachi

### Sabaki kihon

Yohon me 1 and 2, on request of examiner, basic techniques  
Happon me, on request of examiner, basic techniques  
include keri techniques

### Goshin

request of examiner  
free movement, minimum 1 weapon

### Theoretical questions

Meaning of 'Goshin'  
Meaning of 'Rokku Dan'  
Meaning of 'hanmi'  
Meaning of 'hashi me'

More questions possible, transfer to upper student level !

## Rank requirements for 2nd. Kyu, brown belt

### Kihon

4x mae hanmi, uchi ude uke Nd, kizami tsuki gyaku tate tsuki Zk  
4x ushiro, te otoshi uke Zk, yoko empi tate uraken Kb  
4x mae hanmi, gedan awase uke haito uchi Zk, nagshi uke Kk  
4x ushiro, nami gaeshi Kb kagi tsuki Kb

Focus on combinations, more techniques on request of examiner

### Kumite

Kaeshi ippon kumite, all variations  
Okuri ippon kumite, jodan / chudan / mae geri  
Jiyu kumite

### Kata

choise of Kata, Bassai dai, Jion, Hangetsu, Enpi  
test of prevoius program  
bunkai choise of examiner

### Ashi dachi

Choise of examiner

### Sabaki kihon

Yohon me 1 und 2, on request of examiner, combinations  
Happon me, on request of examiner, basic techiques

Include keru techniques

### Goshin

On request of examiner from previous program  
Uke against weapon, knife and / or stick  
Techniques must be applicable

### Theoretical questions

Selection of examiners from previous program, related to technology.  
Diligence and basic knowledge are expected here.

## Rank requirements for 1.st Kyu, brown belt

### Kihon

On request of examiner, focus on combinations  
Include of different stances important !

### Kumite

On request of examiner from previous program  
Jiyu kumite

### Kata

Choise of, Bassai dai, Jion, Hangetsu, Empi  
Not the Kata for 2nd. Kyu !!  
Test of previous program on choise of examiner  
Bunkai on request of examiner of previous Kata

### Ashi dachi

Choise of examiner

### Sabaki kihon

Choise of examiner, combinations

### Goshin

On request of examiner, include sabaki more obvious  
Weapon defense  
Two attacker  
Techniques must be applicable

### Theoretical questions

Choise of examiner from previous program related to technique  
Transition to master level!!!!  
Note: Here an understanding of technology and movement is assumed.  
If not implemented, grading can be canceled at any time.

### Osu