

RYUKYUKAI AIKIDO TESTING REQUIREMENTS 2018

5TH KYU (60 DAYS)

- Shomenuchi Ikkyo
- Shomenuchi Iriminage
- Katatetori Shihonage
- Ryotetori Tenchinage
- Tsuki Kotegaeshi
- Ushiro Tekubitori Kotegaeshi
- Morotetori Kokyuho
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4TH KYU (80 DAYS)

- Shomenuchi Nikkyo
- Yokomenuchi Shihonage
- Tsuki Iriminage
- Ushiro Tekubitori Sankyo
- Ushiro Ryokatatori Kotegaeshi
- Suwari Waza Shomenuchi Ikkyo
- Suwari Waza Katatori Nikkyo
- Suwari Waza Katatori Sankyo
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3RD KYU (100 DAYS)

- Yokomenuchi Iriminage (2 ways)
- Yokomenuchi Kotegaeshi
- Tsuki Kaitennage (uchi & soto)
- Ushiro Ryokatatori Sankyo
- Morotetori Iriminage (2 ways)
- Shomenuchi Sankyo
- Suwari Waza Shomenuchi Iriminage
- Suwari Waza Shomenuchi Nikkyo
- Hanmi Handachi Katatetori Shihonage
- Hanmi Handachi Katatetori Kaitennage
- Fold Hakama (ANJ Requirement)
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2ND KYU (200 DAYS)

- Shomenuchi Shihonage
- Shomenuchi Kaitennage
- Yokomenuchi Gokyo
- Ushiro Tekubitori Shihonage
- Ushiro Tekubitori Jujinage
- Ushiro Kubishime Koshinage
- Morotetori Nikkyo
- Hanmi Handanchi Shomenuchi Iriminage

- Hanmi Handanchi Katatetori Nikkyo
- Hanmi Handanchi Yokomenuchi Kotegaeshi
- Freestyle: 2 attackers
- Bokken Suburi (ANJ Requirement)
- Jo Suburi (ANJ Requirement)

1ST KYU (300 DAYS)

- Katatori menuchi – 5 techniques
- Yokomenuchi – 5 techniques
- Morotetori – 5 techniques
- Shomenuchi – 5 techniques
- Ryotetori – 5 techniques
- Koshinage – 5 techniques
- Hanmi Handachi Ushiro Waza – 5 techniques
- Tantotori
- Freestyle: 3 attackers

SHODAN (300 DAYS)

- All of 1st Kyu requirements
- Tachitori
- Jotori
- Henka Waza
 - Freestyle: 4 attackers

NIDAN (600 DAYS)

- All of Shodan requirements
- Tachitori – 2 attackers
- Kaeshi Waza
- Freestyle: 5 attackers

SANDAN (700 DAYS)

- Subject of exam to be determined by examiner at the time of the exam