



Contact List for Club COVID-19 Oversight Group

This information will be communicated to club members in an e-mail communication and may be posted to the club website or social media:

Dear Club Members,

We would like to inform you of the individuals who will be acting as the COVID-19 Oversight Group as we transition back to volleyball activities.

The purpose of this group is to oversee the implementation of safety and health guidelines within the club.

The following people will comprise this COVID-19 Oversight Group

Name	Position	Phone	Email
Ben Brownlee	Club President	519-429-8135	bowhunterborbnwlee@outlook.com
Jamie Brownlee	Club Technical Director	226-931-2455	jamie.brownlee@outlook.com
Jill Demarest	Club Secretary	519-550-1477	ronandjill@xplornet.com
Jennifer Beal	16U Team Manager	519-427-6714	bealmichaeljen@gmail.com

Should you have any questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19, please contact one of the individuals above.

Sincerely,

Norfolk Volleyball Club



Norfolk Volleyball Club COVID-19 Protocols

Completion of Ontario Volleyball COVID-19 Waiver

All individuals participating in Norfolk Volleyball Club activities (practices, training, social events, competition, camps etc.) must complete the Ontario Volleyball Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that individual must not participate in any club activities.

Any individual participating in Norfolk Volleyball Club activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Ontario Volleyball, including athletes, coaches, staff, board members, volunteers, officials.

Screening of All Participants

All participants must complete the COVID 19 screening questionnaire prior to going to the facility for volleyball.

All participants will be screened upon arrival by club volunteers.

A list of all participants and volunteers and the current contact information is maintained for every session of volleyball.

No participant will be permitted to attend volleyball if they do not pass the screening.

Additional Preventative Safety Measures

Participants are required to sanitize their hands upon arrival and at least every 30 minutes during their session.

Participants and coaches must wear masks.

No deliberate physical contact is permitted between participants.

Participants are required to place their water bottles and belongings at least 6 feet apart and are not permitted to congregate during water breaks.

Groups will be cohorted as per the current size restrictions in our zone.

Start times between groups will be staggered to prevent contact between groups.

Equipment will be disinfected between groups.

An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities.
- The individual will be isolated from all others in a well-ventilated area, or outside if possible.
- The individual shall be sent home and instructed to contact public health for information about self-isolation and testing.
- The facility will be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group must be informed of the situation and should contact the individual or their parent/guardian to determine what steps are being taken regarding testing.

An individual is tested for COVID-19

- Any individual that has been tested for COVID-19 must not participate in club activities while waiting for the results of the test.
- Norfolk Volleyball Club will consult the Haldimand Norfolk Health Unit and provide a Session Participation tracking sheets to identify potential exposure/close contacts.
- Any club members who were in close contact with the individual must not participate in club activities and must follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals



An individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they shall inform a member of the Norfolk Volleyball Club COVID-19 Oversight Group so that the COVID-19 response plan can be initiated.
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual
- Any club members who were in close contact with the individual shall not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- Norfolk Volleyball Club will also inform all club members of a positive COVID-19 result within the club setting they have been exposed or potentially exposed to.
- Norfolk Volleyball Club will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The club will inform Ontario Volleyball of a positive COVID-19 diagnosis by emailing clubsupportservices@ontariovolleyball.org

Return to club activities following illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to club activities once they no longer have any symptoms of COVID-19.

Return to club activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

Modification/restriction/postponing or canceling of club activities

- Based on the evolving COVID-19 pandemic, Norfolk Volleyball Club is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities
- Norfolk Volleyball Club members will be informed as soon as possible of any modifications/restrictions or cancellations by email and through the club's Instagram Page. As in the previous season, refunds will be processed if applicable to the cancellation.
- Norfolk Volleyball Club will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials/administrators.

Public Health Guidelines

Norfolk Volleyball Club members must follow all public health guidelines regarding COVID-19. These may include:

- Any club members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in club activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 must self-isolate and is not permitted to participate in club activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities
- Any individual who has someone in their household showing symptoms of COVID-19, is not permitted to participate in club activities



Norfolk Volleyball Club COVID-19 Communication Plan

To ensure effective communication is taking place with our membership during the Return to Play Stages. The following will be required:

1. Up to date contact information for all club members will be requested and kept on file.
2. Information will be distributed using our club email list and through our club Instagram Page if applicable.
3. Communications will be sent by the COVID-19 Oversight Group regularly to club members to keep everyone apprised of new information.
4. A member of the COVID-19 Oversight Group will be designated to follow up with any individuals who become unwell with symptoms of COVID-19 during club activities
5. Daily Session Participation Tracking sheets must be forwarded by coaches to the club email for electronic storage of the information.
6. If it is determined that a club member has been tested for COVID-19 or tested positive for COVID-19, all club members that may have been in close contact with that individual will be informed.
7. The facility and Ontario Volleyball will be informed if a club member is diagnosed with COVID-19.
8. The local public health unit will be made aware of the club member testing positive.