



Refuse to be a Victim

FAMILY SAFETY EMPOWERED FAMILIES. SAFER TOGETHER.

Strong conversations today build safe families tomorrow.



AWARENESS
NOT ARROGANCE.



CONFIDENCE
NOT COMPLACENCY.



PREPARED
NOT PARANOID.

1 TALK ABOUT STRANGERS



- ✓ Not every stranger is safe.
- ✓ Teach kids to trust their intuition.
- ✓ Tell a trusted adult if something makes them feel uncomfortable.

2 CREATE A FAMILY CODE WORD



- ✓ Use a code word for "come to me now" or "I need help."
- ✓ Practice it regularly.
- ✓ Make it easy to remember but hard for others to guess.

3 SAFETY RULES



- ✓ Stay close in parking lots and busy places.
- ✓ Always ask before going anywhere.
- ✓ Know safe adults and safe places.

4 WHAT TO DO IF...



- ✓ Someone tries to grab them.
- ✓ They feel unsafe.
- ✓ They get separated.
- ✓ They see something suspicious.

SAMPLE SAFETY CONVERSATIONS

IF A STRANGER APPROACHES:

"Not everyone is who they say they are. If someone you don't know tries to talk to you or touch you, get away and tell a trusted adult."

IF THEY GET SEPARATED:

"Stay calm. Stay put."
If you get separated, stay where you are and find a safe adult.

IF THEY SEE SOMETHING SUSPICIOUS:

"See something, say something."
If you see something that doesn't feel right, tell a trusted adult right away.

IF THEY FEEL UNSAFE:

"It's never rude to keep yourself safe."
If something or someone makes you feel uncomfortable, leave and get help.

IF SOMEONE TRIES TO GRAB THEM:

"Yell, run, and get away!"
Use a loud voice: "No! Back away!"
Then run to a safe place and tell a trusted adult.

TRUST YOUR INSTINCTS:

"Your feelings are there to protect you."
If something feels wrong, listen to your gut.



FAMILY SAFETY CHECKLIST

- ✓ We have a family code word.
- ✓ We know our trusted adults.
- ✓ We practice our safety plan.
- ✓ We know our safe places.
- ✓ We have an emergency plan.
- ✓ We talk about safety often.



IMPORTANT CONTACTS

Parent/Guardian 1: _____
Phone: _____

Parent/Guardian 2: _____
Phone: _____

Trusted Adult 1: _____
Phone: _____

Trusted Adult 2: _____
Phone: _____

Emergency (911): _____

Poison Control: _____

Non-Emergency Police: _____



SAFE PLACES WE CAN GO

- 📍 **NEAR HOME:**
 - _____
 - _____
- 📍 **NEAR SCHOOL:**
 - _____
 - _____
- 📍 **NEAR WORK:**
 - _____
 - _____
- 📍 **OUT OF TOWN / TRAVEL:**
 - _____
 - _____

RATE YOUR FAMILY SAFETY PLAN

Circle where you are today.

GREEN - WE'RE PREPARED



We have plans, we practice, we communicate, and we stay aware together.

YELLOW - WE'RE GETTING THERE



We have some plans but need to practice more and stay consistent.

ORANGE - WE NEED IMPROVEMENT



We haven't created a plan yet or don't talk about it enough.

RED - WE'RE AT RISK



We don't have a plan and we aren't talking about safety.



AWARE TODAY.
PROTECTED TOMORROW.

Stronger together. Safer together.

BE AWARE. BE PREPARED. BE UNSTOPPABLE.

