



The Hawaii Dental Hygienists' Association
34th Annual Scientific Session

Sunday November 9, 2025

Japanese Cultural Center 2454 S. Beretania St. Honolulu HI 96826

Event Schedule

7:00 am	Check-in & Continental Breakfast, Silent auction, Student Table Clinics 1 CE
8:00 am	Lancette VanGuilder, BS, RDH, PHEDH, CEAS, FADHA "Dental Detectives: Screening children for sleep apnea during routine dental appointments" 2 CEU [10 min Break]
10:00 am	Lancette VanGuilder, BS, RDH, PHEDH, CEAS, FADHA "Going Viral: The role of viruses in oral disease" 2 CEU [10 min Break]
12:00 pm	Lunch, HDHA Annual Business Meeting, Election of new HDHA Board of Trustees , Vendor Exhibits and Silent Auction
1:00 pm	Lancette VanGuilder, BS, RDH, PHEDH, CEAS, FADHA Defying Decay: A Dynamic Approach to Dental Wellness 1 CEU [2:00 pm Snack]
2:00 pm	Jessica Chang, RDH, BA "Ethics Course" 2 CEU
4:00 pm	Linda Austin, RDH, BS "Community Health" 1 CEU
5:00 pm	Member and Student Award Presentations and Installation of 2024 HDHA Officers Close of Session/Announcements
6:00 pm	Post Annual Session Board of Trustees Meeting All members are welcome, come and network with your newly elected board of trustees

About the Speakers

Lancette VanGuilder, BS, RDH, PHEDH, CEAS, FADHA

As an internationally recognized keynote speaker, author, educator, and thought leader, Lancette has made significant contributions to the field through her work as a clinician, airway ambassador, and public health advocate.

Lancette is the Clinical Director for Sierra Sleep, Airway and Wellness Center in Reno, Nevada. She is also the podcast host for Beyond Breathing, a podcast that features educational and inspirational solutions for all who are seeking improved health and wellness through optimal breathing, sleep and oral health. Her podcast and speaking engagements have had a significant global impact, reaching nearly 30 countries around the world. Lancette offers multiple opportunities for medical and dental providers to work together through lunch and learns, educational symposiums, webinars, podcasts/blogs, speaking/writing, and coaching on interprofessional practice.

Lancette's passion for increasing access to care, disease prevention, and fostering medical-dental collaboration has earned her numerous awards and recognition in the dental community. She is currently the President-Elect of the American Dental Hygienists' Association, where she continues to lead initiatives that advance healthcare through dentistry and promote overall health and wellness.

Contact info:

E-mail: lancettevg@gmail.com

Jessica Chang, RDH, BA

Jessica Chang has been practicing dental hygiene since 2015, and currently leads a tiny but mighty Network Management team of two at HMSA Dental. Together they oversee the HMSA Dental provider network of 900+ dentists across the state, and participate in many local dental events. She has a professional passion for preventive oral health, continuing education, straightforward communications, and community care. Outside of work, you'll find her and her husband engaged in family activities such as camping, hula, piano and swim with their six and nine year old daughters.

Contact info:

E-mail: Jessica.Chang@usablelife.com

Linda Austin, RDH, BS

Contact info:

E-mail: linda.austin@doh.hawaii.gov

For the Silent Auction, we will accept cash, check, or square payment.

To donate items for our Silent Auction Fundraiser, please contact Gerraine Hignite at gerrainehignite@gmail.com

Mahalo to our Sponsors:

*** HMSA Dental * Medidenta * Crest * Colgate * Ultradent * Kettenbach *
Paradise Dental Technologies * Dexis *
The Stim Clinic**

REGISTRATION FOR THE HDHA 34TH ANNUAL SCIENTIFIC SESSION

Sunday November 9, 2025

Name _____

Employer Name _____

Address _____ Cell Phone _____

City _____ State _____ Zip _____ ADHA# _____

Email _____

Please print clearly. Continental Breakfast, Lunch and Afternoon Snacks Provided. Self-Parking: \$8 with validation.

**Disclaimer: Please opt out if you would not like registration information shared with speakers and vendors.

_____ Do not share my information

REGISTRATION FEES & DEADLINES	HDHA MEMBER FEES	NON-MEMBER/DENTIST FEES
Pay <u>Before</u> October 9	\$225 (*Square add \$7)	\$450 (*Square add \$10)
Pay <u>After</u> October 9	\$275 (*Square add \$7)	\$490 (*Square add \$10)
HDHA Student/BOT Members	\$130 (*Square add \$5)	N/A

AMOUNT ENCLOSED: \$ _____

*QR Code/Square payment available for an additional fee (seen above):

<https://square.link/u/KFvdXwX2>

**Check payment is no additional charge



Make checks payable to: **Hawaii Dental Hygienists' Association.**

Mail completed registration form and check to:

Hawaii Dental Hygienists' Association

P.O. Box 23313 Honolulu, HI 96823

If paying via Square, please mail a registration form with Square payment date noted on form.

*For day-of registration, please bring in a hard copy of this form or fill out once you arrive and pay via check or Square.



Approved provider through December 31, 2024

Absolutely No Refunds or changes after November 3, 2025

*ADHA/HDHA MEMBERSHIP FEE IS \$322 (add \$10 if you are a member of the Maui or West Hawaii Component.) Current members save money on the registration fee. Become a member first and take advantage of member pricing throughout the year. Membership questions? Please contact Anne Hvizdak at hvizdak11@gmail.com.