



Reinvigorate Your Patient Education with iTOP: Individually Trained Oral Prophylaxis

iTOP: Individually Trained Oral Prophylaxis is an innovative, systematic approach to mastering optimal biofilm management and improving patients' oral health. iTOP is more than just a theoretical framework; it's a practical, hands-on journey into the art of exceptional oral hygiene and patient education. This method is highly effective in promoting positive behaviors and lifelong healthy habits.

The unique iTOP approach, also known as Touch to Teach (T2T), focuses on collaborative learning, equipping participants with the tools to coach their patients to achieve optimal oral health based on individual patient needs. This educational strategy ensures comprehensive skill development, empowering you, as a dental professional, to implement advanced biofilm control strategies and innovative oral hygiene practices. iTOP has become a pillar of oral health maintenance, implemented in dental practices worldwide.

In this one-day introductory course, participants will reignite their passion for oral hygiene education and gain valuable insights into new tools and techniques for improving their patients' oral and overall health. Whether you're a seasoned practitioner or a recent graduate, the iTOP Introductory Seminar offers a unique opportunity to expand your knowledge, refine your skills, and make a lasting impact on the well-being of your patients.

KEY INFORMATION: In-Person Live Event

WHEN: Monday November 10th 9am-3:30pm (lunch included)

TUITION: \$99

INCLUDES: Hydrosonic, Toothpaste, Toothbrushes & Interdental brushes (\$300+ value)

CREDITS: 6 CE Credits

LIMIT: 20 attendees

WHERE: Henry Schein Office 1150 S King St Suite 102, Honolulu, HI 96814

REGISTRATION LINK: <https://prof.curaden.com/us/lead/itop-registration>

REGISTRATION DEADLINE: October 20th

Upon completion of this course, participants will be able to:

- Discuss the science behind biofilm formation and how to effectively manage it to prevent oral diseases, ensuring patients receive the highest standard of care.
- Describe evidence-based solutions for biofilm-related oral diseases, including individually tailored mechanical biofilm control strategies.
- Implement advanced oral hygiene techniques that prioritize patient comfort, motivation, and effectiveness, enhancing the quality of care and fostering stronger patient relationships.
- Empower themselves with superior oral hygiene techniques and educational strategies that can be confidently shared with patients, ultimately improving both patient outcomes and patient-provider satisfaction.

PRESENTERS:



Lancette VanGuilder, BS, RDH, PHEDH, CEAS, FADHA is an internationally recognized keynote speaker, podcast host, writer, lobbyist, clinician, and thought leader, known for her expertise in medical-dental integration and public health advocacy. Her passion for increasing access to care, preventing airway-related diseases, and fostering medical-dental collaboration has earned her widespread recognition and numerous awards within the healthcare community. Through her entrepreneurial ventures, she empowers dental hygienists to grow by embracing new opportunities in healthcare. As the President of the American Dental Hygienists' Association, Lancette continues to lead initiatives that expand professional autonomy and impact. She is a certified instructor with Curaden Academy.



Sarah Jackson, RDH, MS, FADHA is the Head of Education and Professional Relations for Curaden, USA. Over the past 25+ years, she has held various roles within the dental team, including dental assistant, front office staff, and dental hygienist. Sarah spent 20 years at Eastern Washington University, where she ultimately served as a tenured full professor and program director and is now a Professor Emeritus. Sarah is a researcher, published author, international speaker and active leader in the association. As a health and wellness advocate, she co-founded the Abundant Life Wellness Hub to help others live abundant, healthy lives. Sarah strives to inspire positive change among oral healthcare providers worldwide. As a certified instructor with Curaden Academy, Sarah is dedicated to advancing the mission of iTOP (Individually Trained Oral Prophylaxis). She aims to empower dental professionals to elevate their roles as health coaches, deliver exceptional oral hygiene education, and make a meaningful impact on patients' oral and overall health.

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All speakers report no conflict of interest.
Their Honorariums are provided by Curaden USA.

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