

Outdoor

PRACTICE & TOURNAMENT



checklist

Stay hydrated and cool in the AZ heat

Along with all of your archery equipment, consider bringing the following to make shooting in the Arizona heat more comfortable.

- Sunscreen
- Sunglasses
- Hat
- Cooling towels
- Spray bottle / Personal Fan
- Chairs
- Umbrella / Shade canopy
- Wagon
- Sun protection / UV blocking clothing
- First aid kit
- Bug spray
- Water
- Extra water
- More water
- Sports drinks / Electrolyte drinks
- Snacks / Fresh fruit
- Hand Sanitizer
- Wipes / Paper towels / Kleenex
- Garbage bag
- Battery pack for cell phone
- Entertainment for yourself (book, etc.)