



ELTHAM STINGRAYS SWIMMING CLUB

www.elthamstingrays.com



HAPPY NEW YEAR!!! LOOKING FORWARD TO A GREAT 2020!!

1st Gala a Tough Test

Tudor League 11th Jan

So the first gala of the season saw us heading over to Beckenham Spa to compete in the 1st round of the Tudor League. With this league being the hardest that we are competing in, we were fully expecting a fight and a challenge in this gala. With very high level of standards, our swimmers did great and competed superbly in this challenging competition.

With a no fewer than 34 personal best's achieved by the squad this shows that competing in this competition will only go to improve and develop our swimmers for the less challenging galas.

Well done too the following who all achieved Personal Best's which was superb.

***Holly B with **4 PB's** Amazing ***

*****Hayden S, Jay C & Fraya C x **3 PB's*******

Sam F, Milly B, Jake D, Aaliyah S, Fauzan S, Liberty V & Gabie x **2 PB's**

Beth B, Antonio V, Emelia B, Den R, Gen C

Moi G & Jayden H **all achieving a PB.**

All a big well done and to all that took part this was a great achievement in a high standard gala

2nd Place – Great Team Effort

Millennium League 18th Jan

So the first round of the Millennium league kicked off at Eltham Leisure Centre on Saturday evening, with a great full squad and amazing support. WOW did our Swimmers bring it to life on their first gala for this league coming a phenomenal 2nd place.

The atmosphere and team morale was absolutely superb and the swimmers were hyped up to show the Millennium league that the Stingrays mean business this year ☺. With some great debutants swimming their first galas who did terrific.

Led by our Club Captain **Courtney** and the Swim Team Captains, **Antonio, Martyna & Tommy** they really gave the team a lift and a great 1st round in this competition. Following last weeks 34 PB's we had another **45 PB's** this week. Well done to all the Swimmers this evening, PB's from.....

Amy G, Fraya C with **4 PB's each**

Hayden S, Betul K, Santino & Moi with **3 PB's each**
Jayden H, Dunming, Milly, Isabella K, Chloe K All with **2 PB's each**

We also had Gabie, Mitchell, Martyna, Tommy, Terry, Henry, Chris M, Den, Daniel, Jessica & Jude **all achieving a PB.**

This was a superb evening with a lot of pride for the Stingrays. This was possible by having a full and great squad and it shows what we can do when we can put out a full squad. Thank you to all!!!!

Wishing All Those A Happy Birthday In January

A Special Stingrays Happy Birthday To

Sam F, Chris S, Steven S, Noah P, Matuesz S, Antonio V, Holly B, Mitchell M, Jacob J, Fauzan S



** Happy Birthday to any other swimmers too celebrating this month!

New Stingrays Kit Launch

Stingrays New Kit will launch on January 22nd and you will have a 3 week window to place your order. We will be sending out the link and site shortly. Any questions please ask.

For any enquiries please email
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