



The Love Assessment

1 Corinthians 13:4-7

Assess your love with this scale:

5 = Always true of me

4 = Frequently true of me

3 = Occasionally true of me

2 = Rarely true of me

1 = Never true of me.

Love is Patient, Love is Kind

I am patient and not hurried.

I am kind and display acts of kindness.

It Does Not Envy, It Does Not Boast, It Is Not Proud

I am content with what I have and celebrate the achievements of others.

I do not boast and act arrogant or condescending. I do not act prideful.

It Does Not Dishonor Others, It is Not Self-seeking

I honor others even in disagreement and refrain from gossip.

I am not self-seeking and willing to serve others without recognition.

It is Not Easily Angered, It Keeps No Record of Wrongs

I am not easily angered.

I am a person who forgives and does not hold onto offense.

Love Does Not Delight in Evil but Rejoices with the Truth

I am mindful of what I allow in my heart, mind, and soul.

I rejoice in the truth of God's word and live a life that seeks His truth.

It Always Protects, Always Trusts, Always Hopes, Always Perseveres

I protect others who cannot protect themselves.

I trust in God and extend trust to others.

I am a hopeful person. I am a person who perseveres.

Add your total: _____