

ALLERGEN ADVISORY – July 2022

We understand and are concerned that some folks may be allergic to the ingredients we use or the products we sell. The information below is specific to our shop only, as ice cream shops will have proprietary recipes and their physical production and sales environment will vary. If you have any serious allergy concerns, we prefer you opt out, rather than making what could be an unfortunate choice. We would rather neither of us run the risk of an illness.

We use ingredients that do contain other notable allergens being **color, dairy, nuts, eggs, wheat, gluten, and soy** throughout our facility. **Therefore, we cannot guarantee that products not intended to have an ingredient, do not have traces of unintended ingredients.** If you have any questions or have allergy concerns, please let us know before you order.

DAIRY – ALL OUR ICE CREAM, SHERBET AND SOFT SERVE PRODUCTS CONTAIN DAIRY. Do you have an allergy, or do you have a lactose issue? There is a difference. Dairy protein allergies are especially serious and most often are caused by exposure to natural milk protein such as casein or whey. Lactose is natural milk sugar. As we age, though for some age is not a factor, we have trouble digesting lactose, thus the bloating and gaseousness. We carry a selection of Non-Dairy Alternatives, such as Non Dairy, Sorbet and Italian Ices which are not intended to have dairy, but which may have other specific or unintended ingredient allergens.

Nuts of course are likely the most well-known allergen. We take specific steps to isolate nuts by asking questions, using separate scoops, storing tubs in different freezers and will open a new tub, if we have it, to minimize unintended contact.

ICE CREAM FLAVORS WITH NUTS – including peanuts, walnuts, wet walnuts, almonds, pecans, coconut.

Almonds	Coconut	Peanut	Pecans	Walnuts
Almond Joy	Almond Joy	Choc Peanut Butter	Butter Pecan	Chocolate Walnut
Banana Almond Chip	Coconut	Butterfinger	Toasted Peach	Rocky Road
Biscotti		Moose Tracks		
Coffee Heath		Peanut Butter		Other Nuts
Heath		Peanut Butter & Jelly		Cashew Turtle
Heavenly Hash		Trail Mix		Pistachio

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