

Allergen Awareness

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EGGS – Eggs contain lecithin which is used as an emulsifier. Our base ice creams are NOT made with eggs, but eggs are ingredients in the baked goods found in such flavors as:

| | | | |
|--------------------------------|-----------------------------|---------------|---------------------|
| Apple Pie | Brownie Delight | Key Lime Pie | Kooky Monstah |
| S'Mores | Whoopie Pie | | |
| Products: Blueberry Pie | Brownies Cookies | Crepes | Whoopie Pies |
| Marshmallow topping | | | |

WHEAT

GLUTEN, which is generally found in wheat, rye, barley, or its by-products.

SOY Lecithin is often used as emulsifier in these products and others. Therefore, assume if a product has wheat, rye, or barley, it has gluten and will probably also have soy. These flavors include each or all three allergens:

| | | | |
|--------------------------------|-----------------------------|---------------|-----------------------------------------------------------|
| Beer Breathe | Cookie Butter | Honey Graham | Salted Pretzel |
| Biscotti | Cookie Dough | Key Lime Pie | S'more's |
| Blueberry Cheesecake | Cookies and Cream | Lemon Ginger | Strawberry Cheesecake |
| Brownie Delight | Coffee Heath | Mint Cookie | Tiramisu |
| Cake Batter | Grape Nut | Mud Flats | Whoopie Pie |
| Coffee Oreo | Heath | | |
| Products: Blueberry Pie | Brownies Cookies | Crepes | Whoopie Pies Plain, Sugar and Waffle Cones |

SOY – Assume that in addition to those flavors having wheat, rye, or barley, many of our flavors will have soy. Soy is used as an emulsifier and will appear often on a label as an ingredient called **Soy Lecithin**, which basically helps the fat molecules to stay small and the fat and water to play nice together. *(Even in dry goods!)* This is what eggs do. It is the lecithin in the egg that enhances creaminess by working with the fat and water.

Many candies have soy, when in the ice cream or as a topping. **Soy is so common an ingredient that if you have a concern, it is best to inquire specifically when ordering.**