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EGGS – Eggs contain lecithin which is used as an emulsifier. Our base ice creams are NOT made with eggs, but eggs are or could likely be ingredients in *marshmallow* topping along with the baked goods.

These Flavors do or are likely to contain eggs:	These Products do or are likely to contain eggs:
Apple Pie	Apple Pie
Brownie Delight	Blueberry Pie
Chocolate Marshmallow	Brownies
Heavenly Hash	Cookies
Key Lime Pie	Marshmallows
Kooky Monstah	Marshmallow topping
Rocky Road	Whoopie Pies
S'mores	
Whoopie Pie	

WHEAT

GLUTEN (which is generally found in wheat, rye, barley, or its by-products) Therefore, assume if a product has wheat, rye, or barley is has gluten.

These Flavors do or are likely to contain wheat and or gluten:		These Products do or are likely to contain wheat and or gluten:
Apple Pie	Honey Graham	
Beer Breathe Biscotti	Key Lime Pie	Apple Pie
Blueberry Cheesecake	Kooky Monstah	Blueberry Pie
Brownie Delight	Lemon Ginger	Brownies
Cake Batter Coffee Heath	Mint Cookie	Cinnamon Rolls
Coffee Oreo	Mud Flats	Cones (Plain, Sugar and Waffle)
Cookie Butter	S'more's	Cookies
Cookie Dough	Salted Pretzel	Crepes
Cookies and Cream	Strawberry Cheesecake	Whoopie Pies
Grape Nut	Tiramisu	
Heath	Whoopie Pie	

SOY LECITHIN is often used as emulsifier in many baked goods and or candy products. Therefore, assume baked goods containing wheat, rye, or barley and candy products have soy lecithin.

SOY – Assume that in addition to those flavors having wheat, rye, or barley, many of our flavors may have soy. Soy is used as an emulsifier and will appear often on a label as Soy or an ingredient called Soy Lecithin, which basically helps the fat molecules to stay small and the fat and water to work together. (Even in dry goods!) This acts similarly to the lecithin in eggs which enhances creaminess by working on the relationship between fat and water. Many candies have soy, whether in ice cream or as a topping. Soy is so common an ingredient that if you have a concern, it is best to inquire specifically when ordering.