



ALLERGY AWARENESS BY ALLERGEN – 1 of 4 Pages

We understand and are concerned that some folks may be allergic to the ingredients we use or the products we sell. The information below is specific to our shop only, as ice cream shops will have proprietary recipes and their physical production and sales environment will vary.

We use ingredients that do contain notable allergens, such as dairy, nuts, eggs, wheat, gluten, soy, and some food color throughout our facility. None of our products are known to contain sesame or sesame oil.

We take steps to avoid allergen exposure by asking questions, washing scoops on demand, and opening a new tub, if we have one. In the case of nuts, we have a separate topping area, we also store tubs in different freezers and use specific scoops to minimize unintended contact. Despite our efforts, none of the prevention steps we take will guarantee that nuts, nut by-products, or any allergen is not unintentionally present. Our ingredient vendors provide similar warnings about their facilities. If you have any questions or have allergy concerns, please let us know before you order. We prefer that you opt out, rather than making what could be an unfortunate choice. Neither of us should run the risk of illness or injury.

DAIRY - ALL OUR ICE CREAM, SHERBET AND SOFT SERVE PRODUCTS CONTAIN DAIRY

Do you have an allergy, or do you have a lactose issue? There is a difference. Dairy protein allergies are serious and most often are caused by exposure to natural milk protein such as casein or whey. Lactose is natural milk sugar. As we age, though for some age is not a factor, we have an intolerance or trouble digesting lactose, thus bloating and gaseousness. We carry a selection of Non-Dairy Alternatives. These include Sorbet, Italian ices and Soy-based desserts which are not intended to have dairy, but which may have other specific or unintended ingredient allergens.

Dairy is also in these Candies, Toppings and Baked Goods:

Andes Mints®	Butterscotch	Caramel	Chocolate Chips
Chocolate Chip Cookies	Enrobing Chocolate –	Dipped Waffle Cones	Hot Fudge
M&Ms®	Reese’s Pieces®	Reese’s Peanut Butter Cups®	Whipped Cream

Cookies, Brownies, Whoopie Filling

NUTS of course are likely the most well-known allergen. (Peanuts, Cashews, Almonds, Pecans, Walnuts, Coconuts, Pistachios, Hazelnuts)

<p>These Flavors do or are likely to have Nuts:</p> <p>Banana Almond Chip - almonds</p> <p>Butter Pecan - pecans</p> <p>Cashew Turtle - cashews</p> <p>Chocolate Peanut Butter - peanuts</p> <p>Chocolate Walnut - walnuts</p> <p>Coconut - coconuts</p> <p>Coconut Almond Fudge – coconuts and oil, almonds</p> <p>Coffee Heath® - almonds</p> <p>Fudge Ripple - coconut oil</p> <p>Heath® - almonds</p> <p>Maple Walnut - walnuts</p> <p>Moose Tracks - peanuts and coconut oil</p> <p>Nutella – hazelnuts</p> <p>Peanut Butter - peanuts</p>	<p>Pistachio - pistachios</p> <p>Raspberry Fudge Chip - coconut oil</p> <p>Salted Pretzel Caramel - coconut oil</p> <p>Non-Dairy Lemon and Raspberry – coconut oil</p> <p>Dipped Waffle Cones - chocolate, rainbow sprinkle, chocolate sprinkle and Oreo® - Enrobing Chocolate coconut oil</p> <p>These Candy and Toppings do or are likely to have Nuts:</p> <p>Heath Bar®</p> <p>Peanut Butter Topping</p> <p>Reese’s Pieces®</p> <p>Reese’s Peanut Butter Cups®</p>
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EGGS - Eggs contain lecithin which is used as an emulsifier. Our base ice creams are NOT made with eggs, but eggs are or could likely be ingredients in marshmallow topping along with the baked goods.

<p>These Flavors do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Apple Pie Blueberry Cheesecake Brownie Delight Kookie Monstah S'mores Strawberry Cheesecake Tiramisu Whoopie Pie 	<p>These Products do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Brioche Rolls Brownies Cookies Pie if egg washed Whoopie Pies and Filling <p>These Toppings do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Brownie Bits Cookie Pieces Marshmallow topping Whoopie Pies
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WHEAT / GLUTEN (which is generally found in wheat, rye, barley, or its by-products) Therefore, assume if a product has wheat, rye, or barley it has gluten.

<p>These Flavors do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Apple Pie Blueberry Cheesecake Brownie Delight Cake Batter Cinnamon Toast Coffee Heath® Coffee Oreo® Cookie Butter Cookie Dough Cookies and Cream 	<ul style="list-style-type: none"> Grapenut® Honey Graham Kookie Monstah Lemon Ginger Mud Flats S'more's Salted Pretzel Strawberry Cheesecake Tiramisu Whoopie Pie 	<p>These Products do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Blueberry Pie Brioche Rolls Brownies Cones (Plain, Sugar and Waffle) Cookies Whoopie Pies <p>These Toppings do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Brownie Bits Cookie Pieces Cookie Dough Pieces Malt (gluten) Oreo's® <p>Chocolate Dip Cones and Pretzels (Enrobing Chocolate)</p>
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SOY - Assume that in addition to those flavors having wheat, rye, or barley, many other flavors may have Soy. Soy is used as an emulsifier and will appear often on a label as soy or an ingredient called Soy Lecithin, which basically helps the fat molecules to stay small and the fat and water to work together. (Even in dry goods!) This acts similarly to the lecithin in eggs which enhances creaminess and mixing while working on the relationship between fat and water. **Many candies have Soy, whether in ice cream or as a topping.**

SOY LECITHIN - is often used as emulsifier in many baked goods and or candy products. Therefore, assume baked goods containing wheat, rye, or barley and candy products have soy lecithin.

<p>These Flavors do or are likely to contain Soy or Soy Lecithin:</p>	<p>Honey Graham Kookie Monstah Lemon Ginger M&M® Mint Chip Mocha Chip Moose Tracks Mud Flats Non-Dairy Chocolate Fudge Non-Dairy Peach Mango Nutella® Peanut Butter Pumpkin Chip Raspberry Fudge Chip S'more's Salted Pretzel Strawberry Cheesecake Tiramisu Whoopie Pie</p>	<p>These Products do or are likely to contain Soy or Soy Lecithin:</p>
<p>Apple Pie Banana Almond Chip Black Raspberry FY Chip Blueberry Cheesecake Brownie Delight Cake Batter Cashew Turtle Chocolate Cherry Chocolate Chip Chocolate Peanut Butter Cinnamon Toast Coconut Almond Fudge Coffee Heath® Coffee Oreo® Cookie Butter Cookie Dough Cookies and Cream Espresso Chip Fudge Ripple Heath®</p>	<p>Blueberry Pie Brioche Rolls Brownies Cones (Plain, Sugar and Waffle) Cookies Whoopie Pies & Filling Chocolate Dip Cones and Pretzels (Enrobing Chocolate)</p>	<p>These Toppings do or are likely to contain Soy or Soy Lecithin:</p>
		<p>Andes Mints® Brownie Bits Chocolate Chips Cookie Dough Cookie Pieces Heath Bar M&Ms® Oreo's® Reese's Pieces® Reese's Peanut Butter Cups® Sprinkles</p>



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FOOD COLOR - Although most of our base ice cream does NOT contain food color additives, if it does, we try to use natural food colors whenever we can. Our blue is spirulina, our red and green are also both plant based. However, once we begin adding other inclusions those ingredients may in fact have food color. *If you have any sensitivity to food color, please let us know when ordering.*

<p>These Flavors do or are likely to contain added food color:</p> <ul style="list-style-type: none"> Black Raspberry Black Raspberry FY Chip Blueberry Cheesecake Blue Raspberry Ice – only plant base Cake Batter Cherry Vanilla Chocolate Cherry Cinnamon Toast Cotton Candy - both color and plant base Kookie Monstah - both color and plant base Lucky Charms® M&M® Maine Blueberry Mango Ginger Mint Chip - both color and plant base Orange Pineapple Orange Sherbet Pistachio - only plant base Raspberry Fudge Chip Raspberry Sorbet Soft Serve Chocolate 	<ul style="list-style-type: none"> Soft Serve Blueberry Strawberry Strawberry Cheesecake Tutti Frutti Watermelon Ice – only plant base White Peppermint Whoopie Pie <p>These Products do or are likely to contain food color:</p> <ul style="list-style-type: none"> Whoopie Pies Cotton Candy Rainbow Sprinkle Waffle Cones <p>These Toppings do or are likely to contain food color:</p> <ul style="list-style-type: none"> Andes Mints® Cotton Candy Cotton Candy Crunch Gummi Bears Gummi Worms M&Ms® Maraschino Cherries Reese’s Pieces® Reese’s Peanut Butter Cups® Rainbow Sprinkles
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