



ALLERGY AWARENESS BY ALLERGEN – 4 Pages

We understand and are concerned that some folks may be allergic to the ingredients we use or the products we sell. The information below is specific to our shop only, as ice cream shops will have proprietary recipes and their physical production and sales environment will vary.

We use ingredients that do contain notable allergens, such as dairy, nuts, eggs, wheat, gluten, soy, and some food color throughout our facility. None of our products are known to contain sesame or sesame oil.

We take steps to avoid allergen exposure by asking questions, washing scoops on demand, and opening a new tub, if we have one. In the case of nuts, we have a separate topping area, we also store tubs in different freezers and use specific scoops to minimize unintended contact. Despite our efforts, none of the prevention steps we take will guarantee that nuts, nut by-products, or any allergen is not unintentionally present. Our ingredient vendors provide similar warnings about their facilities. If you have any questions or have allergy concerns, please let us know before you order. We prefer that you opt out, rather than making what could be an unfortunate choice. Neither of us should run the risk of illness or injury.

DAIRY - ALL OUR ICE CREAM, SHERBET AND SOFT SERVE PRODUCTS CONTAIN DAIRY

Do you have an allergy, or do you have a lactose issue? There is a difference. Dairy protein allergies are serious and most often are caused by exposure to natural milk protein such as casein or whey. Lactose is natural milk sugar. As we age, though for some age is not a factor, we have an intolerance or trouble digesting lactose, thus bloating and gaseousness. We carry a selection of Non-Dairy Alternatives. These include Sorbet, Italian ices and Soy-based desserts which are not intended to have dairy, but which may have other specific or unintended ingredient allergens.

Dairy is also in these Toppings:

Andes Mints®	Chocolate Chips	Chocolate Chip Cookie
Heath Bar®	Hot Fudge	M&Ms®
Reese's Pieces®	Reese's Peanut Butter Cups®	Whipped Cream

NUTS of course are likely the most well-known allergen. (Peanuts, Cashews, Almonds, Pecans, Walnuts, Coconuts, Pistachios, Hazelnuts)

<p>These Flavors do or are likely to have Nuts:</p> <p>Banana Almond Chip - almonds</p> <p>Butter Pecan - pecans</p> <p>Cashew Turtle - cashews</p> <p>Chocolate Peanut Butter - peanuts</p> <p>Chocolate Walnut - walnuts</p> <p>Coconut - coconuts</p> <p>Coconut Almond Fudge – coconuts and oil, almonds</p> <p>Coffee Heath® - almonds</p> <p>Fudge Ripple - coconut oil</p> <p>Heath® - almonds</p>	<p>Maple Walnut - walnuts</p> <p>Moose Tracks - peanuts and coconut oil</p> <p>Nutella - hazelnuts</p> <p>Peanut Butter - peanuts</p> <p>Pistachio - pistachios</p> <p>Raspberry Fudge Chip - coconut oil</p> <p>Salted Pretzel Caramel - coconut oil</p> <p>These Candy and Toppings do or are likely to have Nuts:</p> <p>Heath Bar®</p> <p>Reese's Pieces®</p> <p>Reese's Peanut Butter Cups®</p>
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EGGS - Eggs contain lecithin which is used as an emulsifier. Our base ice creams are NOT made with eggs, but eggs are or could likely be ingredients in marshmallow topping along with the baked goods.

<p>These Flavors do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Apple Pie Blueberry Cheesecake Brownie Delight Kookie Monstah S'mores Strawberry Cheesecake Tiramisu Whoopie Pie 	<p>These Products do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Blueberry Pie Brioche Rolls Brownies Cookies <p>These Toppings do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Brownie Bits Cookie Pieces Marshmallow topping Whoopie Pies
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WHEAT / GLUTEN (which is generally found in wheat, rye, barley, or its by-products) **Therefore,** assume if a product has wheat, rye, or barley it has gluten.

<p>These Flavors do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Apple Pie Blueberry Cheesecake Brownie Delight Cake Batter Cinnamon Toast Coffee Heath® Coffee Oreo® Cookie Butter Cookie Dough Cookies and Cream 	<ul style="list-style-type: none"> Grapenut® Honey Graham Kookie Monstah Lemon Ginger Mud Flats S'more's Salted Pretzel Strawberry Cheesecake Tiramisu Whoopie Pie 	<p>These Products do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Blueberry Pie Brioche Rolls Brownies and Brownie Bits Cones (Plain, Sugar and Waffle) Cookies <p>These Toppings do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Cookie Pieces Cookie Dough Pieces Malt (gluten) Oreo's® Whoopie Pies
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SOY - Assume that in addition to those flavors having wheat, rye, or barley, many other flavors may have Soy. Soy is used as an emulsifier and will appear often on a label as soy or an ingredient called Soy Lecithin, which basically helps the fat molecules to stay small and the fat and water to work together. (Even in dry goods!) This acts similarly to the lecithin in eggs which enhances creaminess and mixing while working on the relationship between fat and water. Many candies have Soy, whether in ice cream or as a topping.

SOY LECITHIN - is often used as emulsifier in many baked goods and or candy products. Therefore, assume baked goods containing wheat, rye, or barley and candy products have soy lecithin.

<p>These Flavors do or are likely to contain Soy or Soy Lecithin:</p> <p>Apple Pie Banana Almond Chip Black Raspberry FY Chip Blueberry Cheesecake Brownie Delight Cake Batter Cashew Turtle Chocolate Cherry Chocolate Chip Cinnamon Toast Coconut Almond Fudge Coffee Heath® Coffee Oreo® Cookie Butter Cookie Dough Cookies and Cream Espresso Chip Fudge Ripple Heath®</p>	<p>Honey Graham Kookie Monstah Lemon Ginger M&M® Mint Chip Mocha Chip Moose Tracks Mud Flats Non-Dairy Chocolate Fudge Non-Dairy Peach Mango Nutella® Pumpkin Chip Raspberry Fudge Chip S'more's Salted Pretzel Strawberry Cheesecake Tiramisu Whoopie Pie</p>	<p>These Products do or are likely to contain Soy or Soy Lecithin:</p> <p>Blueberry Pie Brioche Rolls Brownies Cones (Plain, Sugar and Waffle) Cookies Whoopie Pies</p> <p>These Toppings do or are likely to contain Soy or Soy Lecithin:</p> <p>Andes Mints® Brownie Bits Chocolate Chips Cookie Dough Cookie Pieces Heath Bar M&Ms® Oreo's® Reese's Pieces® Reese's Peanut Butter Cups® Sprinkles</p>
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FOOD COLOR - Although most of our base ice cream does NOT contain food color additives, if it does, we try to use natural food colors whenever we can. Our blue is spirulina, our red and green are also both plant based. However, once we begin adding other inclusions those ingredients may in fact have food color. **If you have any sensitivity to food color, please let us know when ordering.**

<p>These Flavors do or are likely to contain added food color:</p> <ul style="list-style-type: none">Black RaspberryBlack Raspberry FY ChipBlueberry CheesecakeBlue Raspberry Ice – only plant baseCake BatterCherry VanillaChocolate CherryCinnamon ToastCotton Candy - both color and plant baseKookie Monstah - both color and plant baseLucky Charms®M&M®Maine BlueberryMango GingerMint Chip - both color and plant baseOrange SherbetPistachio - only plant baseRaspberry Fudge ChipRaspberry SorbetSoft Serve Chocolate	<ul style="list-style-type: none">Soft Serve BlueberryStrawberryStrawberry CheesecakeTutti FruttiWatermelon Ice – only plant baseWhite PeppermintWhoopie Pie <p>These Products do or are likely to contain food color:</p> <ul style="list-style-type: none">Whoopie Pies <p>These Toppings do or are likely to contain food color:</p> <ul style="list-style-type: none">Andes Mints®Cotton CandyCotton Candy CrunchGummi BearsGummi WormsM&Ms®Maraschino CherriesReese's Pieces®Reese's Peanut Butter Cups®Sprinkles
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