



ALLERGY AWARENESS BY ALLERGEN – 1 of 4 Pages

We understand and are concerned that some customers may be allergic to the ingredients we use or the products we sell. The information below is specific to our shop only, as ice cream shops will have proprietary recipes, and their production and sales environment will vary.

We use ingredients that **do** contain notable allergens, such as dairy, nuts, eggs, wheat, gluten, soy, and some synthetic food color throughout our facility. None of our products are known to contain sesame or sesame oil.

We take steps to avoid allergen exposure by asking questions, washing scoops on demand, and opening a new tub, if we have one. In the case of nuts, we have a separate topping area, we also store tubs in different freezers and use specific scoops to minimize unintended contact. Despite our efforts, none of the preventative steps we take will guarantee that nuts, nut-by-products, or any allergen is not unintentionally present. Our ingredient vendors provide similar warnings about their facilities. If you have any questions or have allergy concerns, please let us know before you order. We prefer that you opt out, rather than making what could be an unfortunate choice. Neither of us should run the risk of illness or injury.

DAIRY - ALL OUR ICE CREAM, SHERBET AND SOFT SERVE PRODUCTS CONTAIN DAIRY

Do you have an allergy, or do you have a lactose issue? There is a difference. Dairy protein allergies are serious and most often are caused by exposure to natural milk protein such as casein or whey. Lactose is natural milk sugar. As we age, though for some age is not a factor, we have an intolerance or trouble digesting lactose, thus bloating and gaseousness. We carry a selection of Non-Dairy Alternatives. These include Sorbet, Italian ices and Soy-based desserts which are not intended to have dairy, but which may have other specific or unintended ingredient allergens.

Dairy is also in these Candies, Toppings and Baked Goods:

Andes Mints®	Butterscotch	Caramel	Chocolate Chips
Chocolate Chip Cookies	Enrobing Chocolate – Dipped Waffle Cones		Hot Fudge
M&Ms®	Reese's Pieces®	Reese's Peanut Butter Cups®	Whipped Cream
Cookies, Brownies, Whoopie Filling			

NUTS of course are likely the most well-known allergen. (Peanuts, Cashews, Almonds, Pecans, Walnuts, Coconuts, Pistachios, Hazelnuts)

<p>These Flavors do or are likely to have Nuts:</p> <p>Banana Almond Chip - almonds</p> <p>Butter Pecan - pecans</p> <p>Cashew Turtle - cashews</p> <p>Chocolate Peanut Butter - peanuts</p> <p>Chocolate Walnut - walnuts</p> <p>Coconut - coconuts</p> <p>Coconut Almond Fudge – coconuts and oil, almonds</p> <p>Coffee Heath® - almonds</p> <p>Fudge Ripple - coconut oil</p> <p>Heath® - almonds</p> <p>Ice Cream Pie – coconut oil in topping</p> <p>Maple Walnut - walnuts</p> <p>Moose Tracks - peanuts and coconut oil</p> <p>Non-Dairy Lemon – coconut oil</p> <p>Non-Dairy Raspberry – coconut oil</p> <p>Nutella – hazelnuts</p>	<p>Peanut Butter - peanuts</p> <p>Pistachio - pistachios</p> <p>Raspberry Fudge Chip - coconut oil</p> <p>Salted Pretzel Caramel - coconut oil</p> <p><u>Dipped Waffle Cones</u> - chocolate, rainbow sprinkle, chocolate sprinkle and Oreo® - Enrobing Chocolate coconut oil</p> <p>These Candy and Toppings do or are likely to have Nuts:</p> <p>Heath Bar®</p> <p>Peanut Butter Topping</p> <p>Reese's Pieces®</p> <p>Reese's Peanut Butter Cups®</p>
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EGGS - Eggs contain lecithin which is used as an emulsifier. Our base ice creams are NOT made with eggs, but eggs are or could likely be ingredients in [marshmallow topping](#) and [baked goods](#).

<p>These Flavors do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Apple Pie Blueberry 3.14 Blueberry Cheesecake Brownie Delight Chocolate Marshmallow Kookie Monstah Lemon Gingersnap S'mores Strawberry Cheesecake Tiramisu Whoopie Pie 	<p>These Products do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Brownies Cookies Blueberry Pie Whoopie Pies and Filling <p>These Toppings do or are likely to contain Eggs:</p> <ul style="list-style-type: none"> Brownie Bits Cookie Pieces Marshmallow topping Whoopie Pies
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WHEAT / GLUTEN (which is generally found in wheat, rye, barley, or its by-products) Therefore, assume if a product has wheat, rye, or barley it has gluten.

<p>These Flavors do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Apple Pie Blueberry 3.14 Blueberry Cheesecake Brownie Delight Cake Batter Cinnamon Toast Coffee Oreo® Cookie Butter Cookie Dough (Choc Chip) Cookies and Cream GrapeNut® Honey Graham Kookie Monstah Lemon Gingersnap Mud Flats S'more's Salted Pretzel Strawberry Cheesecake Tiramisu Whoopie Pie 	<p>These Products do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Blueberry Pie Brownies Cones (Plain, Sugar and Waffle) Cookies Ice Cream Pie Whoopie Pies <p>These Toppings do or are likely to contain Wheat and or Gluten:</p> <ul style="list-style-type: none"> Brownie Bits Cookie Pieces Cookie Dough Pieces Malt (gluten) Oreo's® Chocolate Dip Cones and Pretzels (Enrobing Chocolate)
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SOY - Assume that in addition to those flavors having wheat, rye, or barley, many other flavors may also have Soy. Soy is used as an emulsifier and will appear often on a label as soy or an ingredient called Soy Lecithin, which basically helps the fat molecules to stay small and the fat and water to work together. (Even in dry goods!) This acts similarly to the lecithin in eggs which enhances creaminess and mixing while working on the relationship between fat and water. Many candies have Soy, whether in the ice cream or as a topping.

SOY LECITHIN - is often used as an emulsifier in many baked goods and or candy products. Therefore, assume baked goods containing wheat, rye, or barley and candy products have soy lecithin.

These Flavors do or are likely to contain Soy or Soy Lecithin:		These Products do or are likely to contain Soy or Soy Lecithin:
Apple Pie	Honey Graham	Blueberry Pie
Blueberry 3.14	Kookie Monstah	Brownies
Banana Almond Chip	Lemon Gingersnap	Cones (Plain, Sugar and Waffle)
Black Raspberry FY Chip	M&M®	Cookies
Blueberry Cheesecake	Mint Chip	Ice Cream Pie
Brownie Delight	Mocha Chip	Whoopie Pies & Filling
Cake Batter	Moose Tracks	
Cashew Turtle	Mud Flats	Chocolate Dip Cones and Pretzels (Enrobing Chocolate)
Chocolate Cherry	Non-Dairy Chocolate Fudge	
Chocolate Chip	Non-Dairy Peach Mango	
Chocolate Peanut Butter	Nutella®	These Toppings do or are likely to contain Soy or Soy Lecithin:
Cinnamon Toast	Peanut Butter	Andes Mints®
Coconut Almond Fudge	Pumpkin Chip	Brownie Bits
Coffee Heath®	Raspberry Fudge Chip	Chocolate Chips
Coffee Oreo®	S'more's	Cookie Dough
Cookie Butter	Salted Pretzel	Cookie Pieces
Cookie Dough (Choc Chip)	Strawberry Cheesecake	Heath Bar
Cookies and Cream	Tiramisu	M&Ms®
Espresso Chip	Whoopie Pie	Oreo's®
Fudge Ripple		Reese's Pieces®
Heath®		Reese's Peanut Butter Cups®
		Sprinkles



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FOOD COLOR - Most of our base ice cream do NOT contain synthetic food color additives. If needed in our base, we may use natural plant-based color. Our blue is spirulina, our purple, red and green are also natural plant based. However, once we begin adding inclusions, those ingredients may in fact have synthetic food color. **If you have any sensitivity to added food color, please let us know when ordering.**

<p>These flavors do or are likely to contain artificial food color:</p> <ul style="list-style-type: none"> Black Raspberry Black Raspberry FY Chip Cake Batter Cherry Vanilla Chocolate Cherry Cinnamon Toast Cotton Candy - both synthetic and plant based Kookie Monstah - both synthetic and plant based Lemon Lime Ice Lucky Charms® M&M® Mint Chip - both synthetic and plant base Orange Pineapple Orange Sherbet Raspberry Fudge Chip Soft Serve Chocolate 	<ul style="list-style-type: none"> Soft Serve Blueberry Tutti Frutti Watermelon Ice White Peppermint Whoopie Pie <p>These Products do or are likely to contain artificial food color:</p> <ul style="list-style-type: none"> Whoopie Pies Cotton Candy Rainbow Sprinkle Waffle Cones <p>These Toppings do or are likely to contain artificial food color:</p> <ul style="list-style-type: none"> Andes Mints® Cotton Candy Cotton Candy Crunch Gummi Bears Gummi Worms M&Ms® Maraschino Cherries Reese's Pieces® Reese's Peanut Butter Cups® Rainbow Sprinkles
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