



## ALLERGY AWARENESS BY ALLERGEN – 4 of 5 Pages

**SOY** - Assume that in addition to those flavors having wheat, rye, or barley, many other flavors may also have Soy. Soy is used as an emulsifier and will appear often on a label as soy or an ingredient called Soy Lecithin, which basically helps the fat molecules to stay small and the fat and water to work together. (Even in dry goods!) This acts similarly to the lecithin in eggs which enhances creaminess and mixing while working on the relationship between fat and water. **Many candies have Soy, whether in the ice cream or as a topping.**

**SOY LECITHIN** - is often used as an emulsifier in many baked goods and/or candy products. Therefore, assume baked goods containing wheat, rye, or barley and candy products have soy lecithin.

<p><b>These Flavors do or are likely to contain Soy or Soy Lecithin:</b></p>	<p>Honey Graham Kookie Monstah Lemon Gingersnap M&amp;M® Mint Chip Mocha Chip Moose Tracks Mud Flats Non-Dairy Chocolate Fudge Non-Dairy Peach Mango Nutella® Peanut Butter Pumpkin Chip Raspberry Fudge Chip S'more's Salted Pretzel Strawberry Cheesecake Tiramisu Whoopie Pie</p>	<p><b>These Products do or are likely to contain Soy or Soy Lecithin:</b></p>
<p>Apple Pie Blueberry 3.14 Banana Almond Chip Black Raspberry FY Chip Blueberry Cheesecake Brownie Delight Cake Batter Cashew Turtle Chocolate Cherry Chocolate Chip Chocolate Peanut Butter Cinnamon Toast Coconut Almond Fudge Coffee Heath® Coffee Oreo® Cookie Butter Cookie Dough (Choc Chip) Cookies and Cream Espresso Chip Fudge Ripple Heath®</p>	<p>Blueberry Pie Brownies Cones (Plain, Sugar and Waffle) Cookies Ice Cream Pie Whoopie Pies &amp; Filling  Chocolate Dip Cones and Pretzels (Enrobing Chocolate)</p>	<p><b>These Toppings do or are likely to contain Soy or Soy Lecithin:</b></p>
		<p>Andes Mints® Brownie Bits Cheesecake Pieces Chocolate Chips Cookie Dough Cookie Pieces Heath Bar Hot Fudge M&amp;Ms® Oreo's® Reese's Pieces® Reese's Peanut Butter Cups® Sprinkles</p>