



# Flavor and Allergen Guide 2026

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Flavor	Description	Dairy		Nuts	Eggs	Wheat	Gluten	Soy	Artificial Food Color
<b>Honey Graham</b>	Honey flavor with graham cracker pieces and graham swirl	Dairy				Wheat	Gluten	Soy	
<b>Kookie Monstah</b>	Vanilla flavor with chocolate chip cookies	Dairy			Eggs	Wheat	Gluten	Soy	
<b>Lemon Gingersnap</b>	Lemon flavor with gingersnap cookie pieces	Dairy			Eggs	Wheat	Gluten	Soy	
<b>Lucky Charms®</b>	Lucky Charm® flavor with Lucky Charm® cereal pieces	Dairy			Eggs				Yes, cereal
<b>M&amp;M®</b>	Vanilla flavor with crushed M&M® pieces	Dairy						Soy	Yes, candy
<b>Maine Blueberry</b>	Blueberry flavor and filling with Maine blueberries	Dairy							
<b>Mango Ginger</b>	Mango and Ginger Mango extract	Dairy							
<b>Maple Bacon</b>	Maple flavor with real maple syrup and bacon pieces	Dairy							
<b>Maple Walnut</b>	Maple flavor with real maple syrup and walnut pieces	Dairy		Walnuts					
<b>Milk Chocolate</b>	Sweeter chocolate flavor and lighter in color	Dairy							
<b>Mint Chip</b>	Peppermint flavor with Andes Mints® and chocolate chips	Dairy						Soy	Yes and Natural Plant
<b>Mocha Chip</b>	Coffee/Chocolate flavor with chocolate chips	Dairy						Soy	
<b>Moose Tracks</b>	Vanilla flavor with peanut butter cups, peanut butter and chocolate swirls	Dairy		Peanuts Coconut Oil				Soy	
<b>Mud Flats</b>	Lighter chocolate flavor with chopped Oreo® cookies, broken waffle cones, Nestle Crunch® and caramel swirl	Dairy				Wheat	Gluten	Soy	
<b>Nutella®</b>	Nutella® flavor	Dairy		Hazelnuts				Soy	