



SOCIAL DISTANCING PROCEDURES FOR CLASSES



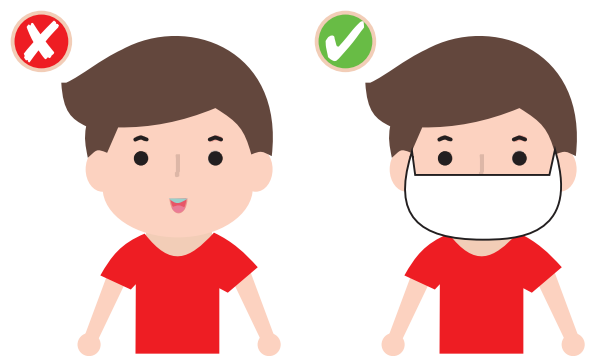
www.atlantaplayball.com

SOCIAL DISTANCING PROCEDURES EXPLAINED

In order to prevent the potential spread of the virus when **PLAYBALL** classes return, and to ensure the safety of both staff and children, **PLAYBALL** will be implementing a number of measures. For example, no equipment whatsoever will be shared during a **PLAYBALL** class.

These are broken down into 4 categories, namely:

- Parent Stipulations (Pre-Class)
- Class Set-up
- Class Structure (Social Distancing)
- End of Class



1 Parent Stipulations (Pre-Class)

All parents will be emailed prior to classes beginning with the following stipulations:

- Children, or children of parents who are displaying any symptoms of coronavirus (COVID-19) are not permitted to join part of a **PLAYBALL** class for a three-week period

These include:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a headache or dizziness** – this is in addition to guidelines set out by the health care department
- Parents will not be permitted to gather before, during or after the class
- All children must wash their hands for 20 seconds (or use hand sanitiser) before joining a **PLAYBALL** class, as well as directly after finishing
- There will be a minimum 15 minute gap between two consecutive classes. This is to allow parents and children from the first class to leave before the new group begin arriving
- Parents are only permitted to bring children 5 minutes before their class begins
- All children must be wearing a face mask in order to take part in a **PLAYBALL** class
- Every child's temperature will be taken prior to class

2 Class Set-up

Prior to class beginning, all Coaches will have the following procedures and equipment in place:

- Coaches will take their own temperature daily in the morning and submit it to their franchise owner. If this is raised above normal, the Coach will not be allowed to run any classes
- All equipment will be sterilised using a two-step process directly after class
 - **First:** All equipment will be wiped using cleaning spray
 - **Second:** All equipment will be sterilised using disinfectant wipes or disinfectant spray
- Coaches will be wearing a cloth face mask (as recommended by US Centers for Disease Control) during class
- Each child will have their own individual equipment in their designated area (see section 3) prior to class beginning
- Coaches will have a bottle of hand sanitiser to be used by children in the rare case that equipment is unintentionally handled by more than one child. For example if a ball rolls off and another child picks it up by accident, this ball will also be removed from the class
- Coaches will have a non-contact infrared thermometer. This will be used to check every child's temperature prior to class beginning. All children with a temperature above normal will not be permitted to take part in the class

3 Class Structure (Social Distancing)

PLAYBALL will be implementing 3 different class structures to ensure that children are at least 2m apart at all times, and that no equipment is shared

In all structures, Students will begin all skills in their own designated quadrants with their own equipment. If they need to leave their quadrant, only two children who are spaced far apart will be able to do this at any one time

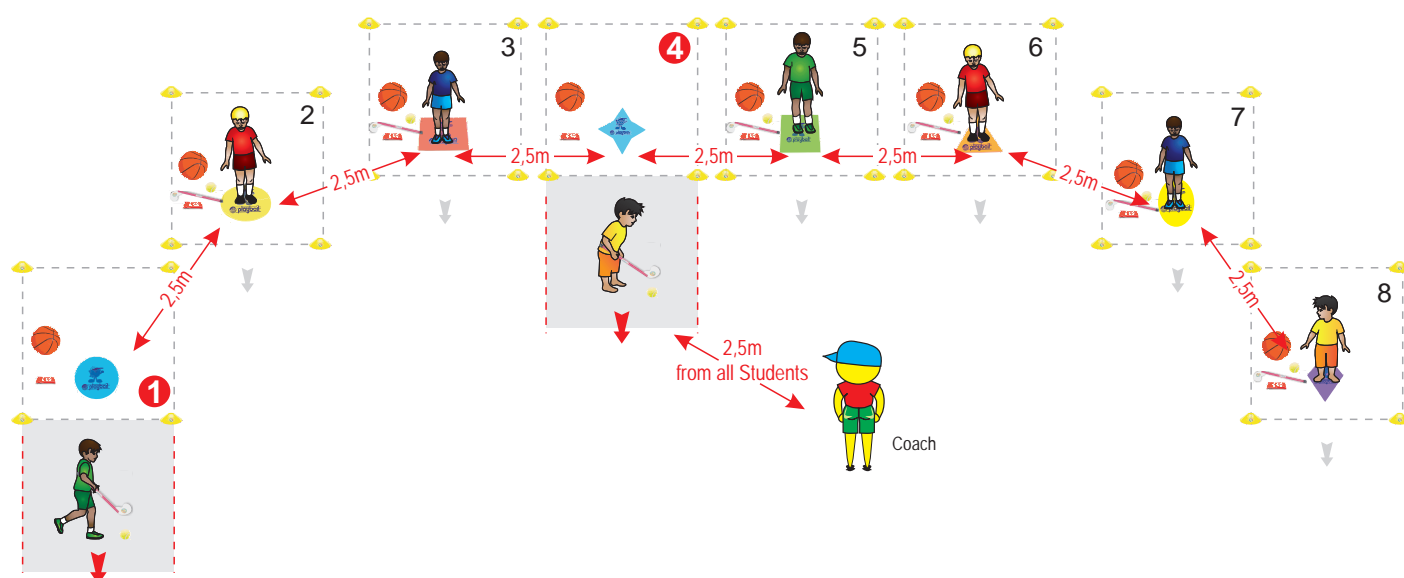
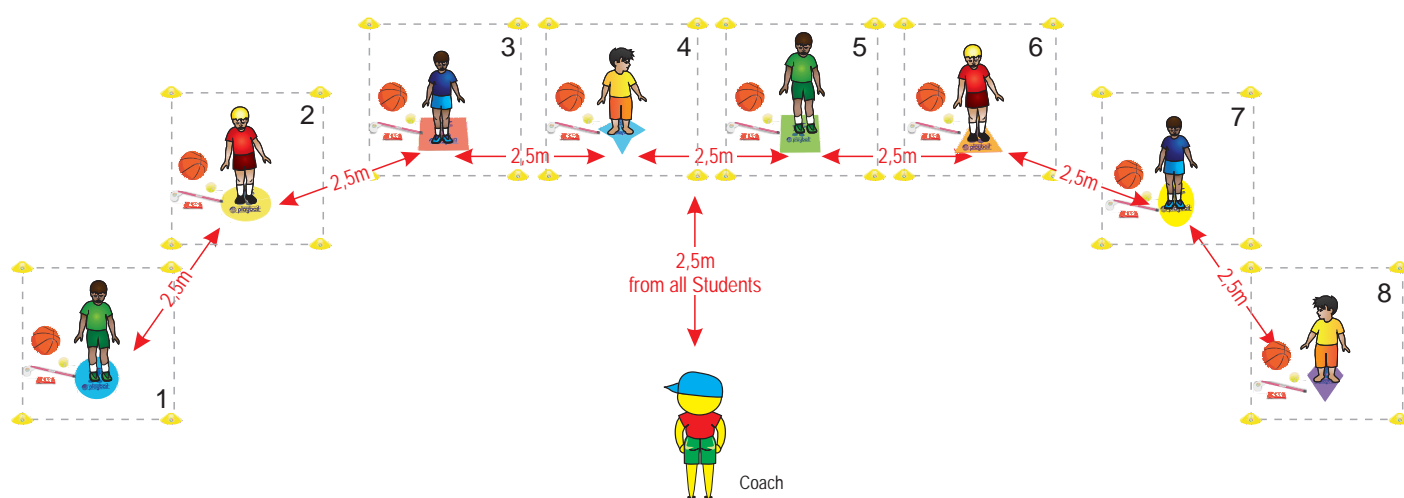
PLAYBALL will be using the following class structures depending on the space allowed:



Option A

- In Option A Students will all be facing forward in their different segments
- If Students need to leave their quadrants to perform a skill they will do so intermittently

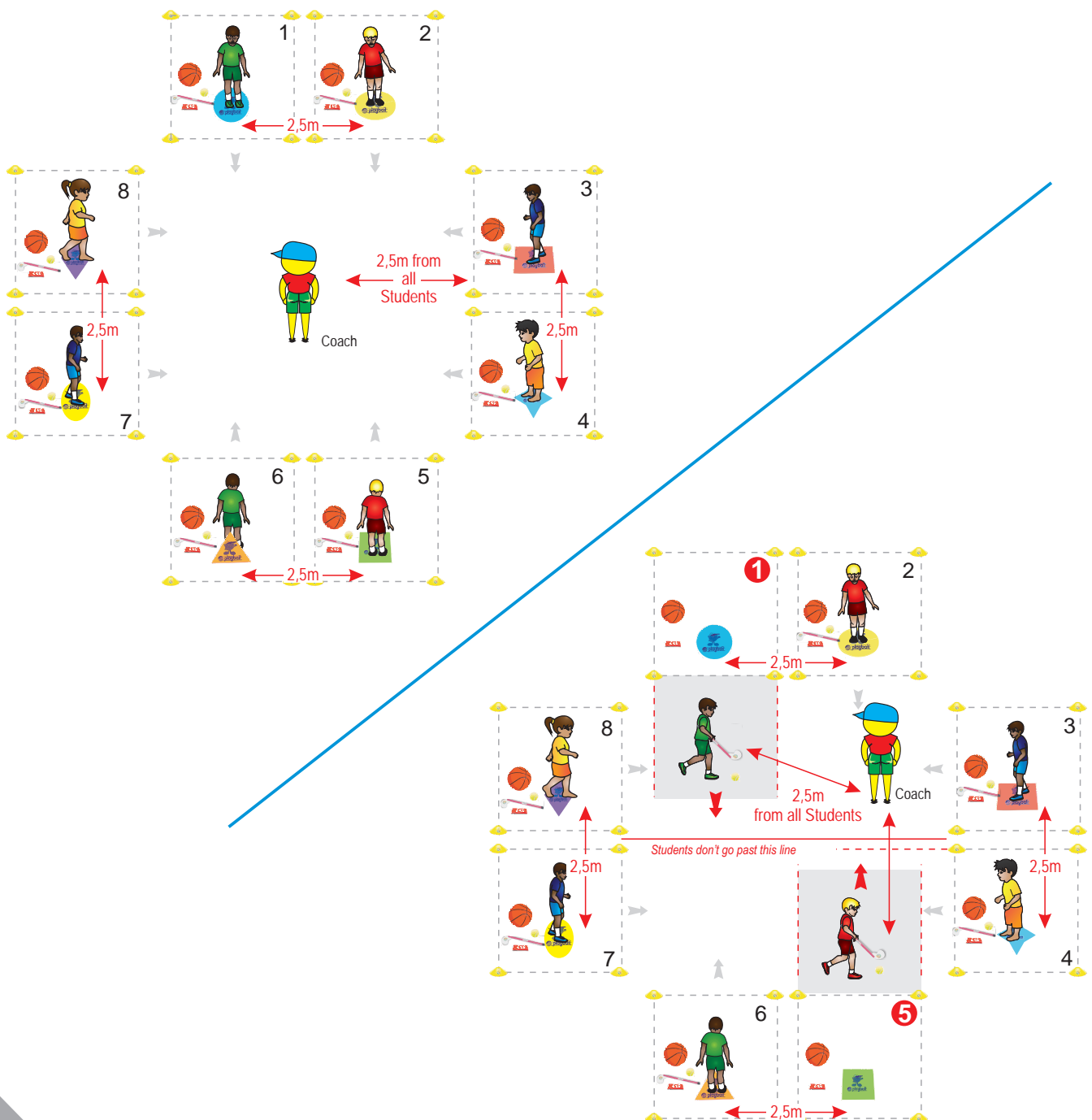
Example: In the case of a hockey dribble, only Students 1 and 4 will perform the skill while the other Students wait, then Students 2 and 6 will perform the skill while the others wait, and so on



Option B

- In Option B Students will be placed in different segments around the Coach
- If Students need to leave their quadrants to perform a skill they will do so intermittently and only from opposite ends

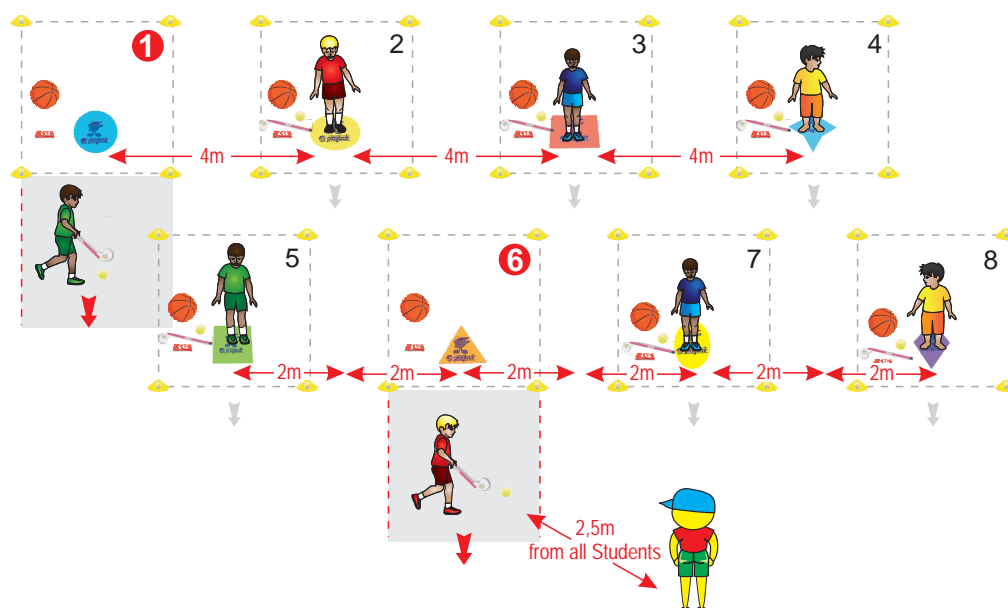
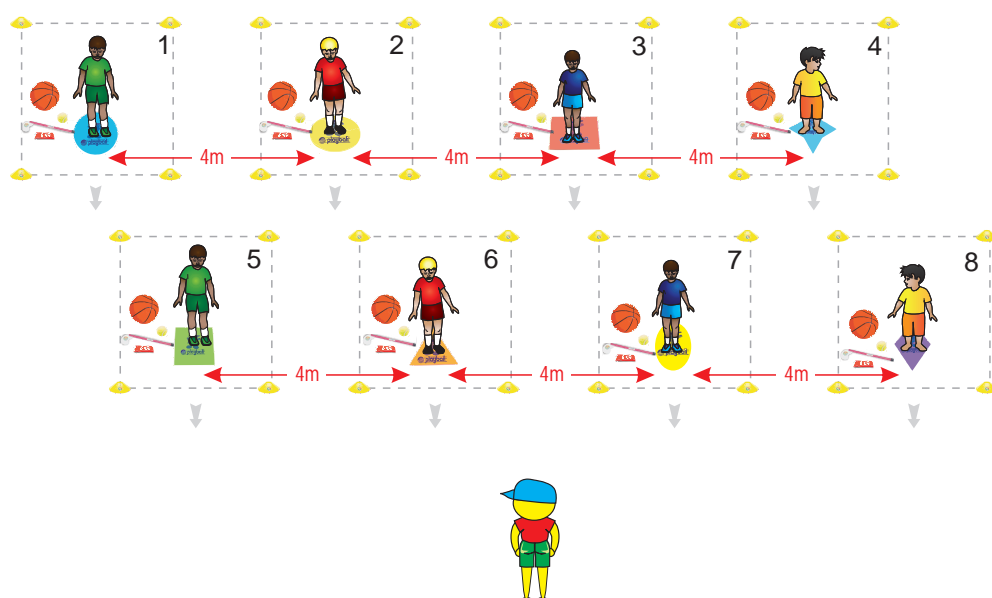
Example: In the case of a hockey dribble, only Students 1 and 5 will perform the skill while the other Students wait, then Students 4 and 8 will perform the skill while the others wait, and so on



Option C

- In Option C Students will be placed in staggered segments facing forward
- If Students need to leave their quadrants to perform a skill they will do so intermittently and only from different levels

Example: In the case of a hockey dribble, only Students 1 and 6 will perform the skill while the other Students wait, then Students 2 and 7 will perform the skill while the others wait, and so on



4 End of Class

- The **PLAYBALL** song will be done with Students standing in their individual sections
- No stamps or stickers will be given at the end of a **PLAYBALL** class
- Students will be told to leave one by one to give time for each parent or teacher to take the child from the **PLAYBALL** class without breaching social distancing guidelines
- Parents will also be asked to stand more than 2.5m apart while waiting for their children
- For classes done at school - younger children will be asked to hold a piece of string marked at 2.5m intervals with tape and then taken to class. A new string will be used for each class

