



Third Qtr 2025



Sandringham Quarterly Quorum

Municipal Elections October 2, 2025

Nominations of candidates will be held from **September 8—11** from 9:00 am to 4:00 pm. Qualified candidates must be:

- ☑ a qualified voter in the municipality in which the person is seeking nomination;
- ☑ not in arrears of taxes or other charges payable to the municipality;
- ☑ ordinarily a resident in the municipality, or in an area that on election day is part of the municipality, for at least 30 days before the commencement of the nomination period, and; pay a non-refundable \$10.00 nomination fee.

Voting stations will be set up on October 2, 2025 at the Sandringham Community Centre from 8:00 am—8:00 pm.

DID YOU KNOW?

An eligible voter is entitled to four consecutive hours off from employment to vote while the polls are open on election day?

Sewer System Stage 3

Council has been working on the sewer upgrades. Our engineering company has completed the drawings and is now with the Government of Newfoundland for approvals. We hope to get started on the new system in spring 2026.

Municipal Taxes

Please note that 2024 taxes are now overdue. All unpaid taxes are accruing interest. To avoid further charges or risk having your water shut-off, please pay outstanding taxes immediately. Etransfers can be sent to townofsandringham@yahoo.ca

MEDICURO
Physician
Appointments
Now Available

MEDICURO—Newfoundland based virtual healthcare provider

Medicuro, a Newfoundland-based virtual healthcare provider is available to offer virtual healthcare appointments to residents across the province — including in rural and remote areas — with our primary services at **no cost to anyone with a valid MCP card**. The goal is to make it easier for people to access timely medical care without needing to travel or wait for a clinic appointment especially in areas with little or no access to health care. .

Here's what Medicuro provides:

- Often same-day or next-day appointments available
- Virtual appointments with licensed NL and Labrador physicians
- FREE care for all MCP-insured residents
- Help with prescriptions, referrals, mental health concerns, lab results, and more
- Convenient same-day or next-day appointments available.

🕒 Timely Virtual Appointments

🔄 Fast turnaround **for refills**

📅 7 Days a week **covered by MCP**

➔ **BOOK WITH US TODAY**
[Medicuro.ca/book-now/](https://www.medicuro.ca/book-now/)



Medicuro is independently owned and operated in Canada. While we are not a government entity, our primary services are covered by MCP and delivered in partnership with local physicians. More details can be found at www.medicuro.ca.



Voyent Alert! is a multi-purpose communication service and alerting app that is designed to support the Town of Sandringham. By signing up for alerts you get the most accurate, up-to-date, news that may impact your daily lives. Should an evacuation be issued, you will know the second the information is released. If you need assistance signing up, call your Town Clerk

Mobile App Registration:

Download and install the Voyent Alert! app from the [Apple App Store](#) or [Google Play Store](#).

- Open the app and follow the on-screen instructions.
- Enter the address for which you want to receive alerts or select "use my location".
- Confirm your location on the map and select your region.
- Agree to the terms of use and privacy policy.
- Allow the app to send you notifications. A test notification will be sent to complete the registration.

On-Line Registration:

Navigate to register [voyent-alert.com](#) and select "Get Alerts"

- Select the desired method of receiving alerts: text (SMS), email, or voice call
- Provide the required information, such as your phone number or email address, depending on your chosen method.
- Follow the instructions to confirm registration, which may involve entering a code sent to your provided contact information.
- After registration, you can manage your account, update contact information, and choose specific notifications types or topics.

Got a million dollar picture of Sandringham you would love to share? How about a recipe that everyone raves about? The Town is looking for fabulous photos to upload to our website and recipes to share in the next newsletter.

Email: townofsandringham@yahoo.ca or drop in to Town Hall and we can take a copy!

Moose Stir-Fry

Compliments of Newfoundland and Labrador Website

- 1 lb Moose meat, sliced in strips
- 1 tbsp Oil (canola or olive)
- 2 tbsp low sodium soya sauce
- 2 tbsp brown sugar
- 1 tbsp cornstarch
- 3/4 cup water, divided
- 1/4 tsp garlic powder
- 1/4 tsp ground ginger
- 1/4 cup canned pineapple, tidbits or crushed
- 1 cup onion, chopped
- 1 cup peppers, any color, sliced into strips
- 2 cups broccoli, fresh or frozen



Directions:

In a large bowl, combine soya sauce, brown sugar, 1 tsp of the oil, cornstarch, ¼ cup of the water, garlic powder, ground ginger, canned pineapple and chopped onion.

Stir in the moose meat slices, cover, and marinate in refrigerator for several hours.

In a wok or non-stick pan, heat the remaining 2 tsp oil, add the meat mixture and stir-fry for 5 minutes or until meat is cooked. Remove meat from pan. Add peppers and broccoli and stir-fry for 2-3 minutes.

Return meat to pan. Add the ½ cup water, cover, and cook until vegetables are tender-crisp. Serve with brown rice. *For variety, try using other vegetables such as celery, carrots, cabbage or mushrooms.*

DAMNABLE TRAIL FESTIVAL



September 19-21

The Damnable Trail Festival has something to offer just about everyone – from a leisurely stroll along the boardwalk with wheelchair accessibility, to the 22 km Coastal Ridge Challenge that follows a dramatic coastline and takes visitors through scenic communities like Sandy Cove, Salvage, and Happy Adventure. Anyone, visitor or resident, has an opportunity to experience the great outdoors in this area!



CHUFF BIGHT ACTIVITIES

August 24, 2025
Church Service

September 20, 2025
Farmers' Market

GARBAGE PICK UP

This is a reminder that garbage MUST be out before 8:00 am on Saturday.

RECYCLING

The Town of Sandringham provides 2 locations for recycling cans and bottles. All proceeds go towards any future recreation programs. These bins are located at Town Hall and the Town Warehouse.



TOWN OFFICE—HOURS OF OPERATION

Monday, Tuesday & Thursday: 9:00—4:00
Wednesday: 10:00—6:00
Friday: Closed

