OV 21 A MILLION

s Weekly

December 22nd 2024

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Q: Why did the bread go to the doctor? A: It was feeling crumby!



TIDBITS EATS BREAD

Of N.W. Colorado

Before the first loaf of bread could be baked, humans had to master sowing, reaping, threshing, winnowing, milling, and baking. This all began about 10,000 years ago, when humans first began growing crops and domesticating animals. Come along with Tidbits as we eat bread!

THE HISTORY OF BREAD

When agriculture was in its infancy, millet and barley were the first grains commonly grown. The first unleavened breads were cooked on flat rocks that straddled a campfire underneath. Grain was milled by placing it on a concave rock and grinding it with an oblong stone. An industrious human could produce about four pounds of flour per hour this way.

Barley is inferior for making bread because it's hard to separate the grain from the husk. It was not until the 11th century that wheat overtook barley as the most popular grain for bread. White bread made of refined wheat was easier to chew and nicer to look at, making it more expensive. People with bad teeth preferred it. Barley bread and rye bread were for paupers. White bread was a status symbol.

In the year 1155, bakers in London formed guilds and split themselves into bakers of white bread and bakers of brown and bakers of brown bread. (read more on page 2)





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leene Gi



nwcotidbits.com New page under onstruction!Watch for update on the NWCOTidbits Marketplace page on the website! Great Stuff!



Around 100 B.C., an ancient Roman engineer named Vitruvius designed the first vertical waterwheel, powered by a stream, which turned a horizontal millstone. This design remained unchanged for the next two thousand years. By 800 A.D., there were around 6,000 water-powered mills throughout England. The River Lee, which empties into the Thames, had over 50 of them. In areas that were flat, or that had few rivers, windmills became popular. This includes eastern England as well as the Netherlands. Windmills were used not only for grinding grain but also crushing seeds to extract their oil, and for drawing water. By the year 1300 there were about 4,000 windmills in England. Mills could also be turned by horsepower. When James Watt invented the steam engine, the term "horsepower" was coined to denote how many horses were made redundant by the use of a single engine. The 142 steam-powered mills built in England between 1779 and 1821 made over 10,000 windmills and a whole lot of horses obsolete.

Wheat became a more prominent crop as the population of the U.S. began to move west with the homestead era. Between 1860 away, contained the most vitamins. Whole meal flour, which is and 1900, about 400 million acres of cultivated agricultural land was added to the U.S. Consider that the entire area of England is just under 60 million acres.

Illinois was the top wheat-producing state between 1859 and 1879. Then Montana took over, but North Dakota claimed the title in 1909 and has held it ever since. Kansas is in 2nd place, Montana is in 3rd place. Illinois, which now grows more corn and soybeans than wheat, is in 10th place.

The advent of the railroad made it easy to ship crops crosscountry, while newly invented steam ships hauled wheat from the U.S. to England, returning to the U.S. with loads of immigrant passengers. Until the 1870s, bread was baked in ovens heated by coal, wood, or peat. Loaves were shoved in with long paddles. Then Jacob Perkins invented steam heat for the home. A man named Loftus Perkins modified that and invented the steam-heated oven in 1865. In 1866, A.J. Weighost designed the draw-plate oven so that the entire metal bottom of the oven slid out, allowing access to dozens of loaves at a time. The tube draw-plate oven could be used on an individual scale or an industrial scale. They were built onto horse-drawn wagons to feed troops. Every ship in the Russian fleet had one. The next great advancement came in 1878 when Henry Simon installed the world's first roller mill in England. This method used gigantic revolving cylinders to crush the wheat, which left the germ intact. His first model turned out three sacks of flour per hour, a vast improvement over stone mills. Within 20 years, Simon's biggest machines were turning out 100 sacks per

hour. In 1901 in Manchester, England, the first fully automated bakery opened. Wheat went in one end, moved through a system of conveyor belts in an assembly line, and bread came out the other end. A similar factory style bakery built in 1907 in Quebec, Canada, turned out 3,300 loaves its very first day, and doubled production every year for the next seven years. By now these massive automated bakeries were powered by gas. Electricity wasn't commonly used until the 1920s.

Next there were experiments with improving the seed stock and creating new, improved wheat hybrids.

In this way, Mexico's wheat harvest was six times greater in 1963 than it had been in 1944. India's wheat production doubled, making it one of the biggest wheat producers in the world. In Britain, yields rose from 2.27 tons per 100 acres in 1935, to 7.71 tons per 100 acres in 1984.

Bread slicing became the norm in 1923, with the invention of automated slicers where numerous blades cut in opposite directions to avoid squashing the loaf. In 1923, bread wrappers were added, generally made out of waxed paper which was heat sealed.

By 1930, about 80% of bread sold in the U.S. was sliced and wrapped. Today, about two-thirds of bread is sold sliced and virtually 100% is sold wrapped.

By now bread was whiter, cheaper, and unadulterated. However, when Sylvester Graham (now remembered for the Graham cracker) began advocating whole-grain products, brown bread came into fashion and white bread began to fall out of favor. The discovery of vitamins in the early 1900s was instrumental in changing public opinion regarding the value of whole-grain brown bread. Studies revealed that the wheat germ, which was the part of the grain that was being polished off and thrown rich in fiber, iron, protein, fatty acids, and vitamins, came into favor.

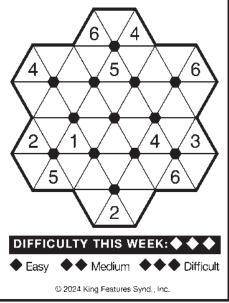
Between 2000 and 2004, sales of premium crusty specialty whole-grain brown breads increased by 46% while sales of white bread declined.

The invention of the home bread machine around 1990 along with pre-packaged bread mixes meant that people could now make a loaf of bread in their home by dumping the ingredients in, pressing a button, and coming back to a fresh loaf a few hours later.

Though consumption of bread held steady at the rate of one pound per person per day throughout the 1800s, it fell to about four ounces per day by the year 2000, primarily because other foods – fruits, vegetables, and meats – became readily available and easily affordable.



There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



Answer in December 29th, Issue





TERO EWELRSY

Your

Hometown

Jewelry

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75 Years

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ve Us

The Holiday Season is Here

Stop into see us and choose

that special gift for that

special someone from our

wide variety of fine jewelry!

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Complete

Jewelry

Sales &





Polio is short for 'poliomyelitis' which is Greek meaning 'grey inflamed marrow' because the disease caused grey matter the spinal cord to become inflamed, causing paralysis.

Polio first appeared in the U.S. in the 1890s. By 1916 there were 27,000 cases, rising to 40,000 by 1940 and 58,000 in 1952. The disease affected primarily children under five, often leaving them paralyzed for life.

Polio is mainly spread through contaminated water. Chlorinated swimming pools didn't come on the scene until 1946, so a singe dirty diaper could infect everyone in the municipal pool. Swimming holes, ponds, and lakes were equally at risk. Another risk factor was preparing food after going to the bathroom or changing a diaper. Kissing could also spread it.

Outbreaks most often occurred in summer and autumn in temperate climates, but all year long in tropical areas.

Once ingested, the microbe multiplied in the gut before moving into the nervous system, where it destroyed nerve cells that regulate muscle control.

Franklin Delano Roosevelt came down with polio when he was 39 years old, and was paraplegic.

When Roosevelt became president in 1933, it proved to the American populace that victims of polio could still lead useful and happy lives. Roosevelt gave his support to various polio related charities, but the most effective was the March of Dimes, established in 1938. t's estimated that two thirds of Americans donated to this cause, with 7 million people stepping up to do volunteer work for the organ-were reported elsewhere in the world. ization. More people worked and donated to the March of Dimes than any other single cause, either before or since.

At the time, there was no cure for polio, only treatment for the symptoms.

Money raised by the March of Dimes went towards finding a vaccine that would prevent polio. To this end, the organization hired Jonas Salk. Salk was fresh off his victory of developing a flu vaccine that would prevent another pandemic like the one that swept through the world in 1918. Salk's flu vaccine, first released in 1938, formed the basis of every flu vaccine since then. The vaccine is modified every flu season because flu strains mutate quickly.

Salk began to work on the polio vaccine in 1947. At the same time, Albert Sabin was also hired to work on it. Salk was the first to find an effective vaccine, releasing it in 1953.

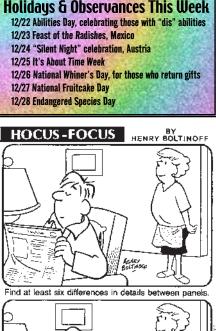
In 1954, a total of 325,000 Americans gathered nationwide to administer the first tests of the vaccine. It was the biggest group of volunteers ever assembled during peacetime. The tests were effective, and schools began administering the vaccine to kids starting in 1955.

Jonas Salk donated the patent for the good of the country, asking no money for it. The pharmaceutical companies who produced the vaccine did it on a non-profit basis.

In 1961,. Albert Sabin developed a new, improved vaccine. Whereas Salk's version required regular booster with a needle in the arm, Sabin's vaccine was a one-and-done version that was dripped into a sugar cube. Between the two, polio was effectively eliminated from the face of the earth.

Salk died in 1991 at the age of 80 while working on a vaccine for AIDS. Sabin also died in 1993, at the age of 86. They both lived long enough to see the disease eradicated.

In 2023, there were only 12 cases of polio reported worldwide. Six were in Afghanistan and six m were in Pakistan. None





poppe și golemiși (4, 19 Differences: 1, Pillow is larger, 2, Picture on wall is moved. 3, Mouth is different: 4, Neeklace is added. 5, Apron is different.









Light, Medium & Heavy **Duty Towing** Jump Starts Lockouts Roadside Assistance & Transportation

Deno

















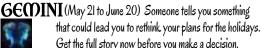
ARIES (March 21 to April 19) Don't be sheepish about asking more



questions before making a major decision at your workplace. Meanwhile, your personal relationships continue to improve.



TAURUS (April 20 to May 20) You might be rushed into renewing an old cold relationship. But do you really want a reheated romance when there's a chance to warm up with someone new?





Get the full story now before you make a decision. CANCER (June 21 to July 22) A financial matter that had you in a dither is finally being sorted out as more facts become



available. A perplexing personal matter also clears up. (July 23 to August 22) You face a slew of new tasks at



home and work. So, as much as you love being a social Lion, be careful not to overdo it at those pre-holiday parties.



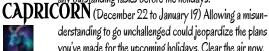
VIRGO (August 23 to September 22) Unexpected news could cause some minor adjustments in your holiday planning. Defer a decision about a financial matter until you have more facts.



LIBRA (September 23 to October 22) A project might not be bringing you the results you'd hoped it would by now. But stay with it - things will soon begin to turn around.

SCORDIO (October 23 to November 21) A budding personal relationship continues to develop. Things also improve in your career, although some problems still need close attention.

SAGITTARIUS (November 22 to December 21) Mercury is finally stationing direct in your sign after a few weeks in retrograde. This will give you motivation to take care of ny outstanding tasks before the holidays.



you've made for the upcoming holidays. Clear the air now. AQUARIUS (January 20 to February 18) While you should be



open to suggestions on how to plan for the holidays, you should also be firm in saying "no" to anything you disagree with.



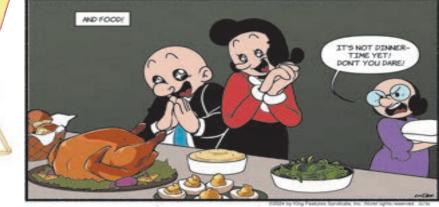
DISCES (February 19 to March 20) Get out from under all those holiday preparations and immerse yourself in a world of music. You'll soon feel refreshed, revived - maybe even reborn!

BORN TDIS WEEK: You believe in the truth and have little patience for those who try to hide it. You would make an excellent judge.

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1. Moana 2 (PG) Auli'i Cravalho, Dwayne Johnson 2. Wicked (PG) Cynthia Erivo, Ariana Grande 3. Gladiator II (R) Paul Mescal, Denzel Washington 4. Pushpa: The Rule - Part 2 (NR) Allu Arjun, Rashmika Mandanna 5. Red One (PG-13) Dwayne Johnson, Chris Evans 6. Interstellar (PG-13) Matthew McConaughey, Anne Hathaway 7. Solo Leveling: ReAwakening (NR) Taito Ban, Aleks Le 8. For King + Country: A Drummer Boy Christmas - Live (NR) Joel David Smallbone, Luke Smallbone 9. Y2K (R) Jaeden Martell, Rachel Zegler 10. The Best Christmas Pageant Ever

(PG) Kynlee Heiman, Judy Greer



e Sawyer
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y Haim
Gardner
a Barton
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s Pasteur
el Washington
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12/22/1946 12/23/1971 12/24/1922 12/25/1821 12/26/1940 12/27/1822 12./28/1954

TIØBITS





- * On Dec. 23, 1982, Chaminade University of Honolulu, a school with only 900 students, beat the top-ranked University of Virginia by a mere five points in one of the most stunning upsets in American basketball history. As ESPN's Chris Berman remarked, "We can't tell you what happened, but the No. 1 team in college basketball has lost to -- we don't even know who they are."
- * On Dec. 24, 1851, a fire at the Library of Congress in Washington, D.C., destroyed approximately two-thirds of its 55,000 volumes, including most of Thomas Jefferson's personal library.
- * On Dec. 25, 1962, the film adaptation of Harper Lee's Pulitzer Prize-winning novel "To Kill a Mockingbird" opened In Los Angeles. It was nominated for eight Oscars and won three, and the American Film Institute rated lead character Atticus Finch as the greatest movie hero of the 20th century.
- * On Dec. 26, 1820, Moses Austin, a merchant turned mine owner, met with Spanish authorities in San Antonio to ask permission for 300 Anglo-American families to settle in Texas, in the hope of recovering from bankruptcy via the establishment of a new colony. His request was approved, but he died before he could carry it out, so the task was completed by his son, with more than 20,000 arrivals eventually succeeding in making Texas an independent state.
- * On Dec. 27, 1944, President Franklin D. Roosevelt ordered \ his secretary of war to seize properties belonging to the Montgomery Ward company after it refused to comply with a labor agreement, announcing that the government would "not tolerate any interference with war production in this critical hour."
- * On Dec. 28, 1908, the worst earthquake in recorded European history struck the Straits of Messina in southern Italy, leveling the cities of Messina and Reggio di Calabria and ultimately causing the deaths of an estimated 100,000 people.
- * On Dec. 29, 1170, Archbishop Thomas Becket was mur dered in Canterbury Cathedral by four of King Henry II's knights, apparently on his orders. Four years later, Henry was forced to do penance at Becket's tomb, and his efforts to end the separation between church and state came to an end.

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"Good news, Senator! Most Americans believe you didn't know anything and still don't know anything."

A Market that offers Gifts, Home Decor, ANTIQUES,



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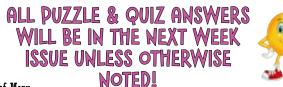
KNOWLEDGE



466 Yampa Avenue. Craig, CO. 1-970-326-7581

Unscramble the let rearrange the boxe Switch WASP Ensue RAISE Simooth MYCAR Prance VORTA		Concord Are You Ready for Some Fun?! Are You Ready for Some Fun?! Then Grab Your Dauber Briday Night Bis Lodge Bingo Dorso Open 4:30 pm Briday Night Bis Lodge Bingo Dorso Open 4:30 pm Briday Night Bis Lodge Bingo Dorso Open 11:30 am Borso Open 11:30 am
CryptoQuip This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error. Clue: X equals O SVJ JXFIDXGQ SXHGIUTHE SOIKOIU XU HXK T CTNI FQ KYUNIQ KX DI JYMMYCIHK? FXTJK MIUKVTHCQ!	Kids' Maze	Get your munch on at the Concession Stand Both Days!! 44 W Victory Way (on the corner of Victory Way & Breeze St.) Craig, CO
6)2024 King Features Synd., Inc.		©2024 King Features Syndicate, Inc.
DFE SIFENU V RESTI V TEMI GUMERO V AMR TRFE MERDU V NIS V ERDITE V REFSI PRMU Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (V) letter string as each unscrambles into more than one word (ex. V RATHE becomes HATER or EARTH or HEART). Fit each		PUZZIESSENCIOS Hovance Hovan





- 1. What businessman is the founder, chairman and CEO of Monumental Sports & Entertainment, which owns the NBA's Washington Wizards, the NHL's Washington Capitals and the WNBA's Washington Mystics?
- 2. The Cyclone Taylor Trophy is awarded annually to the MVP of which NHL hockey team?
- 3. Name the Las Vegas Aces player who tied Liz Cambage's single game WNBA scoring record with a 53-point performance in August 2023.
- 4. Pro softball pitcher, LPGA Tour golfer and U.S. Women's National Basketball Team player Joan Joyce coached softball (1995-2022) and women's golf (1996-2014) for what college team?
- 5. Name the Los Angeles Dodgers first baseman who hit the first walk-off grand slam home run in World Series history.
- 6. Ed Anzalone, better known as "Fireman Ed," is a superfan famous for leading cheers at what NFL team's home games?
- 7. During a 2015 Indianapolis 500 practice session, what driver was critically injured in a crash when a piece of his car's suspension impaled his left thigh?

Answers

- 1. Ted Leonsis.
- 2. The Vancouver Canucks. 4. The Florida Atlantic Owls.
- 3. A'ia Wilson.

5. Freddie Freeman, in 2024 6. The New York Jets.

7. James Hinchcliffe. World Series Game 1.

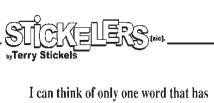
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GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

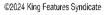
DIFFICULTY: **

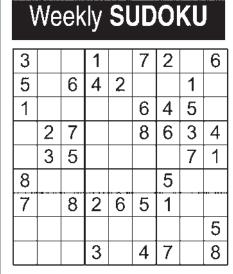
★ Moderate ★★ Difficult * * * GO FIGURE!



five S's in its 8-letter makeup.

What word is that?





Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ••

♦ ♦ ♦ HOO BOY!



= 11

= 5

= 11

8 9



- 1. Name the original title of the Beatles film "Help!"
- 2. What was a deuce coupe in the Beach Boys' song?
- 3. "(I Can't Get No) Satisfaction" was a big hit for which group?
- 4. What was Jesse Belvin's biggest hit?
- 5. Name the song that contains this lyric: "All we need is a drummer, for people who only need a beat." Answers
- 1. "Eight Arms to Hold You." In the 1965 musical comedy, a sinister cult (complete with mad scientists) is after Ringo, who has a special ring they want.
- 2. The deuce coupe was a 1932 Ford Model 18. The same
- model car also appeared in "American Graffiti" in 1973. 3. The Rolling Stones, in 1965. The song topped the charts in the U.S., but in the U.K. it was played on pirate radio stations at first because it was considered to be too suggestive.
- 4. "Goodnight My Love" in 1956. Belvin died at the age of 27 in a suspicious car accident after playing a concert in 1960.
- 5. "Dance to the Music," by Sly and the Family Stone, in 1967. It was their first song to get into the Top 10. Thirty years later the song was inducted into the Grammy Hall of Fame.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an L you get MISTER. Do not change the order of the letters.

1. Rowland's Potter		R	Hale	D			
2. Lone Ranger's steed	_ !		Serving tray	_ A			
3. Thirsty cloth		L	Steepte	R			
4. Baseball hit man	_ A		Toast topping	_ U			
5. Sticky tag	В		Boutonniere location	P			
6. Use one's ears		Е	Boxer Sonny	0			
7. Make a call	_ н		Inclined to	_ R			
8. Silent		E	Homemade blanket	L _			
9. Heap	Т		Hovel	н			
10. Hand gun		L	Engine cylinder	N			
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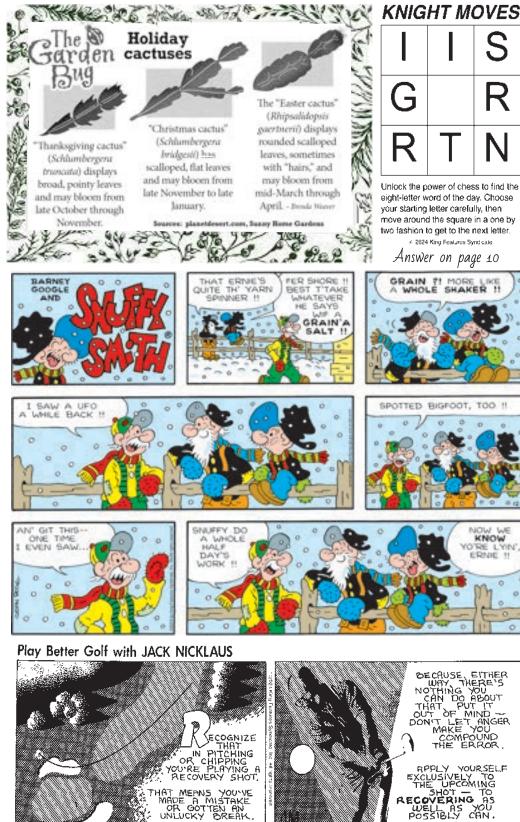
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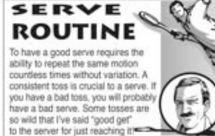
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14



STAN SMITH'S TENNIS CLASS





The key to consistency is to

always have the

motion. If you create

your own service routine - based on

sound fundamentals - you should

have a consistent toss and serve.

same service

DE CAUSE, EITHER WAY, THERE'S NOTHING YOU CAN DO ABOUT THAT, PUT IT OUT OF MIND OUT OF MIND OUN'T LET ANGER MAKE YOU COMPOUND THE ERROR. RPPLY YOURSEL EXCLUSIVELY TO THE UPCOMING SHOT - TO ECOVERING AS YOURSELF WELL AS YOU POSSIBLY CAN.



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KNOW TRE L'YIN',





- * Montana's Flathead Lake looks shallow due to its crystal-clear water, but is actually 370 feet deep.
- * The expiration date on bottled water is for the bottle. not the water.
- * In 2004, farmers in India used Pepsi and Coca-Cola instead of pesticides because they were cheaper and got the job done just as well. Not surprisingly, Pepsi and Coca-Cola strongly disagreed.
- * After eating a large meal, lions can sleep for up to 24 hours straight.
- People used to use bread to erase pencil marks, until Edward Naine accidentally picked up a piece of rubber instead of breadcrumbs in 1770 and -- voila! -- decided to start selling rubber erasers.
- * Two Bosnians had been talking in online chatrooms for a while when they decided it was time to meet in person. They discovered they were a married couple who had been cheating on each other with each other. They ended up divorcing.
- One French cafe, La Petite Syrah, charges 7 euros for a coffee to rude customers but only 1.40 euro to patrons who are polite to the waitstaff. The cafe is located, perhaps unsurprisingly in Nice.
- Penguin egg whites turn clear when they're boiled.
- 'Michael Jackson was said to request that his wine be served in Diet Coke cans whenever he was on a flight. He didn't want his kids to see him drinking alcohol.
- Saudi Arabia once held a Women's Rights Conference that didn't include a single woman attendee.

* * *

Thought for the Day: 'A good conscience is a continual Christmas. Benjamin Franklin

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✓ Tangible &	🥪 Highly Targ
Lasting Impact	Audience
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Sensory Experience

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970-629-1443 or mreed@nwcotidbits.com to get started today growing your business !



MAGIC MAZE					•	• "OO" WORDS								
Q	0	Х	U	R	Р	М	l	G	D	A	Х	V	C	S
Q	N	0	K	I	F	D	٨	X	V	Т	0	Q	U	0
М	J	Н	L	0	0	Т	Т	A	Т	0	F	С	С	A
Y	W	0	0	R	A	K	С	U	В	0	U	R	K	0
Р	N	Н	0	L	E	J	Н	М	0	0	D	0	0	V
F	A	D	В	R	Z	Т	A	В	Х	V	Т	Н	0	R
Y(Н	U	Ĺ	L	A	В	A	L	0	0)Y	0	р	Q
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Ζ	Y	W	0	V	U	Τ	N	R	L	1	Q	II	A	0
N	L	0	K	В	0	0	Ζ	A	К	I	Н	A	Η	F
D	С	A	Z	Х	W	v	В	S	K	U	S	W	s	R
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally table of also king. AN IAM, INCREMENT ON THE REAL														

Unlisted clue hint: AN INK DESIGN ON THE SKIN Cuckoo Wahoo

Kangaroo

Kazoo

TIGER

Ballyhoo Bamboo Buckaroo Bugaboo

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Shampoo Hullabaloo Skidoo ⊺aboo Voodoo

Waterloo

Yahoo

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Answer on page 10





* To stretch your laundry budget, cut fabric softener sheets in half. They work just as well. Also, save them after they come out of the dryer. They make excellent dusters in the

home.

* Love Sudoku? M.K. of Montana suggests that you might love it even more if you color code your grid. Each number 1-9 is assigned a color, and you solve the puzzle as nor-

mal, except you color in the box to denote your answer. When it's all finished, she says, "It looks like a colorful auilt."

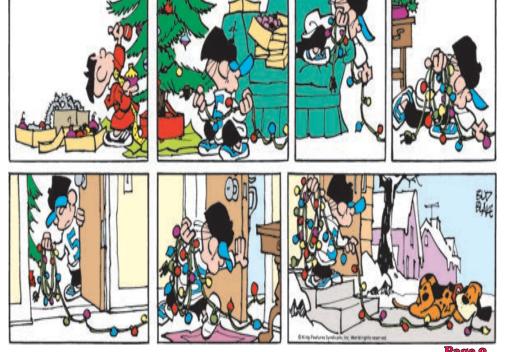
* If the vegetables you are cooking give off an unpleasant smell, grab a small saucepan and simmer a bit of plain vinegar while cooking. It will negate the smell, and leave your house smelling pleasantly like mealtime afterward. * "Cornstarch is great for itchy, rashy skin. This is true for

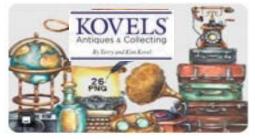
babies' bottoms and for doggy bellies, which is what I use it for. My pup is allergic to grass but loves to romp. Sometimes his belly gets red, and I clean it with a mild soap and water, then give him a cornstarch rub. It sure helps." -- T.W. in Ohio

* Want to keep your cut flowers fresh longer? Add a teaspoon of chlorine bleach to the water and change it out every few days. Spruce up indoor greenery with a little mineral oil. To get your green plants' leaves shining and healthy, wipe them down with a clean cloth dipped in mineral oil. Rub off any excess. Send your tips to:

> Now Here's a Tip 628 Virginia Drive Orlando, FL 32803 © 2024 King Features Synd., Inc.

> > by BUD BLAKE





<u>Santa Figures</u>

Santa Claus comes in many forms. While he is ultimately inspired by the historical St. Nicholas of Myra (today Demre, Turkey), a fourthcentury Greek bishop, he is influenced by British, German, Dutch, and Scandinavian folkloric figures.

According to today's traditions, he lives at the North Pole. So it might seem odd that the country store Santa figure pictured here, which sold for \$441 at Garths' Auctioneers & Appraisers, holds an American flag. But the Santa Claus we know in the United States was developed here.

European immigrants brought their Christmas traditions with them. In 1823, American poet Clement Clark Moore published "A Visit from St. Nicholas," probably better known as "Twas the Night Before Christmas," establishing the image of Santa Claus as "a right jolly old elf."

Cartoonist Thomas Nast cemented this image in popular culture with his illustrations for Harper's Weekly starting in the 1860s. L. Frank Baum, who set out to write a quintessentially American fairy tale with "The Wizard of Oz," published "The Life and Adventures of

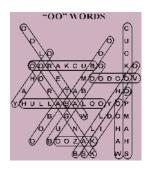
Santa Claus" in 1902, depicting Santa as a foundling child raised by fairies and granted immortality after a lifetime of good deeds. One of the most enduring images of Santa comes from the Coca-Cola advertisements designed by painter Haddon Sundblom starting in the 1930s. From Europe to the Americas, and from history to folklore to advertisements, Santa can make himself at home anywhere.

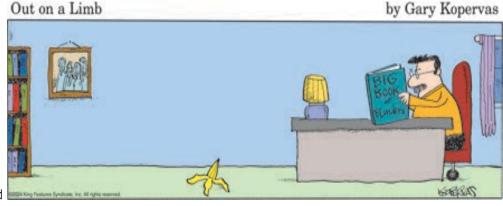
* * *

Q: Where can I find the value of a set of Peter Pan Records sung by the Caroleers?

A: The Caroleers were a group of mostly unknown vocalists who recorded children's music for several companies during the 1950s, '60s, and '70s. They recorded for Peter Pan Records beginning in 1952. The Caroleers recorded several Christmas albums in 78 RPM, 45 RPM, and LP formats. Millions of their records were sold. Many sell on eBay for \$5 or less today. A few sell for about \$10. Some sites ask much more.

Rarity and condition determine price. Go to a local store that buys and sells vintage records to see what your set sells for in your area.





TIP: Never leave salt in a silver saltshaker. It quickly can damage the

* * *

silver.

CURRENT PRICES

Bicycle, tricycle, figural horse, ride on, plaster, painted saddle, multicolor, hair tail, 33 x 31 inches, \$120.

Christmas, candy dish, lid, Santa finial, sleigh, milk glass, molded scrolls, scalloped, holly sprig, hand painted, Westmoreland,

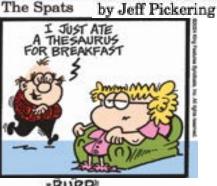
6 x 3 1/2 x 4 1/2 inches, pair, \$225.

Christmas, figurine, tree, rhinestones, green, red, clear, various sizes and shapes, five-point topper, gold tone setting, round foot, Czechoslovakia, 12 3/4 inches, \$450.

> Toy, wagon, delivery, newspaper, Detroit Times, white bed, red frame, four wheels, restored, child's, \$480.

For more collecting news, tips and resources, visit: www.Kovels.com © 2024 King Features Synd., Inc.

- KNIGHT MOVES Answer Answer G G R R R N STIRRING











Our Challenge For 2025

"Your mission, should you choose to accept it ..." Remember that quote, from the "Mission: Impossible" TV show? The show (1966-1973) tasked members of the team with stopping enemy forces, a job that seemed to be impossible but really wasn't. That's our challenge for the New Year, to stop the "enemy forces" who are the scammers that want to steal our money, our identification and our peace of mind. Some ideas for staying safe:

*Ask your senior center to host a seminar about scams aimed at seniors.

*Don't click on links in email or text messages.

- *Don't answer the phone if you don't know who it is. If a caller says they're from your bank, hang up and call the bank to see if they really did call you.
- *Don't give out any information over the phone, no matter who it is. The IRS, Medicare or Social Security aren't going to call you to ask for your account numbers or threaten to have you arrested.
- *If a caller asks, "Can you hear me?" never say "yes." That one word will be recorded and give them permission to authorize charges on your credit card, or to make a payment. Just hang up.
- *If a company claims you're having a virus problem with your computer and wants access to fix it, just hang up.
- *Never announce on social media that you're going away on vacation. It alerts thieves that your house will be empty.
- *Go online and search for scams against seniors. Become familiar with all the tricks thieves use to get you to let down your guard. Learn about the red flags for the grandparent scam, the lottery scam, the counterfeit check scam, the undelivered package scam.... there are just so many of them, and they rob seniors of billions of dollars each year.
- *Make your goal for 2025 to not fall for any scams. It's not impossible. © 2024 King Features Synd., Inc.



THAT'S YOUR UNDISPUTABLE PROOF? TO SUPPOR





"Be a rainbow in someone else's cloud." — Maya Angelou

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Beautiful Body From Beginning to End

As the year draws to a close, *Tidbits* takes a quick look at the human life from beginning to end.

The gestation period for a human baby is 266 days, almost 40 weeks. The heart begins to beat at three weeks. At the end of the first month of pregnancy, a human embryo can fit on a quarter. After three months, it can fit inside a large chicken egg. The embryo acquires fingerprints at three months. During the second trimester, the embryo becomes conscious, and begins to react to external stimuli, including lights and sounds. Half of an embryo's birth weight occurs in the final six to eight weeks of a woman's pregnancy.

At birth, a female baby's ovaries contain about 2 million eggs, of which 300,000 will survive until puberty. During the reproductive years, about 450 are released for possible fertilization.

About 1 in 2,000 babies is born with a tooth already emerged in the gums.

The teen years are when a person attempts to discover who he she is or should be, when rules are challenged, religious, political, and social matters are questioned, the desire to control one's own life increases, and many things are done without thinking first. It's a time of concern for body image – nearly half of all high school girls diet to lose weight. The brain continues to develop and mature until the mid-to-late 20s. The brain's prefrontal cortex, the area responsible for planning, prioritizing, and good decisionmaking, is the last to mature.

What's the definition of "middle age?" Millennials (those born between 1980 and 1995) consider middle age to be between 35and 50 years old. Generation X (born 1965-1980) say 45 to 55, while baby boomers (born 1946-1964) say middle age is 45 to 60.

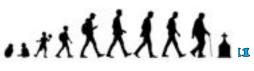
The Merriam-Webster dictionary defines middle age as "the period of life from about 45 to about 64." And what considered is "old?" A recent survey of 2,000 Americans declared that 57 is the age of being "officially old." By the time the average person is 70 years old, his or her heart has beat at least 2.8 billion times.

Aging isn't for the faint of heart. As the heart ages, less blood is pumped with each beat. Staying in top physical condition can slow this decline, but a sedentary person's heart pumping ability begins to slow as early as age 30. By age 60, a person loses about half of their taste buds and 40% of the ability to smell. Taste buds can be preserved by avoiding alcohol, tobacco, and extremely hot foods.

The current life expectancy in the U.S. in 2024 is 79.25 years. In 1860, that figure was 39.4 years! What do we do during our 79 years? The average person spends about 26 years, one-third of our lives, sleeping. We also spend 7 years trying to get to sleep! About 8.3 years is expended in front of the TV, which equates to more than 72,750 hour-long programs. If you're moderately active, taking around 7,500 steps a day, if you reach 80, you'll have walked approximately 110,000 miles (177,028 km). Those folks who exercise regularly walk farther, but even they spend twice as much time on social media and six times longer watching TV than exercising. We stand in lines about 235 days of our lives.

* * *

"Learn as if you will live forever, live like you will die tomorrow." ~Mahatma Gandhi





King Crossword ACROSS 43 Goal 20 Sheepish 45 Filmed anew 1 "Waterloo" remark group 47 Lubricate 23 German river 5 Financial pro 51 Mountain ht. 24 Sass 8 Sci-fi vehicles 52 Gathering 25 Comp for a 12 Starring role organized via foodie social media 27 "- Miniver" - Royal 13 29 LBJ's succes-Highness 54 Jai -14 Worn-down 55 Sailor sor pencils 56 Skater Lipinski 30 Formerly 15 Nose and 57 Chorus syllaknown as mouth covering 32 Spencer bles 17 Move like a 58 Govt. lender of "Hidden butterfly 59 ABA member Figures" 18 Short sock 34 - Falls 19 Curved fasten- DOWN 37 Blue 39 Round Table 1 - Romeo ers 21 Shoe width 2 Leaume titles 42 Certain jabs 3 Support 22 Tropical tree 23 Santa's helper 4 "Skyfall" singer 44 Maestro Zubin 26 Highland hat 5 French vine-45 Genuine 28 Prettify vard estate 31 Painter Joan 6 Math ratios 46 Big name in 33 Coffee vessel 7 Invite to one's scat 48 Latin 101 word 35 A few loft 36 Glasses, slan-8 Develops 49 Type Spectacular 50 Online auction gily 9 38 Bro's kin lunar phase site 40 Compass dir. Last write-up 53 Science room 10 11 Bygone fliers 41 And others (Lat.) 16 Bump into 6 10 12 13 14 17 15 16 18 19 20 21 22 24 26 29 23 25 27 28 31 34 32 33 36 37 38 39 40 41 42 43 44 45 46 47 48 49 51 52 53 54 55 56 57 58 59

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Answer in December 29th Issue

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