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# 4TH ANNUAL HOCKEY FIGHTS HUNGER 3 V 3 TOURNAMENT AND SKILLS COMPETITION

## December 27th, 2025 Bridgeville HockeyPlex



Hi! I'm Isaac Bernstein, the founder of the Plates for Pitt Organization. I'm a sophomore at Princeton University and alum of USC Inline. Each year, I raise money for the Greater Pittsburgh Community Food Bank. My mission is reduce food insecurity one meal at a time, and through playing some hockey, you too can help achieve that goal throughout Western PA.

**Thus far, Plates for Pitt has raised over 265,000 meals (\$56,000) for those in need!**

### Tournament Rules:

- 8 minute running clock
- 3 games minimum + playoffs
- 3 skaters min/6 skaters max (+ goalie)
- All penalties are penalty shots
- 8 goal mercy rule
- All players must have dark/light jersey
- No fighting policy

A skills competition is included for middle/high school divisions!

100% of registration fees are donated directly to the Greater Pittsburgh Community Food Bank.

### 3 Divisions:

- Middle School (DRAFT)
- High School
- Adult

**NEW CHANGE: The MS Division will have individual sign-ups and be a randomized draft! This way, players can meet others region-wide and encourage signups of all skill levels!**

**However, MS players do have the option to join with 1 skater and/or 1 goalie on their same team. This move encourages enrollment for those hoping to meet others while simultaneously play with friends!**

Cost per team: \$350 (1050 meals)  
MS cost: \$60/person (180 meals)

- Registration Deadline: December 21
- Schedule released: December 24
- Please scan the QR code above to register. You will donate to the food bank directly through my Plates for Pitt website.

[www.platesforpitt.org](http://www.platesforpitt.org)