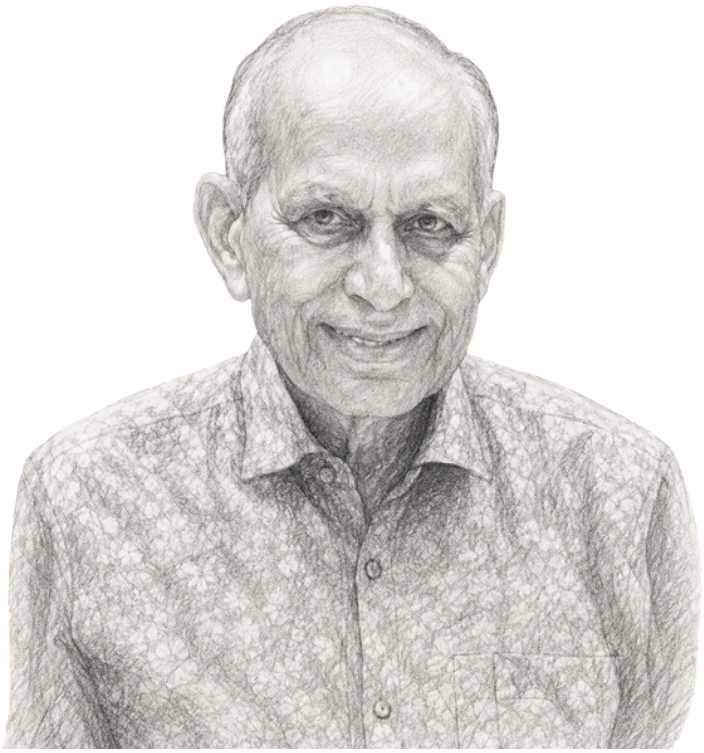
2026

Healing Fields Foundation

Reaching healthcare to the under-served

ANNUAL REPORT

IN MEMORIAM



Shri Ramesh Kacholia

Shri Ramesh Kacholia, fondly known as *Ramesh Uncle*, believed in the power of people to transform their own communities. Through his steadfast support of many grassroots organisations, including Healing Fields Foundation, he helped create lasting change in the lives of countless families.

His generosity, humility, and unwavering belief in community-led change continue to inspire us every day. For Healing Fields, his support was a reflection of the values he held closest: dignity, community, and the belief that lasting change begins with people.

We dedicate this Annual Report to the memory of Ramesh Uncle, with gratitude for his life, his vision, and his enduring faith in the communities we are privileged to serve.

MESSAGE FROM THE CHAIRMAN

The most meaningful measure of progress is not simply how many people we reach, but how many communities are empowered to take charge of their health. Over the past year, we have been encouraged by the resilience of the communities we serve, the commitment of our teams, and the leadership of our Community Health Entrepreneurs (CHEs), who continue to transform rural health across India.

What began in a handful of villages has today grown into a network of over 8,600 women reaching nearly 10.2 million lives. Our CHEs have become trusted health leaders—improving access to healthcare while changing attitudes, behaviours, and outcomes at the last mile. Through health education, referrals, teleconsultations, and linkages to government services, they are helping families make informed decisions.

As the health needs of rural communities evolve, our CHEs continue to adapt with new knowledge and tools. The rise of non-communicable diseases such as diabetes and hypertension presents a growing challenge, with many cases remaining undiagnosed until complications arise. Early detection and timely intervention are critical, and our CHEs are helping communities take the first steps towards prevention and continuous care. Working closely with ASHAs, Anganwadi Workers, and block-level officials, they are strengthening local health systems and building stronger pathways to care.

Technology is expanding what is possible at the community level. From telehealth access to AI-enabled screening tools, we are equipping CHEs with practical innovations that can improve the quality, timeliness, and reach of healthcare in underserved areas.

The progress we celebrate today belongs to our CHEs, partners, government stakeholders, donors, and communities who place their trust in us. Their collective effort reminds us that lasting change is possible when communities become the drivers of health transformation.

N. Rangachary

CHAIRMAN, HEALING FIELDS FOUNDATION

WHO WE ARE

OUR VISION

To build an ingenious, community-based, community-first ecosystem that ensures access to affordable and quality healthcare for all, especially women from resource-poor communities.

OUR MISSION

We aim to achieve this vision by seeding and strengthening Community Health Leaders who
build and scale

- Locally-led preventive health education solutions
- Technology-driven equitable health access
- Develop community-level resilient health systems
- Economic empowerment through health-based livelihoods

OUR CORE PRINCIPLES

- Community-based and community-driven
- Invest in women to become health change agents
- Build resilience in communities
- Evidence-based work
- Strengthen public health institutions

OUR VALUES

CARE, COMPASSION, SENSITIVITY

OUR PROGRAMS

CHANGING COMMUNITIES FROM WITHIN: THE CHE PROGRAM

At the heart of Healing Fields Foundation's work is the Community Health Entrepreneur (CHE) Program — a network of over 8,600 women improving health outcomes for more than 10.2 million people across rural India. Rooted in their communities, CHEs are trusted local women who serve as health leaders, educators, and changemakers.

Trained in first aid, maternal and child health, nutrition, hygiene, non-communicable diseases, telehealth, and entrepreneurship, CHEs provide preventive health education, facilitate referrals, and help families access government health services and entitlements. Working alongside frontline health workers and local leaders, they strengthen access at the last mile.

Beyond healthcare, the CHE Program creates pathways for women to challenge patriarchal barriers and build economic resilience. As CHEs earn incomes, gain confidence, and step into leadership roles, they transform their communities and their own lives.

STRENGTHENING PREVENTION AND CARE

Non-communicable diseases (NCDs) account for 58.8% of deaths in rural India, making them a major health challenge (SRS Statistical Report, 2024). Delayed diagnosis, limited access to care, and low awareness can lead to preventable complications, lost livelihoods, and rising healthcare costs, particularly affecting women and older adults.

Healing Fields is implementing a community-led NCD program across Bihar, Uttar Pradesh, and Jharkhand, building on the CHEs' trusted relationships. Through outreach, screening, health camps, teleconsultations, referrals, treatment follow-up, and counselling, CHEs support early detection, continued care, treatment adherence, and prevention of long-term complications.

KEY INSIGHTS

4%
ADEQUATE FRUIT CONSUMPTION

22%
HIGH SALT-INTAKE

43%
MODERATE TO VIGOROUS ACTIVITY

13%
ALREADY DIAGNOSED WITH DIABETES

31%
ALREADY DIAGNOSED WITH HYPERTENSION

WHAT THE BASELINE REVEALED

To strengthen the evidence base, Healing Fields, in partnership with Christian Medical College (CMC), Vellore and the Indian Council of Medical Research (ICMR), conducted a baseline assessment across Singhwara in Bihar and Palamu in Jharkhand. **The assessment covered 2,520 adults, 62% of whom were women.**

The baseline revealed gaps in dietary practices, physical activity, and the prevention and management of hypertension and diabetes. These findings highlight the burden of NCD risk factors in rural communities and the need for interventions supporting early identification, healthier behaviours, treatment adherence, continuity of care, and prevention of long-term complications.

FROM EVIDENCE TO ACTION

Guided by the baseline findings, the program's addresses both NCD risk factors and gaps in access to ongoing care. CHEs serve as trusted, community-based health facilitators, supporting individuals and families through a comprehensive pathway—from prevention and risk assessment to screening, diagnosis, referral, treatment support, and follow-up.

KEY INTERVENTIONS

- **Promoting healthier diets:** Community education on reducing salt and sugar, improving dietary practices, and increasing access to nutritious foods.
- **Increasing physical activity:** Community-led activities such as walkathons, yoga, and other locally relevant approaches.
- **Strengthening NCD screening and early detection:** CHEs facilitate risk assessments, health camps, and screenings for hypertension and diabetes.
- **Ensuring a continuum of care:** CHEs connect individuals to appropriate health facilities and professionals, supporting referrals, teleconsultations, treatment adherence, counselling, and follow-up.
- **Preventing long-term complications:** Continued engagement supports treatment and lifestyle adherence, condition management, and timely care.
- **Engaging schools and families:** Health education and community mobilisation create supportive environments for sustained healthier behaviours.

NURTURING RESILIENCE EARLY

SCHOOL HEALTH CHAMPIONS PROGRAM (SHE)

Healthy behaviours begin early. By equipping adolescents with the knowledge and confidence to make informed health decisions, we can create lasting change that extends beyond schools into families and communities.

Healing Fields' School Health Education (SHE) Champions Program trains adolescent girls and boys in government and affordable private schools to become peer health leaders. Through interactive sessions led by Healing Fields staff and CHEs, students learn about nutrition, hygiene, menstrual health, mental well-being, gender equality, substance abuse, and preventive healthcare. Alongside health knowledge, they develop the confidence and leadership skills to challenge stigma, encourage healthy behaviours, and become advocates for change.

To date, more than 15,000 SHE Champions have been empowered across Bihar, Jharkhand, and Telangana. These young leaders are extending the reach of health education to 375,000 community members through peer learning, school health activities, and conversations within their homes—creating a ripple effect that strengthens community ownership of health and empowers the next generation to lead healthier lives.

15,000+

SHE CHAMPIONS

375,000 +

COMMUNITY MEMBERS REACHED THROUGH THE SHE PROGRAM

ON-GROUND IMPACT IN 2025-2026

Behind every milestone are communities taking greater ownership of their health. From improved nutrition to increased access to care, these achievements reflect the collective impact of community-led impact.

22,192
kitchen gardens established, enabling 110,960 people to access a wider variety of nutritious vegetables

705,390
community members reached through health education sessions

48,275
women and families gained access to essential health products

5.85 million
new people who have access to community healthcare

10,926
teleconsultations connected rural patients with qualified doctors

46,647
government entitlements facilitated, unlocking ₹895.6 million in financial and service benefits for eligible families.

389
communities now have improved access to remote consultations and continuity of care

STORIES FROM THE FIELD

Every Community Health Entrepreneur (CHE) begins as a community member. Through courage, commitment, and training, she becomes a trusted leader creating lasting change. Meet three out of 8,600 women behind our impact.

Indu Devi
PALAMU, JHARKHAND

When Indu Devi learned about Healing Fields through her village ASHA workers, she saw an opportunity to become a CHE and bring trusted health information closer to her community. With her family's support, she began leading health education sessions on nutrition, hygiene, menstrual health, maternal care, government entitlements, and kitchen gardens, quickly becoming a trusted source of guidance for women in her village.

Her training proved lifesaving when Lata*, a pregnant neighbour, arrived at one of her sessions visibly weak and struggling to walk. Indu noticed signs of severe anaemia, including extreme fatigue and pale eyes. Recognising the warning signs, she immediately connected Lata to a Healing Fields telehealth doctor, who advised urgent medical attention after learning she had stopped taking her iron and folic acid (IFA) tablets.

Indu counselled Lata and her family on proper nutrition and restarting her iron supplements, while ensuring she reached the hospital without delay. She also alerted the medical team to Lata's suspected low haemoglobin levels, enabling them to prepare if complications arose during delivery. When Lata experienced severe blood loss during childbirth, the hospital was prepared to intervene —saving both her life and her childs.

Indu continues to support pregnant women through regular counselling, early identification of high-risk pregnancies, and timely referrals, helping ensure women receive quality maternal healthcare before emergencies arise.

**Name changed to protect the patient's idenity*

STORIES FROM THE FIELD

Ansu Kumari
BUXAR,
BIHAR

Like many CHEs, Ansu Kumari began her journey with little confidence but a strong desire to improve the health of her community. Through Healing Fields' training, she developed the knowledge and skills to educate families, identify health risks, and connect people with timely care.

When 54-year-old Savita* began experiencing persistent dizziness, she dismissed it as fatigue. During a routine community visit, Ansu checked her blood pressure and found it to be dangerously high at 175/95 mmHg. She immediately connected Savita with a Healing Fields telehealth doctor, ensuring a timely diagnosis and treatment plan.

Her support extended well beyond diagnosis. Through regular blood pressure monitoring, counselling on medication adherence, reducing salt intake, improving diet, and increasing physical activity, Ansu helped Savita successfully manage her condition. Today, Savita's blood pressure is under control, significantly reducing her risk of serious complications.

**Name has been changed to protect patient identity.*

Jahida Begum
LAXMANPUR,
UTTAR PRADESH

For Jahida Begum, becoming a CHE meant challenging expectations. Although her husband was initially reluctant to let her join, she remained determined to serve her community. After completing her training, she began leading sessions on nutrition, hygiene, menstrual health, immunisation, and government entitlements. Over time, the trust she earned transformed her into a respected community leader.

As she worked with women across her village, Jahida uncovered a challenge that health education alone could not solve. Many women and adolescent girls lacked access to safe bathing facilities, forcing them to bathe in the open and compromising their privacy, dignity, and hygiene.

Rather than accepting the situation, Jahida mobilised women to raise the issue in community meetings and worked closely with the Gram Pradhan and local authorities to advocate for change. Her persistence led to the construction of community bathrooms, giving women and girls a safe and dignified space for bathing.

ARTICLES & PUBLICATIONS

The Better India highlighted Healing Fields' CHE model and how rural women are transforming healthcare access and driving behaviour change.
Watch here: https://www.youtube.com/watch?v=1fNARwnCmlA&t=1s

Founder, Mukti Bosco, joined Subrata Kar on The Spark & The Forge podcast to discuss community-led healthcare, rural health systems, and women health entrepreneurs.
Listen here: https://www.youtube.com/watch?v=Kw5OcoZt8QQ

Healing Fields and CHEs were featured in a Devex article exploring data ownership in the Global South, community-generated data, and stronger local health systems.
Read the article: https://www.devex.com/news/if-data-is-collected-in-communities-shouldn-t-it-belong-to-communities-110876 consultant_exists=true&oauth_response=success

Healing Fields was recognised in the State of Social Protection Report by SETU Coalition for empowering CHEs who strengthen local health systems and advance social protection in rural India.
Read here: https://setucoalition.org/resources/State%20of %20Social%20Protection_18th%20Sep_Print.pdf#page=87-88

COMMUNITY ENGAGEMENT

Women's Day: Action for Women's Health

From community rallies to young students took pledges to take steps towards equity, our CHEs, SHE Champions, and local changemakers led the charge in raising awareness on women's health, rights, and wellbeing.

Nutrition Week: Community Nutrition & Kitchen Gardens

From cooking demonstrations with local recipes to introducing the food pyramid in government schools, CHEs made nutrition simple, practical, and fun. They showcased produce from their kitchen gardens—showing their communities that healthy food can be grown right at their doorsteps.

All Staff Meeting

Healing Fields staff from across India gathered in Patna for a week of connection, learning, and celebration. Workshops and team-building activities renewed our commitment to bringing healthcare to every home in rural India.

Mukti Bosco Speaks at HealthFest 2026

Founder Mukti Bosco represented the Healing Fields at HealthFest 2026, speaking on "Activating Community changemakers." She shared her experience building grassroots leadership and advancing community-led healthcare.

AUDITED FINANCIAL STATEMENTS

Healing Fields Foundation
Balance Sheet as at March 31, 2026

(Amount in ₹)

	Particulars	Note	As at March 31, 2026	As at March 31, 2025
I	**Sources of funds**			
1	**Society's funds**			
(a)	**Unrestricted funds**	3	7,05,223	1,14,77,324
(b)	**Restricted funds**	4	5,16,19,157	2,15,71,430
2	**Non-current liabilities**			
(a)	Long-term provisions	5	40,18,070	36,83,939
3	**Current liabilities**			
(a)	Other current liabilities	6	2,93,345	4,57,743
	Total		**5,66,35,795**	**3,71,90,436**
II	**Application of funds**			
1	**Non-current assets**			
(a)	Property, Plant and Equipment	7	1,35,957	1,66,806
(b)	Long term Loans and Advances	8	1,59,100	1,59,100
2	**Current assets**			
(a)	Cash and Bank balances	9	5,56,52,792	3,59,73,434
(b)	Short term Loans and Advances	10	2,49,574	3,94,878
(c)	Other current assets	11	4,38,372	4,96,218
	Total		**5,66,35,795**	**3,71,90,436**
	Brief about the entity	1		
	Summary of significant accounting policies	2		

See accompanying notes forming part of the financial statements

In terms of our report of even date attached
For M S K A & Associates LLP
(Formerly known as M S K A & Associates)
Chartered Accountants
ICAI Firm Registration No. 105047W/W101187

PRAKASH CHANDRA BHUTADA
Digitally signed by PRAKASH CHANDRA BHUTADA
Date: 2026.09.19 15:27:24 +05'30'

Prakash Chandra Bhutada
Partner
Membership No.: 404621

Place: Hyderabad
Date: September 19, 2026

For and on behalf of the Society
Healing Fields Foundation

MUKTESHWARI KAUSHIK BOSCO

Mukteshwari. K. Bosco
Secretary

Place: Hyderabad
Date: September 19, 2026

AUDITED FINANCIAL STATEMENTS

Healing Fields Foundation
Receipts and Payments account for the year ended March 31, 2026

(Amount in ₹)

Receipts	Year ended March 31, 2026		Year ended March 31, 2025		Payments	Year ended March 31, 2026	Year ended March 31, 2025
Opening Balance					**FCRA Payments**		
Cash and cash equivalents	1,73,20,300	1,73,20,300	68,870	68,870	Other donors - Community Resilient Health Project Statement (FCRA)	1,88,48,932	1,18,98,405
Interest received		8,44,502		15,54,875	**Indian Payments**		
Fixed deposits maturity proceeds		5,13,77,562		7,92,31,985	Corporate Social Responsibility (CSR) Funds	66,05,000	1,36,49,059
					RG Manudhane Foundation for Excellence	16,52,935	84,87,343
FCRA Receipts					AP Azim Premji Philanthropic Initiatives Private Limited	98,64,878	53,22,559
Other donors - Community Resilient Health Project Statement		2,28,11,001		16,17,936	Other donors - Community Resilient Health Project Statement (India)	1,29,16,143	2,20,50,866
					R.D. Tata Trust	2,31,95,605	23,07,054
Indian Receipts					Fixed deposits made	4,68,02,703	5,18,38,118
CSR Funds		66,05,000		1,36,85,000	Purchase of Fixed Assets	-	41,400
RG Manudhane Foundation for Excellence		79,964		80,19,904			
AP Azim Premji Philanthropic Initiatives Private Limited		1,40,26,414		1,66,253	Outstanding expenses paid	4,51,032	4,12,203
R.D. Tata Trust		4,05,37,447		1,95,94,624	Advances given	-	2,16,750
Other donors - Community Resilient Health Project Statement		55,07,366		74,99,928			
Program Revenue		23,79,150		16,01,300	**Closing balance**		
Refund of advances given		2,16,249			Cash and cash equivalents - Refer Note 9(a)	4,15,74,517	1,73,20,300
Income tax refund		1,96,010		4,76,384			
Interest form Income tax refund		10,780		26,998			
		16,19,11,745		**13,35,44,057**		**16,19,11,745**	**13,35,44,057**

See accompanying notes forming part of the financial statements

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(Formerly known as M S K A & Associates)
Chartered Accountants
ICAI Firm Registration No. 105047W/W101187

PRAKASH CHANDRA BHUTADA

Prakash Chandra Bhutada
Partner
Membership No.: 404621

Place: Hyderabad
Date: September 19, 2026

For and on behalf of the Society
Healing Fields Foundation

MUKTESHWARI KAUSHIK BOSCO

Mukteshwari. K. Bosco
Secretary

Place: Hyderabad
Date: September 19, 2026

AUDITED FINANCIAL STATEMENTS

Healing Fields Foundation
Income and Expenditure for the year ended March 31, 2026

(Amount in ₹)

	Particulars	Note	Year ended March 31, 2026	Year ended March 31, 2025
I	**Income**			
	Donations and Grants	12	8,95,67,192	5,06,12,946
II	Other income	13	33,78,631	33,79,179
III	**Total Income (I+II)**		**9,29,45,822**	**5,39,92,125**
IV	**Expenses:**			
	Project expenses	14	6,49,99,539	5,65,96,698
	Program management and Administrative expenses	15	83,05,678	75,50,680
	Other expenses	16	3,34,131	4,72,247
	Depreciation expenses	7	30,849	30,419
	Total expenses		**7,36,70,197**	**6,46,50,044**
V	**Excess of Income over Expenditure / (Expenditure over Income) for the year (III- IV)**		1,92,75,626	(1,06,57,919)
	Transferred to:			
	Unrestricted funds		(1,07,72,101)	(1,80,54,320)
	Restricted funds		3,00,47,727	73,96,401
			1,92,75,626	**(1,06,57,919)**

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Chartered Accountants
ICAI Firm Registration No. 105047W/W101187

PRAKASH CHANDRA BHUTADA
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Date: 2026.09.19 15:28:00 +05'30'

Prakash Chandra Bhutada
Partner
Membership No.: 404621

Place: Hyderabad
Date: September 19, 2026

For and on behalf of the Society
Healing Fields Foundation

MUKTESHWARI KAUSHIK BOSCO

Mukteshwari. K. Bosco
Secretary

Place: Hyderabad
Date: September 19, 2026

Statutory Auditors: M S K A & Associates LLP (BDO India)
Internal Auditors: M.Anandam & Co.

BOARD MEMBERS

N. Rangachary
Former Chairman Insurance Regulatory & Development Authority & Central Board of Direct Taxes

Mukteshwari Bosco
Founder and Secretary, Healing Fields Foundation

Sujatha Rao I.A.S (Retd)
Former Union Secretary Health

Nimish Parekh
Entrepreneur,
Founder - Parekh Health, Alinea Healthcare
Former CEO and Founder - UnitedHealthcare Parekh Insurance TPA

Uttam Patel
Chartered Accountant, APT Global

C. Babu Joseph
Former Executive Trustee, Axis Bank Foundation

Siva Chittor
CFO, Sai Life Sciences Pvt Ltd

Abhishek Poddar
Managing Partner, BlueDot Capital

Sanjay Jesrani
Founder and CEO, Go North Ventures

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