

BLU BEARING SOLUTIONS **PROTECTOR MINDSET** (ACTIVE THREAT RESPONSE)

The **PROTECTOR MINDSET** is a three-day course that will test student's ability to make critical decisions under different types of stress and cultivate the confidence to apply appropriate **HOSTAGE RESCUE TECHNIQUES** to intervene during an **ACTIVE THREAT** situation.

This course is for the Law Enforcement Student in the **RIGHT PLACE** at the **RIGHT TIME** & is the **RIGHT PERSON**. SROs, Patrol, and Tac Team members are all encouraged to come out. We encourage all officers to attend regardless of whether they are on a Tactical Team.

Students will receive detailed course instruction, demonstrations, practical, reallife force-on-force scenarios, and immediate diagnostic feedback.

Students will leave this course with purpose, clarity, confidence, and the tools/techniques to stop ACTIVE THREATS.

The environment and objectives will be realistic and based on our **COLLECTIVE EXPERIENCE AT BLU BEARING**, working in the most ELITE UNITS of the **US ARMY & LAW ENFORCEMENT TEAMS**. **DAY 1:** Protector Mindset (Classroom) | Fundamentals of Marksmanship | Shoot, Move & Communicate | Surgical Shot Placement on the Move (Pistol & Rifle Mechanics)

DAY 2: Protector Mindset (Classroom) | Active Shooter Vignettes | Commonly Used Terms | Individual Movement Techniques | Methods of Entry | 2-4 Man Room Clearance (CQB) | Hostage Rescue Techniques

DAY 3: Breathwork/Meditation Techniques | Stop the Bleed training | Active Threat Scenario-based training | Commercial Venue | Simulate a real-world operational environments

COURSE OVERVIEW



This course is designed to increase operational capabilities individually and as a team. You will learn how to become a Force Multiplier in these dangerous environments, where convergence onto the scene with varied levels of skill and dress is guaranteed. Like any tool/technique, it has to be there when you need it, and you need to know how to use it effectively and efficiently.

In this course, attending personnel will learn leading-edge tactics used today by TIER-1 teams to search for and clear a structure that mitigates complex, deadly force encounters. You will learn how to identify what type of environment you're in that will assist in your decision-making when choosing a tactic/tool to apply. You will leave with a basic understanding of breaching and the door and jamb construction. You will be able to identify different styles of doors, including panic bar doors and other fire-rated materials that sometimes change the method of breaching.

Students will be taught how to effectively engage threats while moving at rapid, manageable speeds. The end state for students is learning what an acceptable shot is for them at any given distance/speed and target presentation—learning how to adjust their movements and actions to achieve optimal performance.

COURSE LOADOUT:

- Semi-automatic pistol Full-size and compact pistols
- Three magazines minimum
 - 250 Rounds of Pistol Ammunition (LIVE) and 100 Rounds of Pistol Ammunition (Simmunition)
- Dominant side, hip-mounted holster or dominant side, belt-mounted holster (Active Retention or Friction Retention. NO SERPA HOLSTERS)
- Magazine pouch(es)
- Sturdy belt
- Semi-automatic rifle or carbine with sling
- Three magazines
- 400 Rounds of Rifle Ammunition (LIVE) and 250 Rounds of Rifle Ammunition (Simmunition)
- Magazine Pouch
- Body Armor/Chest Rig/Load Bearing Vest
- Ballistic Helmet

ADDITIONAL ITEMS:

- Footwear suitable for rapid movement and turning
- Wear clothing suitable for training in any weather; pants must have belt loops.
- Wraparound eyewear, polycarbonate lenses, or non-shattering prescription glasses
- Earmuffs and earplugs (Electronic Preferred)
- Lunch/Water

BLU BEARING can provide the **Unit4** training rifles and airsoft pistols with prior coordination.

• UNIT4 training rifles are classified as a NON-FIREARM by the ATF

LEARN MORE about the Protector Mindset and the UNIT4 training rifle

