



Reese's Cheesecake Snack Bowl

Macros: 350 Calories; 42g Protein; 24g Carbs; 11g Fat

Ingredients

- $\frac{1}{2}$ cup low-fat cottage cheese
- 1 serving vanilla protein powder
- 2 tbsp powdered peanut butter (rehydrated)
- $\frac{1}{2}$ tbsp maple syrup
- 1 tbsp dark chocolate chips
- $\frac{1}{2}$ tbsp crushed peanuts (optional)

Directions

- Add the cottage cheese, protein powder, powdered peanut butter (mixed with a little water to form a paste), and maple syrup to a blender.
- Blend until completely smooth, then pour into a small jar or glass.
- Add the dark chocolate chips to a microwave-safe bowl. Microwave in 20–30 second intervals, stirring between each, until melted and smooth.
- Pour the melted chocolate over the cheesecake mixture. Gently rotate the glass to spread it into an even layer. Sprinkle with crushed peanuts if desired.
- Place in the fridge or freezer for a few minutes until the chocolate sets. For a thicker cheesecake texture, refrigerate for 1–2 hours.