



The Plant-Based Powerhouse (Mocha Maca)

Macros: 310 Calories; 25g Protein; 18g Carbs; 14g Fat

Ingredients

- 1 scoop (approx. 30g) chocolate pea or blended plant protein powder
- 1/2 cup cold brew coffee
- 1/2 cup oat milk (unsweetened)
- 1 tbsp almond butter
- 1 tsp maca powder
- Handful of ice

Directions

- Combine the cold brew and oat milk in the blender.
- Add the plant protein, almond butter, and maca powder.
- Add ice and blend on high until smooth and frothy.