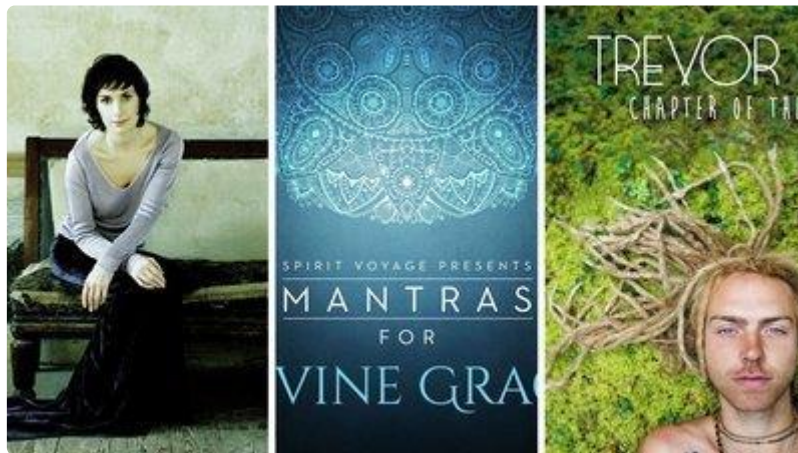


12 MUSICAL MEDITATIONS TO CHANNEL YOUR INNER YOGI

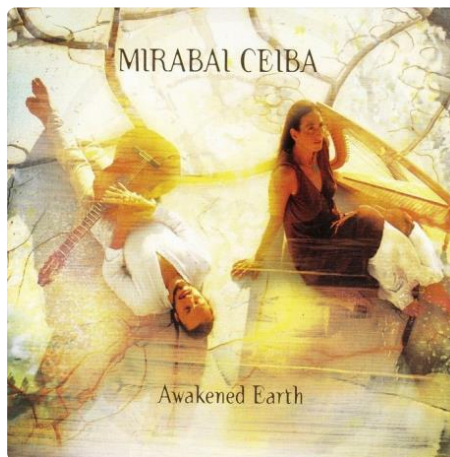
October 29, 2019



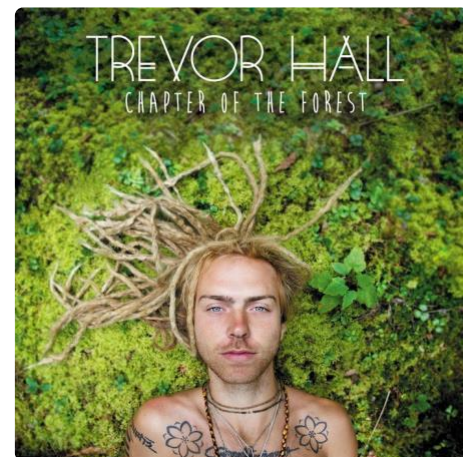
Focus your energy and calm your mind by adding these relaxing melodies to your next yoga session.



1. "Only Time"



2. "Ong Namo"



3. "Chapter Of The Forest"

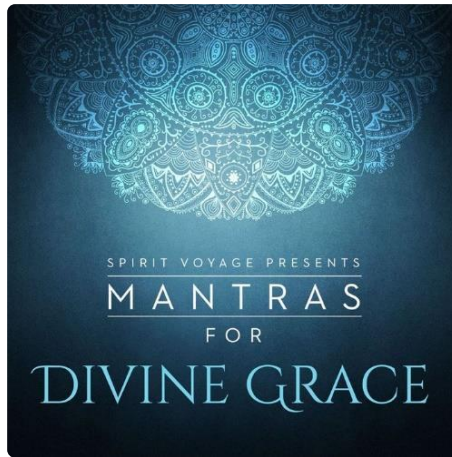
By Enya



4. "Way Down We Go"

By Kaleo

By Mirabai Ceiba



5. "Guru Ram Das Raakho Saranaa-Ee (Sanctuary)"

By Snatam Kaur

By Trevor Hall



6. "Way Down Low"

By Brenda McMorrow



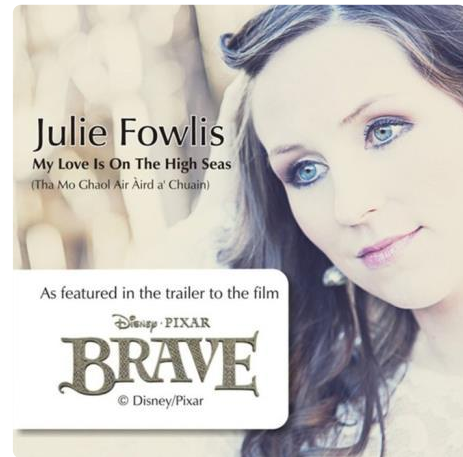
7. "Sunshine"

By Matisyahu



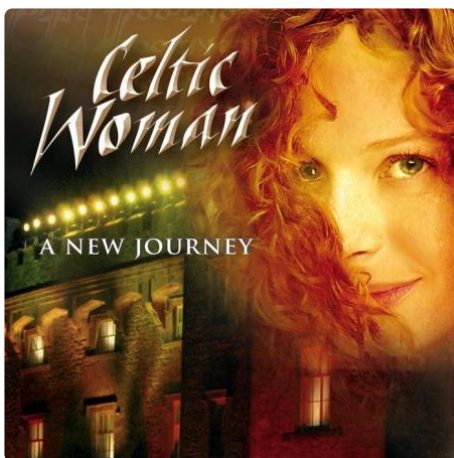
8. "Bountiful, Blissful, Beautiful"

By Bachan Kaur



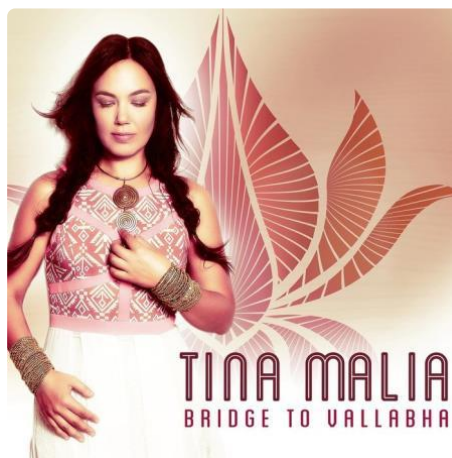
9. "Lon-Dubh (Blackbird)"

By Julie Fowlis



10. "The Voice"

By Celtic Woman



11. "Om Sarve"

By Tina Malia



12. "La Ilaha Il Allah"

By HuDost