



Breakfast Burritos

Macros: 450 Calories; 48g Protein; 47g Carbs; 14g Fat

Ingredients

- 2 lbs. 96/4 ground beef
- 8 whole eggs
- 8 slices of bacon
- 8 slices of American cheese
- 8 servings, fat free mozzarella cheese
- 8 servings of honey

Directions

1. Cook beef, eggs, and bacon to your preferences
 - a. I add seasoned salt to my beef and my eggs are seasoned with salt and pepper
2. Divide mixture onto 8 tortillas
3. Add cheese slice, mozzarella cheese and honey to each burrito
4. Roll up the burritos and place in tin foil or container

Recommendations

- You can re-heat the burritos in microwave in 2 min if in refrigerator. Add time if frozen