



INVICTUS
SPORTS PERFORMANCE & FITNESS



THE PLANT-BASED POWERHOUSE

(MOCHA MACA)

310 Calories | 25g Protein | 18g Carbs | 14g Fat

INGREDIENTS

- 1 scoop (approx. 30g) chocolate pea or blended plant protein powder
- ½ cup cold brew coffee
- ½ cup oat milk (unsweetened)
- 1 tbsp almond butter
- 1 tsp maca powder
- Handful of ice

DIRECTIONS

1. Combine the cold brew and oat milk in the blender.
2. Add the plant protein, almond butter, and maca powder.
3. Add ice and blend on high until smooth and frothy.