

BREAKFAST BURRITOS

450 Calories | 48g Protein | 47g Carbs | 14g Fat



INGREDIENTS

- 2 lbs. 96/4 ground beef
- 8 whole eggs
- 8 slices of bacon
- 8 slices of American cheese
- 8 servings, fat free mozzarella cheese
- 8 servings of honey
- 8 tortillas

DIRECTIONS

1. Cook beef, eggs, and bacon to your preferences
 - I add seasoned salt to my beef and my eggs are seasoned with salt and pepper
2. Divide mixture onto 8 tortillas
3. Add cheese slice, mozzarella cheese and honey to each burrito
4. Roll up the burritos and place in tin foil or container

Recommendations

You can re-heat the burritos in the microwave in 2 min if in the refrigerator. Add time if frozen.