

BIODEX

FITNESS AND ATHLETIC PERFORMANCE TESTING



Neuromuscular Testing and Rehabilitation

- Resistance continuously matches effort, accommodating to variations in patient force output due to weakness, pain or fatigue at specific points in the individual's range of motion.
- Targets weaknesses and measures any deficits in athletes with no impact
- By identifying the area that is weak, a targeted rehabilitation or exercise program can be designed
- Increase player longevity, reduce injuries, better quantify deficits and generate reports that note improvement, show where more work is needed and motivate athletes to increase strength
- Perfect for taking your game to the next level, the Biodex System Pro 4 is used in over 30 professional sports training rooms



Are you a runner, cyclist,
or soccer player?

Do you play baseball,
football, hockey, or
another team sport?

**THEN BIODEX TESTING
IS FOR YOU!**

**Improve Your
Athletic
Performance with
This Test for \$75!**

Test includes individualized
evaluation and exercise program
(Discount provided for multiple sessions)

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