

Nspire All-Stars Class & Team Schedule 2026-2027

	Mon	Tues	Wed	Thurs	Fri	Sat
Mommy & Me Ages 3 and under					10-11am	10-11am
Homeschool Cheer Age 3-18	9am-12pm	9am-12pm	9am-12pm	9am-12pm		
Preschool Cheer Age 3-4			5-5:50pm			
Rec Cheer Age 5-18			6-7pm			
Tumbling Age 5-18				5:30-6:30pm		11am-12pm
Cheerabilities (Special Needs) Age 3-18				6:30-7:30pm		
Adult Workout Age 18+		8-9pm		8-9pm		
Open Gym Open to the Public					6:30-9:30pm	
Sunshines (Show Team) Age 3-18	6-7pm					
Rainbows (Cheerabilites Team) Age 5+					5:30-6:30pm	
Tiny Starburst Team DOB 2019-2021	4:30-5:30pm	4:30-5:30pm				
Mini Milkyway Team DOB 2017-2020	5:30-7pm	5:30-7pm				
Junior Luna Team DOB 2011-2018		6:30-8:30pm		6:30-8:30pm		
Senior Eclipse Team DOB 2007-2014	7-9pm		7-9pm			
Pom Dance Ages 3-18				5-6pm		

Ask about our pricing info!

Birthday Parties available on Saturdays & Sundays by request