

Dr Alex C. Wilson

Clinical Psychologist in Neuropsychology

BA, MSc, DPhil, DClinPsy

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PERSONAL PROFILE

I am a Health and Care Professions Council (HCPC) registered Practitioner (Clinical) Psychologist (Registration number: PYL043238) and experienced clinical researcher. I have worked across community and hospital settings supporting people with neurological conditions. This includes a range of long-term neurological conditions (such as brain injury, multiple sclerosis, epilepsy, dementia and functional neurological disorder). In addition, I am experienced in working with neurodivergent young people and adults (particularly autistic people).

I can carry out holistic neuropsychological assessments of a person's cognitive functioning in relation to their wider context and clinical history. I can offer cognitive rehabilitation to support individuals and the people around them to understand and manage cognitive changes relating to an injury or illness. I can also provide psychotherapy to help people live well with neurological changes, based on an individualised understanding of the person, their challenges and their goals. In psychotherapy, I draw mostly on cognitive behaviour therapy (CBT) and acceptance and commitment therapy (ACT) approaches. I enjoy working flexibly, creatively and collaboratively with individuals and their families to find the best way of working together.

EMPLOYMENT & EXPERIENCE

Associate - Clinical Psychologist in Neuropsychology

Rowley Clinical Neuropsychology Services Limited (October 2023 – present)

Clinical Psychologist in Neuropsychology

Newcastle Upon Tyne Hospitals (NUTH) Trust (October 2023 – present)

Trainee Clinical Psychologist

Cumbria, Northumberland, Tyne & Wear (CNTW) Foundation Trust (2020 - 2023)

- Talking Helps Newcastle (Primary care, CBT with adults)
- Durham and Darlington Neurodevelopmental Assessment Service (Autism assessment, young people)
- Sunderland and Gateshead Community Acquired Brain Injury Service (Outpatient neuropsychology, adults)
- East Durham Adult Learning Disabilities Integrated Team (Learning disabilities, adults)
- Long elective placement in Neuropsychology services at the Royal Victoria Infirmary (Inpatient and outpatient neuropsychology, adults)

DPhil (PhD) Student

Oxford University. Funded by the European Research Council (2017 – 2020)

- Trained in use of 3di and ADOS-2 autism assessment tools
- Assistant Psychologist. Paediatric Neuropsychology, John Radcliffe Hospital

Research Assistant

Oxford Study of Children's Communication Impairments (OSCCI), Oxford University (2016 – 2017)

EDUCATION

DClinPsy, Newcastle University (2020 – 2023), Professional training for qualification as a Clinical Psychologist.

DPhil (PhD) in Experimental Psychology, Oxford University (2017 – 2020), Supervisor: Prof. Dorothy Bishop. Funded by the European Research Council. Thesis entitled Pragmatic understanding: Comprehension of conversation in individuals with and without communication challenges.

MSc Psychology in Mental Health, Edinburgh University (2015 - 2016), Distinction.

BA English Language and Literature, Oxford University (2012 – 2015), First Class.

RESEARCH PUBLICATIONS

Wilson, A. C., & Gullon-Scott, F. (2023). Social anxiety in autistic people: Does the Clark and Wells model fit? *Journal of Autism and Developmental Disorders*, 10.1007/s10803-023-06108-1. Advance online publication. <https://doi.org/10.1007/s10803-023-06108-1>

Wilson A. C. (2023). Cognitive profile in autism and ADHD: A meta-analysis of performance on the WAIS-IV and WISC-V. *Archives of Clinical Neuropsychology*. Advance online publication. <https://doi.org/10.1093/arclin/acad073>

Wilson, A. C., & Gunn, S. (2023). What parents want in an autism diagnostic report: An interview-based study of parents accessing a neurodevelopmental assessment service. *Clinical Child Psychology and Psychiatry*, 13591045221138703. Advance online publication. <https://doi.org/10.1177/13591045221138703>

Wilson, A. C. (2022). Development and validation of the conversation questionnaire: A psychometric measure of communication challenges generated from the self-reports of autistic people. *Autism & Developmental Language Impairments*, 7. <https://doi.org/10.1177/23969415221123286>

Wilson, A. C., & Bishop, D. V. M. (2022). Does the autism phenotype differ when selecting groups by neurodevelopmental versus genetic diagnosis? An observational study comparing autism and sex chromosome trisomy. *F1000Research*, 11, 571. <https://doi.org/10.12688/f1000research.121878.1>

Wilson, A. C., & Bishop, D. V. M. (2022). Stage 2 registered report: Investigating a preference for certainty in conversation among autistic adults. *PeerJ*, 10, e13110. <https://doi.org/10.7717/peerj.13110>

Wilson, A. C., & Bishop, D. V. M. (2022). A novel online assessment of pragmatic and core language skills: An attempt to tease apart language domains in children. *Journal of Child Language*, 49(1), 38–59. <https://doi.org/10.1017/S0305000920000690>

Wilson A. C. (2021). Do animated triangles reveal a marked difficulty among autistic people with reading minds? *Autism*, 25(5), 1175–1186. <https://doi.org/10.1177/1362361321989152>

Wilson, A. C., & Bishop, D. V. M. (2021). "Second guessing yourself all the time about what they really mean...": Cognitive differences between autistic and non-autistic adults in understanding implied meaning. *Autism Research*, 14(1), 93–101. <https://doi.org/10.1002/aur.2345>

Wilson, A. C., & Bishop, D. V. M. (2020). Registered report: Investigating a preference for certainty in conversation among autistic adults compared to dyslexic adults and the general population. *PeerJ*, 8, e10398. <https://doi.org/10.7717/peerj.10398>

Wilson, A. C., & Bishop, D. V. M. (2020). Judging meaning: A domain-level difference between autistic and non-autistic adults. *Royal Society Open Science*, 7(11), 200845. <https://doi.org/10.1098/rsos.200845>

Wilson, A. C., King, J. & Bishop, D. V. M. (2019). Autism and social anxiety in children with sex chromosome trisomies: An observational study. *Wellcome Open Research*, 4, 32. <https://doi.org/10.12688/wellcomeopenres.15095.2>

Wilson, A. C., & Bishop, D. V. M. (2019). "If you catch my drift...": Ability to infer implied meaning is distinct from vocabulary and grammar skills. *Wellcome Open Research*, 4, 68. <https://doi.org/10.12688/wellcomeopenres.15210.3>

- Woodhead, Z. V. J., Bradshaw, A. R., Wilson, A. C., Thompson, P. A., & Bishop, D. V. M. (2019). Testing the unitary theory of language lateralization using functional transcranial Doppler sonography in adults. *Royal Society Open Science*, 6(3), 181801. <https://doi.org/10.1098/rsos.181801>
- Wilson, A. C., Mackintosh, K., Power, K., & Chan, S. W. Y. (2019). Effectiveness of self-compassion related therapies: A systematic review and meta-analysis. *Mindfulness*, 10(6), 979–995. <https://doi.org/10.1007/s12671-018-1037-6>
- Wilson, A. C., & Bishop, D. V. M. (2018). Resounding failure to replicate links between developmental language disorder and cerebral lateralisation. *PeerJ*, 6, e4217. <https://doi.org/10.7717/peerj.4217>
- Wilson, A. C., & Bishop, D. V. M. (2018). Sex chromosome trisomies are not associated with atypical lateralization for language. *Developmental Medicine and Child Neurology*, 60(11), 1132–1139. <https://doi.org/10.1111/dmcn.13929>
- Wilson, A. C., Schwannauer, M., McLaughlin, A., Ashworth, F., & Chan, S. W. Y. (2018). Vividness of positive mental imagery predicts positive emotional response to visually presented Project Soothe pictures. *British Journal of Psychology*, 109(2), 259–276. <https://doi.org/10.1111/bjop.12267>
- Bradshaw, A. R., Thompson, P. A., Wilson, A. C., Bishop, D. V. M., & Woodhead, Z. V. J. (2017). Measuring language lateralisation with different language tasks: A systematic review. *PeerJ*, 5, e3929. <https://doi.org/10.7717/peerj.3929>

PROFESSIONAL REGISTRATIONS

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) register (Registration number: PYL043238)

REFERENCES

References from consultant clinical neuropsychologist colleagues can be supplied on request.