Dr Jack Garfield

Clinical Psychologist in Neuropsychology

BSc, ClinPsyD

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PERSONAL PROFILE

I am a Principal Clinical Psychologist and Health Care and Professions Council (HCPC) registered Practitioner (Clinical) Psychologist. I currently hold an NHS role in a Major Trauma Service providing acute psychological and cognitive assessments for people with complex polytrauma, neurorehabilitation and physical health needs. This work involves providing psychological first aid to both patients and their families/carers, supporting patients' initial adjustment to significant life changing injuries, and assisting members of the care team to understand the impacts of neuropsychological changes on patients' presentation and recovery potential. I have experience of working appropriately within legislative contexts including the Mental Health Act and Mental Capacity Act.

My clinical work, during and since qualification, has spanned the ability and age range, working with both children and adults, as well as working with ethnically diverse clinical populations. I have experience working alongside external and partner agencies and have skills in risk assessment and management across a range of acute and community settings in both the NHS and private sector work.

I have offered teaching on Cognitive Behavioural Therapy for people with a learning disability with or without Autism on the Teesside Doctorate in Clinical Psychology Programme and have delivered workshops on the application of Compassion Focused Therapy to a range of clinical populations. I am due to co-deliver workshops on racially equitable practice at Buckinghamshire New University. I also supervise Trainee Clinical Psychologists at the University of Hull.

EMPLOYMENT

Associate - Clinical Psychologist in Neuropsychology
Rowley Clinical Neuropsychology Services Ltd (March 2024 – Present)
Principal Clinical Psychologist

Major Trauma, Hull University Teaching Hospital NHS Trust (February 2024 – Present)
Principal Clinical Psychologist
Community Lifespan Learning Disability Service, Tees, Esk and Wear Valley NHS Foundation Trust (October 2023 – February 2024)
Associate Clinical Psychologist

Sphere Memory and Rehabilitation Team Ltd (July 2023 – Present)
Clinical Psychologist

Racially Equitable Practice Trainer, Jules McKenzie Consultancy Services Ltd (November 2023 – Present)
Clinical Psychologist

Compassion Focused Therapy Trainer, The Compassionate Mind Foundation (November 2022 – Present)
Clinical Psychologist

Community Lifespan Learning Disability Service, Tees, Esk and Wear Valley NHS Foundation Trust (October 2022 – October 2024)
Trainee Clinical Psychologist

Humber NHS Foundation Trust (September 2019-21)

EDUCATION

Doctorate in Clinical Psychology (ClinPsyD), University of Hull, 2019-21

BSc Psychology with Hons (1:1), University of Hull, 2016-19

RESEARCH PUBLICATIONS & PRESENTATIONS

Research paper entitled '*The Effects of the Flow of Compassion and Self-Criticism on the Distress Resulting from Stammering: A Moderation Research Design'* currently in the process of publication with the Journal of Fluency Disorders.

I am also hoping to publish my systematic literature review paper entitled '*Anxiety and Depression in Adults who Stammer: Investigating the Effectiveness of Psychological Interventions Through Narrative Synthesis'*.

PROFESSIONAL REGISTRATIONS

Practitioner Psychologist – Health Care and Professions Council (HCPC), registration number: PYL041490

Graduate Membership – BPS (2019-21). As part of this role, I organised and delivered events including 'Finding Growth Amidst the Challenges of a Pandemic' and 'Leadership in Clinical Psychology'.

FURTHER TRAINING

Mentalisation Based Therapy Skills (February 2023)

Flash Training (Dr Philip Manfield, May 2023)

REFERENCES

References from brain injury case managers, solicitors, and consultant clinical neuropsychologist colleagues can be supplied on request.