

Dr Jennifer Oddy

Clinical Paediatric Neuropsychologist

BSc (Hons) MSc DCLinPsy PGDip

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PERSONAL PROFILE

I'm a chartered clinical psychologist registered with the Health and Care Professions Council (HCPC) as a practitioner psychologist. Since qualifying as a clinical psychologist in 2014, I have predominately worked in services for children, young people, and families. In addition to paediatric neuropsychology, this has included mental health, looked after child, learning disability, and neurodevelopmental services. More recently, I have worked with adults in a neurodevelopmental service. In paediatric neuropsychology, I have worked with children and young people with a broad range of presentations, including acquired and perinatal brain injuries, epilepsies, brain tumours, neurovascular conditions, and epilepsy surgery candidates. I also provided psychological input into the regional neurorehabilitation and tuberous sclerosis complex (TSC) multidisciplinary teams.

I have worked in leadership roles as both a principal and consultant clinical psychologist and clinical lead. I have completed BPS accredited supervisor training and have supervised a range of professionals, and psychologists at both pre- and post-qualification levels. I have completed further post-qualification training in paediatric neuropsychology and therapies, including acceptance and commitment therapy (ACT), compassion focused therapy (CFT), and systemic approaches. In addition to my clinical work, I also work as a senior lecturer/academic tutor on a doctorate in clinical psychology training programme. This role involves supervising doctoral theses, module leadership, contributing to teaching, assessing/marking trainee assignments, and personal and professional development (PPD) tutoring. I am currently completing a postgraduate certificate in learning and teaching in higher education (PGCLTHE).

EMPLOYMENT

Clinical Paediatric Neuropsychologist

Associate, Rowley Clinical Neuropsychology Services Ltd (March 2025 – Present)

Principal Clinical Psychologist

Adult neurodevelopmental service, The Oakdale Centre CIC (October 2024 - Present)

Consultant Clinical Psychologist and Clinical Lead

Neurodevelopmental service (lifespan), The Oakdale Centre CIC (March 2023 – October 2024)

Senior Lecturer/Academic Tutor

Doctorate in Clinical Psychology programme, Teesside University (December 2022 - Present)

Principal Clinical Psychologist

Paediatric Neuropsychology Service, The Leeds Teaching Hospitals NHS Trust (December 2022 – March 2023)

Senior Clinical Psychologist

Paediatric Neuropsychology Service, The Leeds Teaching Hospitals NHS Trust (June 2017 - December 2022)

Highly Specialist Applied Psychologist

ADHD and Learning Disability teams, CAMHS, Tees, Esk, and Wear Valleys NHS Foundation Trust (April 2016 – June 2017)

Applied Psychologist

CAMHS, Looked after Children service and Multi Agency Autism Assessment Teams (under 5 years and 5-18 years), Tees, Esk, and Wear Valleys NHS Foundation Trust (November 2014 – April 2016)

Trainee Clinical Psychologist

Tees, Esk, and Wear Valleys NHS Foundation Trust (September 2011 – September 2014)

EDUCATION

Postgraduate Certificate in Learning and Teaching in Higher Education – currently ongoing Teesside University (2023 – present)

Postgraduate Diploma in Clinical Paediatric Neuropsychology (Merit), University College London (2020 – 2022)

Doctorate in Clinical Psychology (Pass – Pass/Fail only grading system), Teesside University (2011 – 2014)

MSc Qualitative Psychology and Health (Merit), University of Leeds (2005 – 2006)

BSc (Hons) Psychology (2:1), Royal Holloway University of London (2000 – 2003)

RESEARCH PUBLICATIONS & PRESENTATIONS

- Dexter-Smith, S., Oddy, J., & Cate, T. (2015). Leadership Profiles for Applied Psychologists: Mapping the Leadership Academy's Healthcare Leadership Model. *Clinical Psychology Forum*, 276, 4-5.
- Houston, A. L., Wilson, N. S., Morrall, M. C. H. J., Lodh, R., & Oddy, J. R. (2020). Interventions to improve outcomes in children and young people with unresponsive wakefulness syndrome following acquired brain injury: A systematic review. *European Journal of Paediatric Neurology*, 25, 40 – 51.
- NHS Northeast Leadership Academy (2015). Case study: Using the NHS Healthcare Leadership Model to Develop Stronger Leaders. Web link: <http://www.nelacademy.nhs.uk/news/developing-stronger-leaders>
- Oddy, J., Colbourn, C., & Freshwater, K. (2015). A mixed method analysis of outcomes and the process of change in Cognitive Analytic Therapy (CAT). Presented at the Tees, Esk and Wear Valleys NHS Foundation Trust CAT Network Meeting, Stockton, UK.
- Oddy, J., Colbourn, C., & Freshwater, K. (2017, January). A mixed method analysis of outcomes and the process of change in Cognitive Analytic Therapy (CAT). Poster presented at the Division of Clinical Psychology (DCP) Annual Conference, Liverpool, UK.
- Oddy, J., & Dexter-Smith, S. (2017, January). Leadership Profiles for Applied Psychologists: Mapping the Leadership Academy's Healthcare Leadership Model. Poster presented at the Division of Clinical Psychology (DCP) Annual Conference, Liverpool, UK.
- Oddy, J., Dexter-Smith, S., & Cate, T. (2015). Mapping the roles of applied psychologists to the NHS healthcare leadership model. Presented at the North Tees and Hartlepool NHS Foundation Trust 6Cs Nursing Conference, Teesside University.
- Oddy, J., Mitchell, S., & Thorne, F. (2009). A qualitative analysis of a psychologically focused service for severe psychosis. The International Society for the Psychological Treatments of the Schizophrenias and the Other Psychoses (ISPS) International Conference, Copenhagen, Denmark.
- Oddy, J., Ormrod, J., Firth, M., & Dibdin, J. (2010). Joint supervision – pros and cons and things to consider. *Clinical Psychology Forum*, 210, 45 – 48.

PROFESSIONAL REGISTRATIONS

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (Registration number: PYL31382)

Chartered Psychologist of the British Psychological Society and member of the Division of Clinical Psychology (DCP) and the Division of Neuropsychology (DoN) (Membership Number: 162361)

Listed on the BPS register of **applied psychology practice supervisors** (RAPPS)

Member of the Association of Clinical Psychologists (ACP)

FURTHER TRAINING

British Psychological Society (BPS) - currently ongoing, Qualification in Paediatric Clinical Neuropsychology (QiCN) (2019 – Present)

Autism Diagnostic Observation Schedule (ADOS) – 2nd edition, Hogrefe/AS Directions, Jan 2025

Compassion Focussed Therapy (CFT) - Leeds Teaching Hospitals NHS Trust and Mary Welford (2020 - 2021)

Acceptance and Commitment Therapy (ACT) for Physical Health Conditions, Leeds Teaching Hospitals NHS Trust and Ray Owen (2019)

Foundation Course in Family Therapy and Systemic Practice, Tees, Esk, and Wear Valleys NHS Foundation Trust, 2015 – 2016

Positive Behaviour Support (PBS), Tees, Esk, and Wear Valleys NHS Foundation Trust, 2015

BPS Accredited Supervisor Training Course (providing eligibility for RAPPS), Teesside University, 2015

Mindfulness-Based Cognitive Therapy (MBCT), Tees, Esk, and Wear Valleys NHS Foundation Trust, 2013

REFERENCES

References can be supplied on request.