Dr Kyle Dunn

Senior Clinical Psychologist in Neuropsychology

Associate Lecturer

BA (Hons), MSc, PGDip, DClinPsy

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PERSONAL PROFILE

I am a Senior Clinical Psychologist with experience of working with individuals experiencing cognitive, emotional, and behavioural difficulties across community and inpatient settings. My current NHS role primarily involves working across two highly specialist neurorehabilitation wards within a specialist tertiary care service, as well as providing support on to neurobehavioural wards, and community head injury services. I also have extensive experience of working in older adult services, in particular with individuals with neurodegenerative conditions. In my therapeutic work I draw on a range of models including cognitive behavioural- (CBT), acceptance and commitment- (ACT), and compassion-focused- therapies (CFT) therapies, as well as drawing on trauma-informed approaches.

EMPLOYMENT

Senior Clinical Psychologist

Walkergate Park, Centre for Neurorehabilitation and Neuropsychiatry. Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (August 2024 – present)

Senior Clinical Psychologist

Gateshead Older Adult Psychology (Gateshead Older Adult Community Mental Health; Inpatient Stroke Services, Queen Elizabeth Hospital, Gateshead), Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (June 2024 – August 2024)

Associate - Principal Clinical Psychologist in Neuropsychology

Rowley Clinical Neuropsychology Services Ltd (September 2023 – Present)

Principal Clinical Psychologist

North Cumbria Older Adult Inpatient Psychological Services, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (September 2023 – May 2024)

Associate Lecturer

Lancaster University (September 2022 – Present)

Senior Clinical Psychologist

North Cumbria Memory and Later Life Service, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (January 2021 – August 2023)

Clinical Psychologist

Department of Psychological Services and Research, Dumfries and Galloway NHS Trust (December 2019 – December 2020)

Trainee Clinical Psychologist

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust/Department of Clinical Psychology, Newcastle University (September 2016 – September 2019)

The British Psychological Society Chartered Psychologist

hcpc registered www.hcpc-uk.org

EDUCATION

MSc in Applied Clinical Neuropsychology, Glasgow University, 2024 - present
PgDip. in Applied Clinical Neuropsychology (Knowledge Component), Glasgow University, 2021 – 2023
Doctorate in Clinical Psychology, Newcastle University, 2016 – 2019
Thesis title: Understanding cognitive subtypes and appraisal processes in Obsessive-Compulsive Disorder
Elective Specialist Placement: Neuropsychiatry and Neurorehabilitation, Walkergate Park Hospital, Newcastle Upon Tyne
PG Cert. In Improving Access to Psychological Therapies in Primary Care, Liverpool John Moores University, 2013 – 2014
MSc In Psychology (Conversion) with Distinction, Northumbria University, 2012 – 2013
BA (Hons) In Architectural Studies, Newcastle University, 2005 – 2009

PROFESSIONAL REGISTRATIONS

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (PYL37771)

FURTHER TRAINING

Autism Clinical Interview for Adults (ACIA) training, Newcastle University, August 2024
Feeling safe programme, Oxford Cognitive Approaches to Psychosis, Oxford University, October - December 2023
Cognitive Stimulation Therapy, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, Workington, February 2023
Adjustment to diagnosis of a long-term physical condition, Bespoke Mental Health, January 2023
Mentalisation-Based Therapy (MBT), Introductory Practitioner Training, Anna Freud Centre, University College London, February – July 2022
Communication and Interaction Training (CAIT) In Dementia Care, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, June 2022
Working Therapeutically with People Who Self-Injure and Self-Harm, Bespoke Mental Health, June 2022
Enhanced applications for understanding and using compassion-focused therapy (CFT) in trauma treatment, Compassionate Mind Foundation, November 2022
Assessing reliable change in neuropsychological assessment, Aberdeen University, September 2022
Clinical Supervisor Training, Newcastle University, October 2021 – September 2022

CONFERENCES/WORKSHOPS

Inpatient Psychological Services and Reducing Restrictive Interventions Workshop, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, September 2023
World Federation for Neurorehabilitation Conference (Neuropsychological Rehabilitation Special Interest Group), Glasgow, July 2023
BPS Faculty of Psychology for Older People (FPOP, North-East branch), presented on suicide and self-harm risk in older adults and dementia, Gateshead, June 2023
Suicide and Self-harm Prevention Conference. Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, Newcastle Upon Tyne, February 2023
Equality, Diversity and Inclusion Conference, Newcastle University, Doctorate in Clinical Psychology, July 2021

REFERENCES

References can be supplied on request.