RCNS
ROWLEY CLINICAL NEUROPSYCHOLOGY SERVICES

The British Psychological Society
Chartered Psychologist

hcpc registered
www.hcpc-uk.org

Dr Lily Dixon, BSc, ClinPsyD

Principal Clinical Psychologist (Neuropsychology)

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PERSONAL PROFILE

I am a Principal Clinical Psychologist and Health and Care Professions Council (HCPC) registered Practitioner (Clinical) Psychologist experienced in complex neurorehabilitation across acute inpatient, outpatient, and community settings. My work focusses on supporting recovery from sudden changes in physical health, particularly following complex polytrauma and acquired brain injury. I remain active in clinical planning and development, contributing to regional and national clinical networks to share best practice and ensure my work is aligned with contemporary literature and clinical guidance. I train and supervise the clinical practice of Trainee Clinical Psychologists at the University of Hull.

My clinical work has spanned the age and severity ranges, working with a culturally diverse population. I routinely provide consultation to multidisciplinary teams alongside working directly with individuals, undertaking neuropsychological assessment and formulation of the consequences of brain injury to establish integrated care and intervention plans on individualised basis. I am accustomed to operating within legislative contexts such as the Mental Capacity and Mental Health Acts in addition to forensic matters covered by the Offender Management Act, and have a high aptitude for issues of risk management. My special interest is in working with the network around individuals, collaborating with multidisciplinary teams to deliver integrated care and treatment, and supporting the social system understand neuropsychological changes.

EMPLOYMENT

Associate - Principal Clinical Psychologist
Rowley Clinical Neuropsychology Services Ltd (March 2022 – present)

Principal Clinical Psychologist
Acute and Complex Rehabilitation, Hull University Teaching Hospitals NHS Trust (May 2019 – Present)

- Supporting the Complex Rehabilitation Pathway for people who have experienced a change in their physical health and abilities. Predominantly working with inpatient teams from acute intensive care through to post-acute rehabilitation and discharge, including onward specialist support in outpatient Neuropsychology.

Clinical Psychologist
Inpatient and Community Neurorehabilitation, Rotherham Doncaster & South Humber Foundation Trust (October 2017 – May 2019)

- Covering predominantly inpatient services for patients at the acute stage of neurorehabilitation and supporting Community Neurorehabilitation and Stroke services to therapeutically manage cognitive, affective, neurobehavioural and psychosocial changes following injury.

Clinical Psychologist
Humber Centre for Forensic Psychiatry, Humber Teaching NHS Foundation Trust (June 2017 – May 2019)

- Supporting those with chronic mental health difficulties typically presenting with risks to themselves and/or others, predominantly with a history of criminal offending. Primary aims of the work were to develop understanding of presenting difficulties in order to increase effective management strategies, reduce experiences of distress, and reduce risk.

Clinical Psychologist in Stroke Rehabilitation
Department of Psychological Medicine, Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (October 2016 – June 2017)

- Providing an Inpatient and Outpatient Psychology service for people affected by stroke, and providing specialist training packages for residential care facilities.

Trainee Clinical Psychologist
Humber Teaching NHS Foundation Trust (September 2013 – September 2016)

- Working into The Probation Service (Hull), Adult Mental Health (Harrogate), The Family Assessment and Support Unit (Hull), Neurorehabilitation Outreach & Community Stroke Rehabilitation Team (Doncaster), Rampton High Secure Forensic Hospital, and York Psychological Medicine (Pain and Neuropsychology teams). Sat on the University Placement Committee and elected as a Division of Clinical Psychology Student Representative for the Yorkshire and Humber branch.

EDUCATION

Doctor of Clinical Psychology (ClinPsyD), *BPS accredited, University of Hull*, Sept 2013 – Sept 2016
Thesis Title: Contributions to individual distress and personal growth following the experience of hallucinations. ***Research Publication:***
Dixon, L., Sanderson, C., Alexander, T., & Holt, L. (2018). A Weird but Interesting Journey: Personal Traumatic Growth for Individuals with Hallucinations. *Journal of Psychology & Psychotherapy*, 8(3). https://doi.org/10.4172/2161-0487.1000343

BSc Psychology, 1st class (Hons), *BPS accredited, University of Hull*, September 2010 - August 2013
Dissertation Title: The nocebo phenomenon: Physiological or psychological? A study into what symptom familiarity can teach us.

FURTHER TRAINING

Neuropsychological Assessment and Treatment for People with Non-Progressive Brain Injury, ABI Solutions, 2020

Acceptance and Commitment Therapy, the Association for Psychological Therapies, 2020

Mental Capacity Act and Self-Neglect, Yorkshire Psychologists, 2020

The Neuropsychiatric Legacy of Pandemic Influenza, Maudsley Learning, 2020

Lower Limb Amputation Masterclass, Hull University Teaching Hospitals NHS Trust, 2019

Introductory Supervisor Workshops Universities of Hull, Leeds and Sheffield, 2017 - 2018

HCR-20V3: Assessing Risk for Violence, Humber Teaching NHS Foundation Trust, 2018

The Neurobiological Basis of Offending, University of York, 2018

Stroke Masterclass, Royal College of Physicians, 2017

CBT for PTSD with Psychosis, University of Hull, 2017

Working with Trauma, Fens Unit, HMP Whitemoor, 2016

Systemic Practice Foundation Level (equivalent training), University of Hull, 2013-2016

PROFESSIONAL REGISTRATION

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (Registration number: PYL33505)

REFERENCES

References from Consultant Clinical Neuropsychologists and other multidisciplinary colleagues can be supplied upon request.