



# Dr Matilda Ohlsson

# Principal Clinical Psychologist in Neuropsychology

BSc, MSc, ClinPsyD, C.Psychol, PGDip Clin. Neuropsych.



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## PERSONAL PROFILE

I am a compassionate and dedicated Principal Clinical Psychologist, registered with the Health and Care Professions Council (HCPC Practitioner Psychologist: PYL32508), with nearly 10 years' experience of working with individuals with neurological conditions and physical health difficulties. I have completed the Post Graduate Diploma in Clinical Neuropsychology and am currently undertaking the practice component of the Qualification in Clinical Neuropsychology. I regularly supervise Clinical Psychology Trainees at the University of Leeds.

Throughout my career, I have had the opportunity to work in a wide range of settings including acute hospitals (stroke and neuro), post-acute neurorehabilitation units and outpatient neuropsychology services. I have experience working across the adult life span with individuals with both acquired and degenerative neurological conditions. I am skilled in completing psychological and neuropsychological assessments, risk assessments, delivering psychological interventions, and in multidisciplinary neurorehabilitation. I have experience working with individuals who are being supported under the Mental Capacity Act and Mental Health Act. Having spent a significant proportion of my career working in neurorehabilitation settings, my particular interest is in goals driven neurorehabilitation and especially in working with, and supporting MDTs to deliver person centred, integrated care and rehabilitation interventions. Therapeutically, I have a particular interest in Third Wave Approaches.

### **EMPLOYMENT**

## Associate - Principal Clinical Psychologist in Neuropsychology

Rowley Clinical Neuropsychology Services Ltd (July 2022 – Present)

## Principal Clinical Psychologist in Neuropsychology

Stroke Rehabilitation Leeds Teaching Hospitals NHS Trust (July 2022 - Present)

## Senior Clinical Psychologist in Neuropsychology

Stroke Rehabilitation and Acute Stroke (November 2021- July 2022)

## Senior Clinical Psychologist in Neuropsychology

Complex Neurorehabilitation and Outpatient Neuropsychology, Leeds Teaching Hospitals Trust (February 2018 – November 2021)

## Clinical Psychologist in Neuropsychology

Complex Neurorehabilitation and Outpatient Neuropsychology, Leeds Teaching Hospitals Trust (October 2015 – February 2018)

### Trainee Clinical Psychologist

Humber NHS Foundation Trust (September 2012 – Sept 2015).

#### **EDUCATION**

Qualification in Clinical Neuropsychology, Practise Component, British Psychological Society, Division of Neuropsychology, (September 2023-present)

**PG** Dip. In Applied Clinical Neuropsychology (Distinction), University of Glasgow (September 2017- May 2021)

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Doctor of Clinical Psychology (ClinPsyD), University of Hull, Sept 2012 – Sept 2015

MSc Memory and it's disorders (Distinction), University of Leeds (September 2011 – September 2012)

BSc Psychology - 1st Class, University of York, 2008 - 2011

#### RESEARCH PUBLICATIONS & PRESENTATIONS

Ohlsson, M., & Wilson, M., (2024). Goal setting in Rehabilitation; Audit of a new process and Evaluation of the Patient experience. Submitted.

Ohlsson, M & Wilson., M. (2023). Is the Problem the Problem: Discrepancies in Referral Rason and Neuropsychology Treatment in Stroke Rehabilitation, UK Stroke Forum, Abstract, UK stroke Forum

Wilson, M., Bates, J., Williams, F., & Ohlsson, M. (2021). The response and experience of Clinical Psychologists and Neuropsychologists working in inpatient neurorehabilitation during the first wave of the Covid-19 pandemic. Neuropsychologist, (11).

Souchay, C., Ohlsson, M., & Zalla, T. (2018). Autobiographical memory and theory of mind in autism spectrum disorder. In J. L. Johnson, G. S. Goodman, & P. C. Mundy (Eds.), The Wiley handbook of memory, autism spectrum disorder, and the law (pp. 92–106). Wiley Blackwell.

### PROFESSIONAL REGISTRATIONS

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (Registration number: PYL32508)

Chartered Psychologist of the British Psychological Society (Membership Number: 676077)

### **FURTHER TRAINING**

Introductory Supervisor Training, Yorkshire Psychologists Post Qualifications Committee (2016-2017)

Advanced Supervisor Workshop, Yorkshire Psychologists Post Qualifications Committee (July 2023)

Act for Physical Health Problems, Contextual Consulting (September-November 2019)

#### REFERENCES

References from brain injury case managers, solicitors, and consultant clinical neuropsychologist colleagues can be supplied on request.

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