Dr Poppy Siddell

Senior Clinical Psychologist in Paediatric Neuropsychology

BSc, PGCert, ClinPsyD, PGDip

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PERSONAL PROFILE

I am a Senior Clinical Psychologist specialising in Paediatric Neuropsychology, registered with the Health and Care Professions Council (HCPC) as a Practitioner Psychologist. My clinical work spans paediatric neuropsychology, neurodevelopmental assessment, paediatric medical psychology, and family-centred therapeutic support across NHS, hospice, and private practice settings. I currently hold senior roles within Calderdale & Huddersfield NHS Foundation Trust and Martin House Children's Hospice.

I have experience working with children and young people presenting with complex neuropsychological, neurodevelopmental, and medical conditions, including acquired brain injuries, cardiac conditions, epilepsy, neuro-oncology, and developmental disorders such as autism and ADHD. My practice includes specialist neuropsychological assessment, differential diagnostic work, trauma-informed intervention, and systemic support for families navigating significant health, developmental, and educational challenges. I have worked closely with multidisciplinary teams across paediatrics, cardiology, neurorehabilitation, and hospice care, providing consultation, formulation, and psychologically informed clinical supervision to clinicians and partner agencies.

Alongside my clinical roles, I have contributed to peer-reviewed research in paediatric neuropsychology, neurorehabilitation, and neurodevelopment. My doctoral research explored compassion in caregiving, complementing my ongoing interest in systemic wellbeing and embedding psychologically informed care in health contexts.

I am currently completing the Paediatric Pathway of the PGDip in Clinical Neuropsychology at the University of Bristol, building on doctoral-level training in Clinical Psychology and further specialist training in autism and ADHD assessment, trauma-focused CBT, and compassion-focused approaches. I am committed to delivering evidence-based, developmentally informed, and compassionate neuropsychological care that supports children, young people, and families to understand their strengths, needs, and pathways to meaningful change.

EMPLOYMENT

Senior Clinical Psychologist in Paediatric Neuropsychology
Associate - Rowley Clinical Neuropsychology Services Ltd (July 2026 – Present)

Senior Clinical Psychologist – Paediatric Neuropsychology
Calderdale and Huddersfield NHS Foundation Trust (July 2025 - Present)

Senior Clinical Psychologist – Family Support Team
Martin House Children's Hospice (August 2025 - Present)

Associate Senior Clinical Psychologist (Self Employed)
Mantle Psychology (September 2025 - Present)

Associate Senior Clinical Psychologist (Self Employed)
Oakdale Centre (October 2023 – July 2025)

Senior Clinical Psychologist – Congenital Cardiology
Leeds Teaching Hospitals NHS Trust (November 2022 – July 2025)

Trainee Clinical Psychologist
Sheffield Health and Social Care NHS Foundation Trust (September 2018 – October 2021)

EDUCATION

PGDip in Clinical Neuropsychology (Paediatric Pathway), University of Bristol, Jan 2026- Present
Doctorate in Clinical Psychology (DClinPsy), University of Sheffield, 2018 – 2021
PGCert in Applied Health Research, University of Leeds, 2016 – 2017
BSc Psychology, University of Leeds, 2011 – 2014

RESEARCH PUBLICATIONS & PRESENTATIONS

Siddell, P. (2022). Psychologists' views on the accessibility and effectiveness of psychological therapies for people with intellectual disabilities and autism. Advances in Mental Health and Intellectual Disabilities, 16(3), 147–156.

Siddell, P. (2021). Understanding the role of compassion in the experiences of caregivers. Doctoral dissertation, University of Sheffield.

Morrall, M. C., Reed Berendt, R., Moss, K., Stocks, H., Houston, A. L., Siddell, P., et al. (2019). Neurocognitive, academic and functional outcomes in survivors of infant ependymoma. Child's Nervous System, 35, 411–420.

Flint, A. E., Waterman, M. G., Siddell, P., et al. (2019). Assessing evidence quality in research reporting neurocognitive outcomes following paediatric temporal lobe surgery for epilepsy. Epilepsy Research, 154, 116–123.

Collinge, S., Prendergast, G., Mayers, S. T., Marshall, D., Siddell, P., et al. (2017). Pre surgical mapping of eloquent cortex for paediatric epilepsy surgery candidates. Seizure, 52, 136–146.

Lodh, R., Siddell, P., Jones, J., & Morrall, M. C. (2017). Improving access to paediatric neurorehabilitation for patients with moderate and severe head injuries. Developmental Neurorehabilitation, 20(7), 452–455.

Shah, E., Lodh, R., Siddell, P., & Morrall, M. C. (2016). Interventions for managing weight change following paediatric acquired brain injury: A systematic review. Developmental Medicine & Child Neurology, 58(10), 1004–1008.8.

PROFESSIONAL REGISTRATIONS

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (Registration number: PYL040589)

FURTHER TRAINING

ADOS 2 Introduction (Hogrefe UK), 2025
Clarifying Complexity: Autism & ADHD Differential Diagnosis, Oasis Psychological Services, 2025
Assessing ADHD in Children & Young People, Dr Jo Steer & Associates, 2024
Trauma Focused CBT, APT, 2023
Compassion Focused Therapy for Physical Health, LTHT, 2024
Introductory Supervisor Training Workshop, Yorkshire three courses consortium. Dec 2021 – Dec 2022
Compassion Focused Staff Support, Compassionate Mind Foundation, 2022

REFERENCES

References from brain injury case managers, solicitors, and consultant clinical neuropsychologist colleagues can be supplied on request.