Dr Ruth Burrell

Consultant Clinical Neuropsychologist

BSc, MSc, ClinPsyD, CPsychol, SRCN

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PERSONAL PROFILE

I am a HCPC registered Clinical Psychologist and a Chartered Member of the British Psychological Society. I have completed post-doctoral MSc training in Clinical Neuropsychology at the University of Glasgow and am entered on the Specialist Register of Clinical Neuropsychologists (SRCN), the recognised gold standard for clinical neuropsychology practice in the UK.

I currently work part-time as an associate of Rowley Clinical Neuropsychology Services Ltd, where I provide treating-clinician services in the context of serious and catastrophic injury litigation, and part-time within the NHS as the Head of Neuropsychology for NHS Dumfries and Galloway.

Across my clinical roles I have developed strong skills in using psychological theory to guide assessment, formulation and intervention planning, with the client held at the centre of my work. I work with individuals across the lifespan presenting with a wide range of neurological conditions. My work includes completing neuropsychological assessments with clients and their families to develop formulations that help understand the cognitive, emotional and behavioural consequences of acquired brain injury and other neurological conditions.

I have extensive experience in neurorehabilitation, including developing and delivering person-centred rehabilitation plans, supporting clients to maximise functional independence, and working collaboratively with multidisciplinary teams to ensure coordinated, goal-driven intervention. My roles have also involved risk assessment and risk management, particularly in the context of cognitive impairment, emotional dysregulation and behavioural change following neurological injury or illness.

I have significant experience sharing formulations with other professionals and working systemically across multiple agencies. I am trained in a number of psychological therapies, including Acceptance and Commitment Therapy (ACT) and Eye Movement Desensitisation and Reprocessing (EMDR).

EMPLOYMENT

Consultant Clinical Neuropsychologist
Associate - Rowley Clinical Neuropsychology Services Ltd (June 2026 – Present)

Consultant Clinical Neuropsychologist – Head of Neuropsychology
Dumfries and Galloway NHS (Apr 2024 - Present)

Senior Clinical Psychologist (8b – Permanent)
NHS Borders (Jan 2022 – Apr 2024)

Senior Clinical Psychologist (8b – Permanent)
Norfolk and Suffolk NHS Foundation Trust (Dec 2019 – Dec 2021)

Clinical Psychologist (8a – Permanent)
Rushcliffe Community Mental Health Team (Oct 2018 – Jun 2021)

Clinical Psychologist
CAMHS - Locum post – Huddersfield (Mar 2018 – Oct 2018)

Clinical Psychologist
AMH, Birmingham (Sep 2017 – Mar 2018)

Trainee Clinical Psychologist
Coventry and Warwick Universities (2014 - 2017).

EDUCATION

The University of Aberdeen Bond Solon Civil Expert Witness Certificate, 2025 – 2026

MSc Clinical Neuropsychology, Glasgow University, 2022 – 2026

Doctor of Clinical Psychology (ClinPsyD), Coventry and Warwick Universities 2014 – 2017

MSc Speech and Language Therapy, University of Essex, 2009 – 2011

BSc Psychology - (Hons), University of Essex, 2006 – 2009

PROFESSIONAL REGISTRATIONS

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (Registration number: PYL35135)
Chartered Psychologist of the British Psychological Society (Membership Number: 250409)
Entry on the **Specialist Register of Clinical Neuropsychologists (SRCN)** of the British Psychological Society

REFERENCES

References can be supplied on request.