RCNS
ROWLEY CLINICAL NEUROPSYCHOLOGY SERVICES

The British Psychological Society
Chartered Psychologist

hcpc registered
www.hcpc-uk.org

Dr Sarah Lewis

Principal Clinical Psychologist

BSc, ClinPsyD, PGDip

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Personal Profile

I am a Principal Clinical Psychologist and Health and Care Professions Council (HCPC) registered Clinical Psychologist. I have experience working across a range of neuropsychology services and settings including rehabilitation units, acute inpatient, outpatient and community and across the age and ability range. I have worked with individuals with acquired and degenerative neurological conditions completing neuropsychological assessment, psychological assessment, risk assessment, formulation, rehabilitation, therapeutic work with individuals and their family and/or carers. I have experience of working within the Mental Capacity Act. In addition to neurorehabilitation, I regularly work with individuals around adjustment following brain injury and health conditions impacting an individual's life, life limiting conditions and palliative care. I frequent use evidence based models within third wave Cognitive Behavioural Therapy approaches to help support individuals with adjustment and help them engage in meaningful and valued activities to promote their quality of life.

I am also keen to work collaboratively with other professionals with the multidisciplinary team to deliver systemic and integrated care for the individual. This may be indirectly via multidisciplinary meetings, consultation and supervision which I regularly provide. I deliver training to promote the understanding and delivery of psychological and neuropsychological care to other professionals and carers. I teach on the Doctorate in Clinical Psychology and supervise Trainee Clinical Psychologists.

Employment

Associate - Principal Clinical Psychologist

Rowley Clinical Neuropsychology Services Ltd (July 2022 – present)

Principal Clinical Psychologist

Neuro-Oncology, Hull University Teaching Hospitals (November 2017-Present)

Principal Clinical Psychologist

Oncology, Hull University Teaching Hospitals (November 2017-Septemeber 2022)

Clinical Psychologist

Stroke Team, Humber NHS Foundation Trust (September 2014-November 2017)

Trainee Clinical Psychologist

Humber NHS Foundation Trust (September 2011-September 2014)

Child and Adolescent Mental Health Service, Adult Mental Health Team, Neurorehabilitation Service Learning disability Service, Paediatric Psychology Service, Oncology

Education

PGDip Clinical Neuropsychology – Distinction

University of Bristol (September 2019-September 2021)

Doctor of Clinical Psychology (ClinPsyD)

University of Hull (September 2011-September 2014)

BSc Psychology – Upper 2:1

University of York (September 2007-July 2010)

Professional Registrations

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (Registration number: PYL30945)

Further Training

3-day Compassion Focused Therapy Workshop, Dr Chris Irons, University of Hull, July 2019

Foundation Course in Systemic Therapy, Humber NHS Foundation Trust, September 2016-July 2017

Introductory Supervisor Training, University of Hull, February-October 2016

Compassion Focused Therapy Introduction, Professor Paul Gilbert, Post Qualification Training, December 2016

Acceptance and Commitment Therapy, Dr David Gillanders, Post Qualification Training, 2016

Teaching Skills, Post Qualification Training, 2016

Padesky Masterclass Working with Core Beliefs, University of Hull, 2013

References

References from Consultant Clinical Neuropsychologists can be provided upon request