

Dr Sarah Saveker

Clinical Psychologist in Paediatric Neuropsychology

BA (Hons), MSc, DClinPsy

 Stafford // Contact@rcns.co.uk // +44(0)7553 728 470

PERSONAL PROFILE

I am a Clinical Psychologist specialising in paediatric neuropsychology, currently completing training on the Qualification in Clinical Neuropsychology (QicN) pathway, following my postgraduate diploma in Clinical Paediatric Neuropsychology at University College London. My practice centres on the neuropsychological and cognitive assessment of children and young people, mapping each child's profile across cognition, attention, memory, executive function and social cognition to inform diagnosis, rehabilitation, education and EHCP planning. I am the founder and Clinical Director of a CQC-registered specialist multidisciplinary service assessing autism, ADHD and Fetal Alcohol Spectrum Disorder (FASD), where neuropsychological formulation is central to distinguishing neurodevelopmental profiles and early neurological insult from the effects of early psychosocial adversity. I have published on the neuropsychological profile of children with FASD, focusing on differences in social cognition and their relevance to assessment and diagnosis, and I train organisations and families and speak nationally on FASD.

My background spans the lifespan and the complex end of clinical work. My original specialism was adult trauma and developmental trauma in children, working across the prison service, acute mental health inpatient services and adult rehabilitation, understanding the impact of early adversity on the individual and the system around them. This grounding supports my current work with adopted children and children who are looked after, where clarity is often needed on what is neurodevelopmental and what stems from early trauma.

EMPLOYMENT

Clinical Psychologist in Paediatric Neuropsychology

Associate - Rowley Clinical Neuropsychology Services Ltd (Aug 2026 – Present)

Clinical Director & Lead Clinical Psychologist

Nature and Nurture Psychology, Staffordshire (2016 - Present)

Clinical Psychologist

Midlands Psychology, Staffordshire (Feb 2019 – Sept 2019)

Clinical Psychologist

Children's Residential Care for Looked After Children, Shropshire (Apr 2018 – Jan 2019)

Clinical Psychologist

Adult Mental Health Rehabilitation Inpatient Hospital. The Priory Group and Partnerships in Care (Sep 2015 – Apr 2018)

Trainee Clinical Psychologist

Various placements, Lancashire Care NHS (Oct 2012 – Sep 2015).

Assistant Psychologist

Prison Offender Behaviour Programme Facilitator, HMP Stafford (Jul 2011 – Jul 2012)

English Teacher

Astex, Vaughan, Madrid, Spain (Aug 2010 – May 2011)

Health Care Assistant and Activity Worker

Oleaster National Centre for Mental Health, Birmingham. NHS, Birmingham and Solihull Mental Health Foundation Trust (Sep 2008 – Aug 2010)

Health Care Assistant, older adult medical wards

The Cottage Hospital, Older Adult, Sutton Coldfield (2004 - 2008)

EDUCATION

Psychological Assessment of Adults and Children

Paediatric Neuropsychologist in Training, University College University and Bristol University

Post graduate diploma Clinical Paediatric Neuropsychology, University College London

DClinPsy Clinical Psychology, Lancaster University

MSc Psychology, Nottingham Trent University

BA Hons Criminology, Nottingham Trent University

RESEARCH PUBLICATIONS & PRESENTATIONS

Saveker, S. (2018) Stigma in mental health services. Clinical Psychology Forum.

Saveker, S. (2019). Prescribed Endings in Therapy During Clinical Psychology Training In Curvis, W (2019). Professional issues in clinical psychology, developing a professional identity through training and beyond. Routledge.

Saveker, S. (2024) A comparison of the neuropsychological profile of children who have fetal alcohol spectrum disorder and autistic children. Differences in social cognition and the relevance to assessment and diagnosis. Clinical Psychology Forum.

PROFESSIONAL REGISTRATIONS

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (Registration number: PYL32688)

The Association for Child and Adolescent Mental Health

FURTHER TRAINING

EMDR adult, level three

EMDR children and adolescents

DDP level one, DDP level two

Training in Cognitive Analytic Therapy

Trauma Sensitive Yoga

Group Theraplay

REFERENCES

References can be supplied on request.