Dr Shannaz Al Jarrah

Consultant Clinical Neuropsychologist

BSc, MSc, ClinPsyD, C.Psychol, SRCN

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PERSONAL PROFILE

I am a Consultant Clinical Neuropsychologist with dual registration as a Practitioner Clinical Psychologist on the Health and Care Professions Council (HCPC) and the Specialist Register of Clinical Neuropsychologists (SRCN) of the British Psychological Society which is gold standard for the profession. I completed my post-doctoral training at the University of Nottingham. My experiences span the UK and Middle East across inpatient, outpatient and community settings.

I am experienced in assessing and treating traumatic brain injury, from mild to severe, in the community, involving clinical leadership as part of a multidisciplinary team. I undertake complex capacity assessments, and provide support, training, and supervision to clinical and care teams. I have broader extensive experience working with adults across the lifespan with a range of other neurological conditions including epilepsy, stroke, dementia and multiple sclerosis. I also have a background in learning disability.

Previously, I contributed to the United Arab Emirates first dedicated stroke inpatient unit by establishing neuropsychology as a core clinical component, integrating cognitive and psychological care into the acute stroke pathway.

I have a special interest in spiritually-integrated and culturally appropriate psychotherapy. I am currently undertaking private practice as a treating clinician in clinical neuropsychology and concomitantly within a specialist faith-based, and culturally appropriate mental health organization in the third sector, providing holistic support to diverse client groups.

EMPLOYMENT

Consultant Clinical Neuropsychologist
Associate - Rowley Clinical Neuropsychology Services Ltd (April 2026 – Present)

Consultant Clinical Neuropsychologist
Ihsaan Therapeutic Service, Bradford (Jan 2026 – Present)

Consultant Clinical Neuropsychologist
Bury Neurorehabilitation & Stroke Service, Pennine Care NHS Foundation Trust (Nov 2022 – Oct 2025)

Clinical Neuropsychologist
Community Neurological Rehabilitation Service, Leeds Community Healthcare NHS Trust (Oct 2021 – Mar 2022)

Clinical Neuropsychologist
SEHA - Al Ain Hospital, Abu Dhabi, UAE (Jan 2014 – Apr 2021)

Senior Clinical Psychologist
SEHA - Al Ain Hospital, Abu Dhabi, UAE (Dec 2010 – Jan 2014)

Principal Clinical Psychologist
Neurology Services, Community Rehabilitation Unit, Leeds (Apr 2009 – Aug 2010)

Specialist Clinical Psychologist
Leeds Partnership Foundation Trust (Sept 2005 – Apr 2009)

Clinical Psychologist
Psychological Services Directorate, Northumberland Locality (Jan 2001 – Jan 2003)

Senior Researcher

Morecambe Bay Health Authority, Kendal (Jan 1996 – Jun 1998)

EDUCATION

Qualification in Clinical Neuropsychology (Distinction), The British Psychological Society, 2017 – 2018

Diploma in Clinical Neuropsychology, University of Nottingham, 2008 – 2009

Doctor of Clinical Psychology (ClinPsyD), University of Newcastle upon Tyne, 1998 – 2001

MSc Psychological Research Methods, University of Lancaster, 1993 – 1994

BSc Psychology, University of Lancaster, 1990 – 1993

RESEARCH PUBLICATIONS & PRESENTATIONS

Al Jarrah, S. Muhammed A. & Siddiqui, K. The Utility of the Repeatable Battery of Neuropsychological Status in Focal Epilepsy Patients in an Arab Cohort. Journal of Stroke & Neurology, 2015, 4(1):1-3.

PROFESSIONAL REGISTRATIONS

Practitioner Psychologist & Clinical Psychologist of the Health and Care Professions Council (HCPC) registered (Registration number: PYL01740)
Chartered Psychologist of the British Psychological Society (Membership Number: 071168)
Member of the Division of Neuropsychology

FURTHER TRAINING & ACCOMPLISHMENTS

Ferguson Anderson Prize, British Geriatric Society (Spring 2002)

National Academy of Clinical Neuropsychology Distance Online Courses
Neuroimaging for Neuropsychologists (2023)
Clinical Neuroanatomy (2015)
Neuropsychology of Epilepsy & Epilepsy Surgery (2013)

The Association for Psychological Therapies, Acceptance and Commitment Therapy
Islamic Approaches to Psychology and Psychotherapy

Best Employee Award in Allied Health – UAE Expat Category of the Best 100 Employees program in SEHA Company (2018)

ADMINISTRATION & TEACHING

Neuropsychological Testing. Psychiatry Residency Program, Behavioural Sciences Institute. Al Ain Hospital, UAE. 2018
Cognitive Behaviour Therapy for Depression. Clinical Diploma in Applied Psychological Skills and Competencies in Mental Health. National Rehabilitation Centre - Abu Dhabi, UAE. October 2017
Neuropsychological Assessment Workshop. Masters in clinical psychology, United Arab Emirates University (UAEU). January 2015

PUBLIC ENGAGEMENT

Visuo-Spatial Neglect and Executive Dysfunction in Stroke Patients. British Geriatric Society (BGS) Spring Meeting, 2002. Telford, UK.

Utility of RBANS in Intractable Epilepsy Patients in an Arab Cohort. Poster Presentation. Annual Meeting of the American Epilepsy Society. December 2014, Seattle, Washington.

Executive Dysfunction in a Patient with Hyperhomocysteinemia and Right Parietal Stroke: A Case Report. Poster Presentation, 3rd Middle East & North Africa Stroke Congress Conference, October 2015, Dubai, UAE.

Is It worth Giving Formal "Stroke education" to Patients During Their Admission? Preliminary Results. Poster Presentation, 3rd Middle East & North Africa Stroke Congress Conference, October 2015, Dubai, UAE.

Neuropsychological Assessment. SEHA International Neurosciences Conference February 2016, Abu Dhabi.

Why Don't Stroke Patients Come Within the Window Period? Poster Presentation winning second prize, The Sixth EMINS Congress, 2018, Dubai.

Challenges in Managing Vascular Hemiballismus-Hemichorea: A Multidisciplinary Team Approach. Poster Presentation. World Neurology Conference, October 2019, Dubai, UAE

Post-Stroke Depression Screening Using the Depression Intensity Scales Circles (DISC). Poster Presentation. World Neurology Conference, October 2019, Dubai, UAE

The Sensitivity & Specificity of the Montreal Cognitive Assessment (MoCA) in a Sample of Acute Stroke Patients in the UAE. The Seventh EMINS Congress, 2020, Dubai

REFERENCES

References can be supplied on request.