

Physician Authorization for Hypnosis

Jane Sherwood Hypnosis | Lake Havasu City, Arizona

Date: _____

Dear Doctor,

I am a Certified Hypnotist practicing as Jane Sherwood Hypnosis in Lake Havasu City, Arizona. I completed my certification through the Mike Mandel Hypnosis Academy. I am also a board-certified Medical Technologist (ASCP) with over 30 years of clinical laboratory experience, which gives me a working knowledge of medical terminology and a clear respect for the importance of staying within scope of practice.

Hypnosis is in no way a substitute for conventional medicine. I do not diagnose, prescribe, or treat disease or psychiatric disorders of any kind. I do not advise patients to discontinue medications, alter prescribed treatment plans, or delay medical care. My work is with the patient's experience of their symptoms, not with the underlying medical condition itself.

Hypnosis works in conjunction with standard medical care by freeing the patient of feelings and attitudes that may be inhibiting his or her natural immunity, healing, or other vital processes.

By engaging the assistance of the unconscious mind, hypnosis creates strong positive mental expectancy and reduces stress, thereby helping to normalize the action of the autonomic nervous system and improve the patient's comfort, sleep, mood, and ability to cope with their condition.

Your signature below indicates that you have no medical objection to your patient receiving hypnosis and related complementary techniques from me for his or her condition.

Thank you,

Lesley J. Sherwood, MS, MT(ASCP)

Certified Hypnotist, Mike Mandel Hypnosis Academy

Jane Sherwood Hypnosis

928-669-3226

Patient name: _____

Condition / reason for hypnosis: _____

Physician signature: _____

Physician printed name: _____

Date: _____