



6PM - 8PM GMT



YOUR GUIDE TO THE RIGHT SUPPORT

# MENTAL HEALTH AND WELLBEING WEBINAR

17TH DEC 2020

21ST JAN 2021



ACCESS. INFORMATION.  
SUPPORT. SIGNPOSTING



Learn about the services available to you with our expert panelists + **Live Q&A Sessions**



#BSMHFT

# MEET THE PANEL:

- PAPYRUS
- SAMARITANS
- COMMON UNITY
- CRUSE BEREAVEMENT CARE
- RED EARTH CONSULTANTS
- THE CHILDREN'S SOCIETY
- THE LISTENING HUB
- MAKING CONNECTIONS WORK
- CHAPLAINCY AND SPIRITUAL CARE
- BIRMINGHAM & SOLIHULL MENTAL HEALTH NHS FOUNDATION TRUST
- CATALYST 4 CHANGE
- BIRMINGHAM HEALTHY MINDS
- WAITS
- CULTURAL CONNECTIONS

## ZOOM LINK:

Meeting ID: 337 945 0386

Passcode:259706

## Contact for Enquiries:

Bsmhft.communityengagement@nhs.net



Access. Information. Support. Signposting

Hosted by: The Association of Jamaican Nationals & Birmingham and Solihull Mental Health NHS Foundation Trust

