

The mission of the Exchange Club Family Center of Northeast Florida is to help parents learn skills they need in order to provide a safe, healthy and nurturing home environment for their children.

We focus our efforts through a voluntary in-home program called Exchange Parent Aide. Parent Aides provide intensive support and valuable information about the latest research and parenting techniques, and it's all provided in the comfort of the family home.



**Strengthening Families  
Strengthening Communities**



# How

*can we help your family?*

**Strengthening Families,  
Strengthening Communities**

**(904) 306-9318**

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## What is Exchange Parent Aide:

Accredited by the National Exchange Club, the Parent Aide Program partners with local families to match them with a positive Parent Aide mentor who can help them understand their options, build self-confidence and coping skills to manage daily stresses, access community supports and local resources. Once enrolled in the program, the family will engage in weekly visits for a period of 6 – 12 months with the ultimate goal of keeping the family SAFE, STRONG AND TOGETHER!

## Who is eligible for Exchange Parent Aide services ?

The program is open to any parent who needs assistance. Unlike most things in life, children don't come with manuals and we can all use a little help sometimes. Just give us a call to learn more about how we may be of assistance to you!

## Are there age restrictions for the children in the household?

**No** age restrictions. Services are provided to families with children of ALL ages.



## Is there a cost to the families in the household?

**No** all services are voluntary and free to participants.

## What if someone in the household needs help with an issue not addressed by Exchange Parent Aide?

Referrals to other community partners are completed on behalf of the family as needs are identified. We work with all of our community partners in an effort to help parents access all the information and resources possible in order to keep the family together!

## Are parents provided with any compensation for completing the program?

**Yes!** Adult enrollees can earn bonuses after each successful completion of six In-Home visits and participation in the curriculum. In addition, all adults who complete the Exchange Parent Aide program will learn some great new parenting skills!

Please Call  
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for more information



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